# QIMP (UNANI&AYURVEDIC, HERBAL) QUICK INDEX OF UNANI&AYURVEDIC, HERBAL MEDICAL PRODUCTS AND PROBLEMS

# 1<sup>st</sup> Edition

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# Preface

# Bismillahir Rahmanir Rahim

All praises and gratitude to be Almighty Allah Subhanahu wa ta!ala the help and blessings of whom made us enable to publish QIMP(UNANI&AYURVEDIC, HERBAL) 1<sup>st</sup> edition .Although after a long time and hard work we could present this edition to our worthy readers ,we still apologize for unwilling delay in publishing this issue in due time.

QIMP(UNANI&AYURVEDIC,HERBAL) Quick Index of Unani&Ayurvedic Medical Products And Problems is primarily an index for rapid referenceof clinical problems and therapeutic information of different pharmacological products. This book has been prepared with the intention of providing an updated and comprehensive idea of common medical problems and their management to the medical practitioners and professionals.

Dear reader ,as you see QIMP(UNANI&AYURVEDIC, HERBAL) has become a big volume gradually .As a reference book it is difficult to handle regularly in daily practice .This has created some other technical problems also.

QIMP(UNANI&AYURVEDIC,HERBAL) as is intended to be a desk book for rapid reference, can not contain all the information necessary for treatment and prescribing medicine. The information should be supplemented as necessary from specialized publications and additional information may be collected from manufacturers or importers concerned.

The edition ofQIMP(UNANI&AYURVEDIC, HERBAL) has also become possible with the help and cooperation of some of my friends and colleagues .I am so much greatful and indebted to them. I would also like to express many thanks to the advertisers who have extended their cooperation.

Last of all we further submit our all praises and worship to the almighty Allah the grace and blessings of who made possible to continue the publication untilas time.

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2020-2021 0 0 0 Editor

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# INTRODUCTION

source of medicine in unani like herb/ plant, animal and minerals. 90% of ingredients used in unani medicine are plant based and 10% are of animal and minerals origin. A uniform Every medicine of every disease is in our natural yard which is given by HIM (Allah) during the creation of human being i.e, Nature is the best physician for any kinds of disease in the world. Unani is the science of health and healing of life. It is an encyclopedia of ancient medical wisdom. The object of unani is to counteract of the four essential elements Dam, bolghom, Sofra, Sawda which is human body originate and maintain normal working of the human body. Bangladesh, due to its unique variety of geographical and climate factors, has had a rich and varied flora of the medicinal plants since the vedic period. A major portion of our people are even used the plants as home – remedies in the rural and remotest part of the country since long but they do not know the scientific therapeutic value of the drugs according to the role of human body system and dosages as well as correct identification of the crude herbal drugs. Unani had never been static, its practitioner had been innovative and dynamic in the therapeutic practice and carried on clinical trials out of the local flora and discovered newer medicine with same therapeutic values. The western / modern world has slowly started the appreciating value of herbal medicines and under standing the basic comprehensive philosophy of unani. Not only that they have already been included traditional herbal medicine in their health programme and used for treatment of their patients randomly because its effectiveness, negligible advisers and side effect, easily availability, in expensiveness and environment friendly. There are three nomenclature or common name / group used for the identification of plants which the ancient used as source of drug have yet not been established. According to the demand of medical practitioner and science a standard general classification of unani medicine, fixed recognized rules for the determination of dosage and preparation of unani Pharmacopeia is essential as farvbest which will be regulated by the Government of Bangladesh. The demand of unani and plants based medicine is growing up rapidly within our country and abroad. The Government of Bangladesh Ministry of Health & Family welfare appreciated the need to prescribe quality standard of unani medicine and the drug act was amended in 1982. After this one volume of Bangladesh National Unani Formulary -1992 has been published by Bangladesh Unani and Ayurvedic Board, on Directorate office at DGHS and one Graduate Medical College with 100 bed Hospital at Mirpur has been established which is running with best.



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# Chapter :1

# Drug of natural blood purifier or blood toxicity

The drugs and preparations acting on the blood system are classified in to the following broad groups: 1.Musaffi 2.Ushba 3.Choobchini 4.Neemi 5.Nimbadi churna 6.Sharibaddyarista 7.Saribadisob 8.Chirota 9.Shahtara 10.Pitty 11.Khadirarista 12.Asfer

#### **MUSAFFI**

MUSAFFI is a powerful blood purifier and detoxifier that promote healthy skin and wound healing. MUSAFFI is natures Systemic purifier, supporting the natural cleansing mechanism of our skin and internal organs. There are some ingredients of MUSAFFI is better tonic herb that clear toxins, while supporting the body's natural inflammation response. MUSAFFI has also activity of tonic, Anti viral, Anti infective, Fevrifuge. Support normal skin health. Contains the active, bitter principle Constituents that help to relieves skin diseases. MUSAFFI shows Anti inflammatory, Anti pyretic, and Anti bacterial infection action. It has detoxifying benefit that's help maintain healthy circulatory, respiratory, And urinary system. Provides normal and clean blood flow to the organs. Promotes hair and skin. Supports internal detoxification.

**INDICATIONS** :

Acts as blood purifier, Skin diseases, Tonic, Anti viral, Anti infective, Anti fevrail. DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle.

MARKET DRUG : Syp. Safi (Hamdard Laboratories) Syp. Hemosafe ( Drug international) Syp.Hemodise ( Deeplaid pharmaceuticals) Syp.Tasfina ( Dr. Mubarak sir) Syp.Tasfina ( Dr. Mubarak sir) Syp.Inamin( Sanj BD) Syp. Safiton( Roots pharmaceutical) Syp. Safex( Jeyson Natural pharmaceuticals) Syp.Skinogen( Neptune Laboratories) Syp.B pure( Popy pharmaceuticals) Syp.Purin( Botanic pharmaceuticals) Syp.Musaffi ( Hamjanatural unani)

13. Evening primrose oil

Syp.Sarsin(Mansons pharmaceuticals) Syp.Khunsafa (Fendrugs Laboratories) Syp.Musaffijadid (Bengal unani laboratories) Arq. Musaffi (Bengal unani laboratories) Syp.Darsams( Shams unani laboratories) Syp.Alturin( Neplous unani laboratories) Syp.Porisker( Genial unani laboratories) Syp.G Musaffi( Galaxi Laboratory) Syp.Rosafi (Unifel unani laboratories) Syp.Surokta(GK) Syp.Pural(Etlab) Cap.Pob(Parents) Tab.Antamin(Sanj BD) Tab.Tasfin(Dr.Mubaraksir) Cap.Skinocap (Neptune Laboratory) Cap.Safi( Hamdord Laboratories) Tab.Musaffi(Fendrugs) Tab.Chirol (Ibnsina) Tab.Neem( Neplous Laboratory,) Syp.Sofera( Sabinko Laboratory) Syp.Musffi (Genial Laboratories)

### USHBA

**USHBA** prepared with valuable natural herbs that cleanses entire system of the body.Be Beautiful, slim, smart.TakeUSHBA for at least three month and you will get glowing skin forever. Use anything else and you will just be scratching the surface. Because only USHBA can reach deep inside the blood and removes the impurities that cause pimples, acne, blemish, and eruption from the root. It also helps to reduce excess weight and Allergy.

INDICATIONS : Blood purifier, Blood disorder diseases, Skin diseases, Rheumatism, Abscess, Beautiful and Freshness.

DOSAGES AND ADMINISTRATION :

**1-2** Teaspoonful 2-3 times daily or as directed by the physicians. If syrup 3-4 Teaspoonful 2-3 times daily.

SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It is safe for pregnancy for proper dosages. PRESENTATIONS : 450 ml syrup or 100 mg majun in pot.

<u>MARKET DRUG :</u> Syp. Ushba ( Deeplaid pharmaceuticals) Maj.Skidik ( Dr. Mubarak sir) Maj.Ushaben( Mansons pharmaceuticals) Syp.Podafen( Feni dawyakhana) Maj Ushba ( Hamdord laboratories) Holy ushba( Gk) Maj.Ushba ( Bengal unani laboratories)

# **CHOOBCHINI**

**CHOOBCHINI** prepared with valuable natural herbs that cleanses entire system of the body.Be Beautiful, slim, smart.TakeUSHBA for at least three month and you will get glowing skin forever. Use anything else and you will just be scratching the surface. Because only USHBA can reach deep inside the blood and removes the impurities that cause pimples, acne, blemish, and eruption from the root. It also helps to reduce excess weight and Allergy.

INDICATIONS : Paralysis, Joint pain, Scabies, Itching, Dermatitis, Blood purifier.

DOSAGES AND ADMINISTRATION :

**1-2** Teaspoonful 2-3 times daily or as directed by the physicians. If syrup 3-4 Teaspoonful 2-3 times daily.

SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It is safe for pregnancy for proper dosages. PRESENTATIONS : 100 mg majun in pot.

<u>MARKET DRUG :</u> 1.Maj. Choobchini( Hamdord laboratories) 2.Maj. Choobchini( Bengal unani) 3.Maj.Choobchini( Genial unani) 5.Maj. Choobchini ( Dr.Mubarak sir)

# CHIROTA

Scientific name : Swertia Chirota.

**CHIROTA** is one of the most bitter medicinal plants found in nature. Swerchirin present in chirota protect liver, helps to excrete proper bile which result remedy of various digestive problem like loss of appetite, flatulence, nausea. CHIROTA is a natural blood purifier. It also effective for cough and fiver. INDICATIONS : Dyspepsia, Appetite Suppressant, Gastric juice secretion and gastrointestinal tract disturbance, Control acidity, gasindigestion, Control blood sugar, Reduce Fever, Reduce Cholesterol, Anti allergic action, Anti infective action, Develops immunity, Long time use it destroy intestinal worms. DOSAGES AND ADMINISTRATIN:

1-2 Caps 2-3 times daily or as directed by the physicians. If syrup 3-4 Teaspoonful 2-3 times daily. SIDE EFFECT : Have no side effects or toxicity PREGNANCY :

It is safe for pregnancy for proper dosages. PRESENTATIONS : Each box contains 30/50 capsule in blister pack

# MARKET DRUG :

Cap.Jarira (Drug international)
 Cap.Himalaya chirota (Patents Unani)
 Cap.Chiratan(Neptune laboratories)
 Cap.Cherita (Redisan unani laboratories)
 Cap.Chitata (Fame Pharma)
 Cap.Chirota(IBN Sina)

### SHAHTARA

SHAHTARA prepared with valuable natural herbs that cleanses entire system of the body.Be Beautiful, slim, smart.TakeUSHBA for at least three month and you will get glowing skin forever. Use anything else and you will just be scratching the surface. Because only USHBA can reach deep inside the blood and removes the impurities that cause pimples, acne, blemish, and eruption from the root. It also helps to reduce excess weight and Allergy.

INDICATIONS : Acne vulgaris, Pimples, Boils, Skin eruption, Impurities of blood, Allergy, Chronic and temporary constipation, Itching, Scabies, Rheumatism

DOSAGES AND ADMINISTRATION:

**1-2** Teaspoonful 2-3 times daily or as directed by the physicians. If syrup 3-4 Teaspoonful 2-3 times daily.

SIDE EFFECT : Have no side effects or toxicity PREGNANCY :

It is safe for pregnancy for proper dosages.

PRESENTATIONS : 100 mg majun in pot.

#### MARKET DRUG :

1.Syp.Shahtara (Feni Dawyakhana)
 2.Arq.Shahtara (Bengal Unani laboratories)
 3.Et.Shahtara (Hamdord laboratories)
 4.Et.Shahtara (Neptune laboratories)
 5.Et.Shahtara (Bengal Unani)
 6.Et.Shahtara(Ibn sina)

#### NEEMI

**NEEMI** is a powerful blood purifier and detoxifier that promote healthy skin and wounds healing. US Academy of science to published to report entitled NEEM a tree for solving global problems. Neem is natures systemic purifier, supporting the natural cleansing mechanism of our skin and internal organs. Neem is bitter tonic herbs that clear toxin while supporting the bodys natural inflammation response. Neem contains the active, bitter principle Constituents nimbin and Nimbin which acts as Tonic, Anti viral,Anti infective, Fevrifuge.It has anthelmintic, Anti fungal, Anti Diabetic, Anti bacterial, Sedatives action.

INDICATIONS : Dyspepsia, Appetite Suppressant, Gastric juice secretion and gastrointestinal tract disturbance, Control acidity, gasindigestion, Control blood sugar, Reduce Fever, Reduce Cholesterol, Anti allergic action, Anti infective action, Develops immunity, Long time use it destroy intestinal worms.

DOSAGES AND ADMINISTRATIN:

1-2 Caps 2-3 times daily or as directed by the physicians. If syrup 3-4 Teaspoonful 2-3 times daily. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It is not safe for pregnancy woman . PRESENTATIONS : Each box contains 30/50 capsule in blister pack <u>MARKET DRUG :</u>

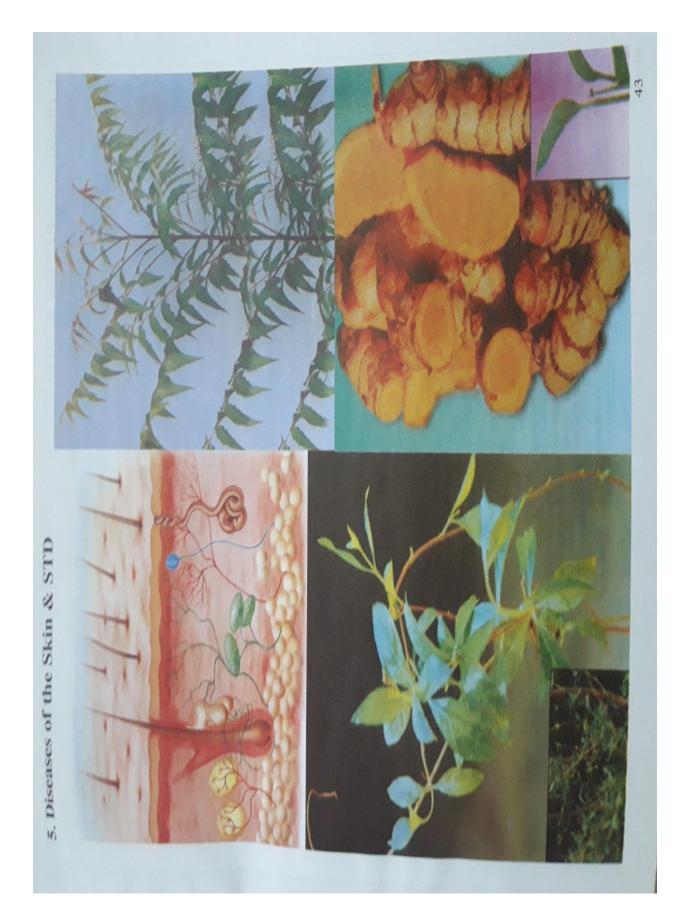
Cap.Neemi( Ibn sina) Tab.Nim Gold(Acme)

### NIMBADI CHURNA

NEEMBADI CHURNOhas used in the ayurvedic tradition for thousand of years for maintaining health and overall well being. All the parts of the neem tree have been used traditionally for the treatment of inflammation, infection, fever,skin diseases and dental disorder. Neem is used in Ayurvedic medicine for skin diseases, leprosy. Also used in Antiseptic, Astringent, anthelmintic. INDICATIONS : Blood purifier, Blood disorder diseases, Skin diseases, Rheumatism, Abscess Beautiful and Freshness. DOSAGES AND ADMINISTRATION : 1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is not safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

#### MARKET DRUG :

1.Cap.Neem A (Acme Laboratory) 2.Cap.Neem Gold(Acme Laboratory) 3.Skin plus (Winko Pharma) 4.Skin fine (Sheed Pharma) 5.Cap.Alletgy no (Ichiban Laboratory) Cap.Skinuza plus(AB Pharm)



#### SHARIBADYARISTA

SHARIBADDORIST is Ayurvedic liquid preparation which is highly effective of blood purified agent. Pure blood is essential constituents of the body. It is also remedy for skin diseases, like as Eczema, Allergy, Purities, Scabies, Boils, Pimples, Acne vulgaris, Mesta, Dandruff, fungal infection, Gout, Arthritis, . It improves complexion helps you to stay slim and Smart. It also helps to reduce excess weight. It is Absorbed rapidly and metabolism And excrete through the stool And Urine unchange. INDICATIONS :

Acts as blood purifier, Skin diseases, Tonic, Anti viral, Anti infective, Anti fevrail. DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle

#### MARKET DRUG :

1.Syp.Dermatis (Sheed Pharma)
 2.Dipure (Ichiban)
 3.AP Saribaddhorist(AP Ayurvedic)
 4.Syp.Saribaddhorist (Feni dawyakhana)
 5.Syp.Dermacon (Robins)
 6.Syp.Safkin(Acme lab)
 7.Syrit(Chemest lab)
 8.Nimplex(SB Lab)

#### **SHARIBADISOB**

**SHARIBADISOB** is Ayurvedic liquid preparation which is highly effective of blood purified agent. Pure blood is essential constituents of the body. It is also remedy for skin diseases, like as Eczema, Allergy, Purities, Scabies, Boils,Pimples,Acne vulgaris, Mesta, Dandruff, fungal infection, Gout,Arthritis,.It improves complexion helps you to stay slim and Smart.It also helps to reduce excess weight. It is Absorbed rapidly and metabolism And excrete through the stool And Urine unchange. INDICATIONS :

Acts as blood purifier, Skin diseases, Tonic, Anti viral, Anti infective, Anti fevrail. DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle

<u>MARKET DRUG :</u> 1.Syp.Skingraph ( Genus Pharma) 2.Syp.Saribadisob( Bengal Unani) 3.Syp.Skinex( AP Ayurvedic)

#### PITTY

**PITTY** is a powerful blood purifier and detoxifier that promote healthy skin and wounds healing. US Academy of science to published to report entitled NEEM a tree for solving global problems. PITTY is natures systemic purifier, supporting the natural cleansing mechanism of our skin and internal organs. PITTY is bitter tonic herbs that clear toxin while supporting the bodys natural inflammation response. PITTY contains the active, bitter principle Constituents nimbin and Nimbin which acts as Tonic, Anti viral,Anti infective, Fevrifuge.

It has anthelmintic, Anti fungal, Anti Diabetic, Anti bacterial, Sedatives action.

*INDICATIONS : 1.Dyspepsia, 2.Appetite Suppressant, 3.Gastric juice secretion and gastrointestinal tract disturbance, 4.Control acidity, gas ,indigestion, 5.Control blood sugar, 6.Reduce Fever, 7.Reduce* 

Cholesterol, 8.Anti allergic action, 9Anti infective action, 10.Develops immunity, 11.Long time use it destroy intestinal worms. DOSAGES AND ADMINISTRATIN: 1-2 Caps 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It is not safe for pregnancy woman . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>MARKET DRUG :</u> 1.Syp.Pitty ( Bengal unani) 2.Tab.Pitty( Feni dawyakhana) 3.Maj.Pitty( Bengal unani)

# ASFAR

**ASFAR** is a powerful blood purifier and detoxifier that promote healthy skin and wounds healing. US Academy of science to published to report entitled NEEM a tree for solving global problems. ASFAR is natures systemic purifier, supporting the natural cleansing mechanism of our skin and internal organs.

**ASFAR**is bitter tonic herbs that clear toxin while supporting the bodys natural inflammation response. ASFAR contains the active, bitter principle Constituents nimbin and Nimbin which acts as Tonic, Anti viral, Anti infective, Fevrifuge.

It has anthelmintic, Anti fungal, Anti Diabetic, Anti bacterial, Sedatives action.

INDICATIONS : 1.Dyspepsia, 2.Appetite Suppressant, 3.Gastric juice secretion and gastrointestinal tract disturbance, 4.Control acidity, gas ,indigestion, 5.Control blood sugar, 6.Reduce Fever, 7.Reduce Cholesterol, 8.Anti allergic action, 9Anti infective action, 10.Develops immunity, 11.Long time use it destroy intestinal worms.

DOSAGES AND ADMINISTRATIN:

1-2 Caps 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It is not safe for pregnancy woman . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>MARKET DRUG :</u> Tab.Alogen( Genial Lab:)

# MANIKKYA RAS

MANIKKYA RAS is Ayurvedic medicine which prepared by effective herbs. MANIKKO RAS has used in the ayurvedic tradition for thousand of years for maintaining health and overall well being. All the parts of the neem tree have been used traditionally for the treatment of inflammation, infection, fever,skin diseases and dental disorder. MANIKKO RAS is used in Ayurvedic medicine for skin diseases,leprosy. Also used in Antiseptic, Astringent, anthelmintic.

INDICATIONS : Anti allergic action, Hepato protective, Itching, Blood purifier, Acne, Pimles, Skin infection

DOSAGES AND ADMINISTRATION :

1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is not safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>Market drug :</u> 1.Tab.Manikko ras ( AP Ayurvedic) 2.Cap.Skinol( Akram laboratory) 3.Tab.Dermanid ( Bio need)

#### KHODIRARIST

KHODIRARIST is Ayurvedic liquid preparation which is highly effective of blood purified agent. Pure blood is essential constituents of the body. It is also remedy for skin diseases, like as Eczema, Allergy, Purities, Scabies, Boils,Pimples,Acne vulgaris, Mesta, Dandruff, fungal infection, Gout,Arthritis,.It improves complexion helps you to stay slim and Smart.It also helps to reduce excess weight. It is Absorbed rapidly and metabolism And excrete through the stool And Urine unchange. INDICATIONS : Anti allergic action, Hepato protective, Itching, Blood purifier, Acne, Pimles, Skin infection, Psoriasis, Fungal infection, Reduce weight loss, Rheumatism DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle

<u>MARKET DRUG :</u> 1.AP.Khodirarist( AP Ayurvedic) 2.Syp.Ichi Dicure( Ichiban)

# CHAPTER: 2

#### Drugs of natural anti histamine

Natural anti histamine preparation are discussed here in below under the following groups : 1.Musaffi 2.Pitty 3.Asfar 4.Ap.Brihat haridra khondo 5.Eladi gurika 6.Nimbadi churna 7.Ushba 8.Madar 9.Kalozira 10.Unnab 11.Proanthocyanidins

### BRIHAT HARIRDA KHONDA

**BRIHAT HARIRDA KHONDA** is a ayurvedic medicine which prepared by active ingredient of horitoki khondo. It is highly effective of blood purifier agent. It is Ayurvedic liquid preparation which is highly effective of blood purified agent. Pure blood is essential constituents of the body. It is also remedy for skin diseases, like as Eczema, Allergy, Purities, Scabies, Boils, Pimples, Acne vulgaris, Mesta, Dandruff, fungal infection, Gout, Arthritis, . It improves complexion helps you to stay slim and Smart. It also helps to reduce excess weight. It is Absorbed rapidly and metabolism And excrete through the stool And Urine unchange

INDICATIONS : Anti allergic action, Psoriasis, Acute Dermatitis, Acne, Piles, Boiles,Pimples DOSAGES AND ADMINISTRATION : 1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is not safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>MARKET DRUG :</u> AP brihot horidra khondo ( AP ayurvedic)

#### ELADI GURIKA

**ELADI GURIKA**is ayurvedic medicine which prepared by essential effective herbs. It is Ayurvedic medicine which prepared by effective herbs. ELADI GURIKA has used in the ayurvedic tradition for thousand of years for maintaining health and overall well being. All the parts of the neem tree have been used traditionally for the treatment of inflammation, infection, fever, skin diseases and dental disorder. ELADI GURIKA is used in Ayurvedic medicine for skin diseases, leprosy. Also used in Antiseptic, Astringent, anthelmintic.

INDICATIONS : Anti allergic action, Hepato protective, Itching, Blood purifier, Acne, Pimles, Skin infection

**DOSAGES AND ADMINISTRATION :** 

1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is not safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>MARKET DRUG :</u> 1.Tab.Allergy no ( Ichiban)

#### MADAR

At Present Asthma or dyspnea very common diseases. It is very difficult to complicated day by day. It is not possible to actually treatment by different drug. As a result there is noway to cure of Asthma . In unani system there is a best way to prevent of Asthma. So Madar plays an important role to prevent Asthma.

INDICATIONS: Asthma, Allergy, Bronchitis, Anti histamin

#### **DOSAGES AND ADMINISTRATION :**

1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is not safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>MARKET DRUG :</u> Tab. Acozin(Sabinko)

#### KALOJIRA

Black seed oil 500 mg soft gelatin capsuleScientific name: Nigella sativa Each soft gelatin capsule contains Black Seed oil 500 mg INDICATIONS : Kalojira is indicated for the treatment of common cold, Cough, Asthma, Bronchitis , Muscle Spasm, Fever, Dyspepsia, Vomiting, Gout, Insufficient breast milk, Eczema, Wounds, Improve immune system, Reduce blood sugar, Reduce blood pressure, Stop hair loss. DOSAGES AND ADMINISTRATION : 1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>MARKET DRUG :</u> 1.Cap.D sefa( Drug international) 2.Black seed( Opsonin Pharma) 3.Nilagel( Square) 4.Kalojira oil( Ibn sina) 5.Cap.Nigelin(Chemist)

#### PROANTHOCIANIDINS

French maritime pine bark extract. It is made by extraction of the outer bark of pinus pinaster. Recent research suggest significant anti oxidant activity is primarily based on its proanthocianidincontent. INDICATIONS: Chronic venous insufficiencies (edema), Thrombosis, Diabetes, Retinopathy, Hypertension, Allergy, Asthma, Dysmenorrhea, Osteoarthritis, Skin disorder, Melasma DOSAGES AND ADMINISTRATION : 1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>MARKET DRUG :</u> Cap.Pycnogenol ( RadientPharma)

#### UNNAB

**UNNAB**is liquid preparation which is highly effective of blood purified agent. Pure blood is essential constituents of the body. It is also remedy for skin diseases, like as Eczema, Allergy, Purities, Scabies, Boils, Pimples, Acne vulgaris, Mesta, Dandruff, fungal infection, Gout, Arthritis, .It improves complexion helps you to stay slim and Smart. It also helps to reduce excess weight. It is Absorbed rapidly and metabolism And excrete through the stool And Urine unchange.

INDICATIONS : Burning sensation of body, Anti Allergy, Psoriasis, Dermatitis DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects. PRESENTATION : 450 ml syp.in bottle <u>MARKET DRUG :</u> Syp.Unnab( Dr.Mubarak) Musaffi, pitty, Asfar already described natural blood purifier chapter.

# CHAPTER: 3

#### Natural Hepatoprotective drugs

Natural hepato protective preparation are discussed here in below under the following groups : 1.Chylosin 2.Deener 3.Jigarine 4.Jigar 5.Arq.Mako 6.Yarkan 7.Kumari ansu 8.Sof.Kabedi 9.Kalojira 10.Rohitokarist 11.Aroggobordhoni 12.Jakri ddari louha

#### DEENAR

#### UNIQUE UNANI FORMULATION FOR LIVER DISORDER

DEENAR is an Unique unani formulation for liver disorder containing Cichorium endivia, Cuscuta reflexa, Rheum emodi etc. INDICATIONS : Hepatitis, Obstructive jaundice, Asitis, Constipation, Pleurisy, Metritis DOSAGE AND ADMINISTRATION : 2-4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects. **PRESENTATION**: 450 ml syp.in bottle MARKET DRUG : **1.Syp.Livro (Drug international)** 2.Syp. Feni Jigar( Feni dawyakhana) 3.Syp. Deenar( Hamza laboratory) 4.Syp.Lipoton (Parents unani) 5.Syp.Livodin(Roots unani laboratories) 6.SB Deenar (Sanj BD) 7.Syp.Hetro (Deeplaid pharmaceutical) 8.Syp.Sinar (IBN sina) 9.Syp.Hepa joy (Joy Pharma) **10.Syp.Hepamet (Botanic Pharma)** 11.Livomet(IK unani) 12.Syp. Alvergin (Unifel unani) 13.Syp.APLIV 50 (AP Unani) 14.Syp.Livo (Nidi unani) **15.Syp.Livoliv(** *Neptune laboratories*) 16.Syp.Deenar (Sabinko unani) 17.Syp.Biloson (Mansons pharma)

18.Syp.Livodin( Neplous unani lab) 19.Syp.Hepalin( Genus Pharma) 20.Syp.Deenar ( keyaunani) 21.Syp.Hepasam( Shams unani) 22.Syp.Hepanor ( Active unani) 23.Syp.Icrurn(Hamdord Lab)

#### CHYLOSIN

**CHYLOSIN** is unani liquid preparation which is highly effective of liver disorder, hepatoprotective. Is also effective of liver abscess, jaundice, flatulence, Abdominal discomfort, indigestion, constipation.

INDICATIONS : Hepatitis, Obstructive jaundice, Asitis, Constipation, Pleurisy, Metritis DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects. PRESENTATION : 450 ml syp.in bottle

MARKET DRUG :

Syp.Livazon( Fendrugs unani) Syp.Hepa 10 ( Jayson natural) Syp.Kylosa( Sanj BD) Syp.Heptoson ( Mansons pharma) Syp.Kemoliv(Neplous) Syp.Kylozen( Genial unani) Syp.Livaton ( AP unani)

#### JIGAR

JIGAR plays an important role in liver and stomach. It has also effective of jaundice. Functional disorder of the liver, acute congestion of liver, hepatargia, Flatus of the liver, Hepatitis, Dropsy are the also function of jigar. INDICATIONS : Sirosis of liver, Functional disorder of liver, Hepatitis, Jaundice, Sleenitis, Hypertrophy of spleen DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects. PRESENTATION : 450 ml syp.in bottle

<u>MARKET DRUG :</u> Syp.Feni jigar( Feni dawyakhana) Syp.Aksire jigar( Bengal unani) Syp.Jigarina( Mubarak sir) Pakistani Jigarin Cap.Jigarina ( Hamdord laboratories)

#### ARQ MAKO

ARQ MAKO is a Unique medicine which is liquid form. It has effective herbs. It has many function such as inflammation of liver, psoriasis of liver, hepatitis, and many others. INDICATIONS : Inflammation of liver, Indigestion, Hepatitis, Obstructive jaundice, Chronic fever DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects. PRESENTATION : 450 ml syp.in bottle <u>MARKET DRUG :</u> Syp.Arq.Mako( Neptune lab)

#### SILYMARIN

A miracle for the treatment of the liver disorder. Silymarin protects the liver from free radical damage, increase the liver tissue regeneration rate, possesses anti hepatitis properties and aid in cirrhosis, protects the liver from xenobiotic liver damage. It has effective chronic hepatitis, cirrhosis and toxic liver damage.In this case it was found that Silymarin has a protective and curetive action on liver.Acute viral hepatitis A and B:In this case Silymarin showed significant normalizations of bilirubin and AST also.Significantly improves the markers of the liver function in fatty liver condition. Protects the liver from drug induced hepatotoxicity. Silymarin use According to Hepatic jaundice, Drug induced hepatitis, Liver Cirrhosis, Alcoholic Liver disorder.

INDICATIONS : Toxic liver damage, Jaundice, Chronic inflammatory liver condition, Alcoholic liver damage, Liver cirrhosis

DOSAGES :

1Capsule should be taken 3 times daily or as directed by unani physician. SIDE EFFECT : A mild laxative effect has been observed. PREGNANCY AND LACTATING MOTHER : No information is available about the use of Silymarin in pregnancy and laclating mother. PRESENTATION : 140mg or 70 mg Capsule in blister box in 30 pack.

<u>MARKET DRUG :</u> Cap.Silybin ( Square pharmaceuticals) Cap.Starliv ( Genus Pharma) Cap.Hepasil ( SB lab) Cap.Hepanor( Drug international) Cap.Livasil ( Incepta Pharma) Cap.Silarin(Chemist Lab) Cap.Slicap(IBN Sina) Cap.Radisil(Radiant Herbal)

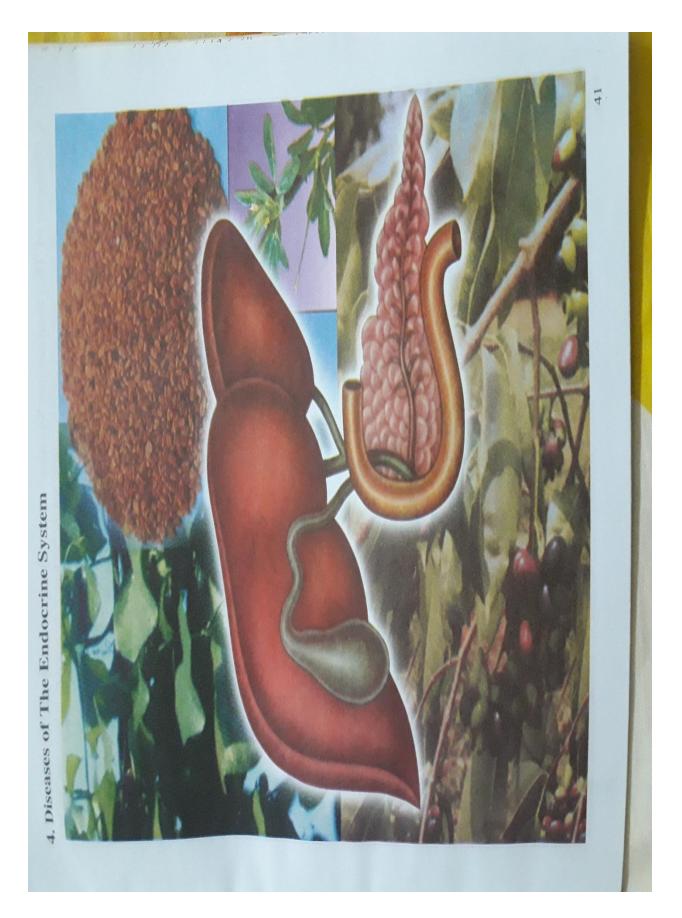
### KALAMEGHASOB

#### FOR THE PREVENTION AND CONTROL OF HEPATITIS.

Andrographolide is extensively used as stimulating agent for liver enzymes and hepatoprotective agent. Andrographolide increase the bile flow and bile salt production. Andrographolide is potent hepatoprotective agent when Compared with Silymarin.

INDICATIONS : Anti viral properties, Flavonoids, Anti inflammatory effect , Anti oxidant ,

DOSAGES : 1-2 Tabs twice Daily or as directed by unani physician. SIDE EFFECT : Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY : It should not be used during pregnancy and lactation. MARKET DRUG : Tab.Hepafit( Acme laboratory) Syp.Hepadex ( Akram laboratory) AP.Kalomegasob ( AP.Ayurvedic) Syp.RobinHepaton( Robin Pharma) Syp.Kalomegasob(Feni dawyakhana)



# JIGARINE / BORONGIN

### Effective in inflammation, Enlarged and Sluggish liver.

The normal function of the liver ensure good health. Jigarine helps to restoring liver in normal function. Jigarine is a specific unani preparations for enlarge and sluggish liver, infectious hepatitis, inflammatory conditions of liver. Jigarine contains Achillea millefolium regarded as lipotropic and sudorific and effective in infectious hepatitis. Artemisia absinthium helps and reduce liver, spleen inflammation.

INDICATIONS : Hepatitis, Liver abscess,Liver cirrhosis ,Jaundice ,Fatty liver ,Psoriasis , All kinds of skin diseases DOSAGES : 1sachet 1-2 times daily or as directed by unani physician. SIDE EFFECT : Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY : It should not be used during pregnancy and lactation

<u>MARKET DRUG :</u> Pakistani Jigarina Cap.Jigarine ( Hamdord laboratories) Tab.Icterine( Hamdord laboratories) Sof.Livo plus ( Neplous unani lab) Sof.Kabedi ( Ibn sina)

#### **MILK THISTLE**

# Natural hepatoprotective

It has been used traditionally for over 2000 years in different Nations, most common for the treatment hepatic and gallbladder disorder. It is strong natural Anti oxidant that inhibit the entry of harmful chemical agent to hepatocyte and same time generate new hepatic cells. It is being used as an effective and save herbal medicine for the treatment of jaundice, cirrhosis, gallbladder disorder, liver cancer, type 2 diabetes. To proven and hepatobilliary disorder and drug induce hepatotoxicity

INDICATIONS : Acute and chronic hepatitis, Fatty degeneration of liver ,Liver cirrhosis,Altered liver function ,Drug induced hepatotoxicity,Type 2 diabetes .

DOSAGES :

1-2 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY : It should not be used during pregnancy and lactation

<u>MARKET DRUG :</u> Cap.Livec ( Hamdord laboratories) Cap.Silycap( Ibn sina) Syp.Hepamilk(Acme Laboratory)

#### ROHITOKARISTA

**ROHITOKARISTA** is an anti hepatitis liquid preparation specially Formulation for the hepatic dysfunction. It corrects congestion and faulty function of hepatic duct. It helps to activate liver during metabolism And plays an important role in metabolic pathway. It is highly beneficial in the treatment of jaundice and viral hepatitis, enlarge and fatty liver. It soften stool And stop irregular and infrequentevacuation of the bowel.

INDICATIONS : Jaundice , Toxic liver injury, Hepatitis , Pre cirrhotic condition of liver, Enlarge and fatty liver, Spleenopathy, Chronic indigestion, Chronic dysentery, Constipation.

DOSAGE AND ADMINISTRATION :

2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects. PRESENTATION : 450 ml syp.in bottle

#### MARKET DRUG :

Syp.Hepacon(Winko Pharma) Syp.Rohitokarist (Feni dawyakhana) Syp.Livorise( AB Pharma) Cap.Livoup(AB Pharma) Syp.Heptazib (Akram laboratory) Syp. Rohitokarist (Hamdord laboratories) Syp.Rohitokarist (Bengal unani) Syp.Livovit( Herbaid limited) Syp.Hepatolin(Acme laboratory) Syp.Rohitokarist (IK Lab) Syp.Hepa 10( Jayson natural) Syp.Hepatoup(Sheedpharma) Syp.Rohifame (Fame) Syp.Diliv( Ichiban lab) Syp.Ap.Rohitokarist(AP.Ayurvedic) Syp.Ascoliv( Asoka ayurvedic lab) Syp.Hepataliv (SB Lab) Syp.Livider (Robin Pharma) Syp.Livaret(Bioneed Pharma) Syp.Eliver(Chemist Lab)

### AROGYO BARDHANI

**AROGYO BARDHANI** is a highly protective and preventive liver capsule. Its preparation specially formulation for the hepatic dysfunction. It corrects congestion and faulty function of the hepatic duct. It helps to activate the liver during metabolism and plays an important role in metabolic pathway. It is highly beneficial in the treatment of Jaundice, viral hepatitis, enlarge and fatty liver. It soften and stop the irregular and different evacuation of the bowel.

INDICATIONS : Jaundice , Viral hepatitis , Malignant hepatitis, Enlarge and fatty liver,Long times Fever, Abdominal diseases.

DOSAGES :

1-2 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT :

Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite.

PREGNANCY : It should not be used during pregnancy and lactation

MARKET DRUG :

Livwin( Winko lab) Cap.A Lid ( Ashoka laboratory) Cap.Beliv( Fame Pharma) Cap.Liv 52( Himalaya) Cap.Liv52 HB( Himalaya)

# JAKRIDDARI LOUHA

Pure ayurvedic and natural liver tonic. When liver suffers from... Hepatitis Drug toxicity Alcoholic liver damage Liver cirrhosis Consider jakridari louho for the above complications. INDICATIONS : Hepatic dysfunction,Inflammation of liver ,Jaundice ,Digestive problem, Constipation, Indigestion,Oedema,Metabolic disorder of liver. DOSAGES : 1-2 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY : It should not be used during pregnancy and lactation

<u>MARKET DRUG :</u> Cap.Livtec( Sheed Pharma) Cap.Livtek(SB Lab) Cap.Starliv(Genous Pharma)

#### SOFUF KABEDI

Effective in inflammation, Enlarged and Sluggish liver.

The normal function of the liver ensure good health. It helps to restoring liver in normal function. It is a specific unani preparations for enlarge and sluggish liver, infectious hepatitis, inflammatory conditions of liver.

INDICATIONS :Hepatitis, Liver abscess, Liver cirrhosis, Jaundice ,Fatty liver,Psoriasis ,All kinds of skin diseases .

**DOSAGES** :

1TSF powder 1-2 times daily or as directed by unani physician. SIDE EFFECT : Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY :

It should not be used during pregnancy and lactation

<u>MARKET DRUG :</u> Sof.Kabedi (IBN Sina)

### YARKAN

# EFFECTIVE IN JAUNDICE AND SLUGGISH IN LIVER.

Yarkan is a unani formulation of Bangladesh National unani formulary which contains some most valuable and effective herbs and minerals which ensure optimum liver function through the protect. The normal function of liver ensure good health. It is a specific unani preparation for jaundice. INDICATIONS :Hepatitis, Jaundice ,Fatty liver,Liver cirrhosis,Inflammatory condition of liver. DOSAGES : 1-2 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY :

It should not be used during pregnancy and lactation

#### MARKET DRUG :

Tab.Yarkan( Bengal unani laboratories) Tab.Hepanar ( Active unani)

# KUMARI ANSU

# **EFFECTIVE IN JAUNDICE**

Effective in inflammation, Enlarged and Sluggish liver.

The normal function of the liver ensure good health. Jigarine helps to restoring liver in normal function. Jigarine is a specific unani preparations for enlarge and sluggish liver, infectious hepatitis, inflammatory conditions of liver. In this case it showed significant normalizations of bilirubin and AST also. Significantly improved the marker of liver function in fatty liver condition.

*INDICATIONS : Hepatic dysfunction, Inflammation of liver , Jaundice , Digestive problem , Constipation, Indigestion , Oedema, Metabolic disorder of liver .* 

DOSAGES :

2-4 TSF 1-2 times daily or as directed by unani physician.

SIDE EFFECT :

*Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY :* 

It should not be used during pregnancy and lactation

<u>MARKET DRUG :</u> Syp.Kumariansu (Bengal unani dawyakhana)

# **CHAPTER :4**

# NATURAL VITAMINS OR TONIC

The unani tonic for the whole family all the year round. Now we discussed below about natural vitamins under the following groups : 1.Misali 2.Bolarist 3.Spirulina 4.Dashamularist 5.Jinsin 6.Gawzaban 7.Seb 8.Hayatin murakkab 9. Vimraj 10.Maullaham 11.Sanjibani rasayon 12.Amla 13.Aswagandharist

# MISALI

**MISALI**is a non alcoholic vitaminized unani tonic of scientifically proven bioavailability in mental performance, anaemia of pregnancy, lactation, liver protective etc.Misali can be used as tonic in all season by the whole family. Misali contains a balanced proportion of extract of various vitalizing herbs which have been successfully used for centuries to provide energy and stimulate for Muscle and nerves.

INDICATIONS: Nutritional therapy..., Anaemia due to pregnancy ,Growth of children ,Loss of appetite , Nervousness, Mental performance ,Vitamins deficiency,Loss of weight, Stress and illness, Vitamindeficiency due to Antibiotics therapy. DOSAGES :6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect showed PREGNANCY :

It is safe for pregnancy and lactating mother.

**MARKET DRUG** : Syp.Naturovit (Drug International) Syp.Hamzavit (Hamza laboratories) Syp.Fulton(Feni dawyakhana) Syp.Caromin(Parents unani) Syp.Nerbovit (Roots unani) Syp.Neurovin plus (Sanj BD) Syp.Acvit (Deeplaid unani) Syp.JPvit (Joy unani) Syp.Seb B( Joy unani) Syp.Popyvit (Popy unani) Syp.Cinkara (Hamdord laboratory) Syp.Cinamun(Nidhi unani) Syp.Herboton(Neptune laboratory) Syp.Rinkara( Redisan unani) Syp.Apton (AP Unani) Syp.Vinsina(IBN Sina) Syp.Keyavit plus (Keya unani) Syp.Bicogen(Sabinko unani laboratories) Syp.Nepvit( Neplous unani laboratories)

#### **BOLARIST**

### Natural vitamin B complex supplement

**BOLARIST** is a natural body building syrup which effectively replenishes lost energy. It plays an important role to strengthen body promptly. It is compose of a number of natural vitamin deficient disorder. Regular intake of Bolarist over come malnutrition, fatigability, and different inflammatory conditions. It is an ideal and highly potent rejuvenating agent. More over Bolaristacrs as a curetive on vitamin deficiency which is generalised occurred by the harmful of antibiotics.

INDICATIONS: Nutritional therapy..., Anaemia due to pregnancy, Growth of children ,Loss of appetite , Nervousness ,Mental performance , Vitamins deficiency ,Loss of weight, Stress and illness,

Vitamindeficiency due to Antibiotics therapy, Rheumatism.

DOSAGES :6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

#### MARKET DRUG :

Syp.ABvit (AB Pharma) Syp.Sidafen( Feni dawyakhana) Syp.Bewin (Winko ayurvedic) Syp.Bolavit (Akram lab) Syp.Reovit (Jayson unani) Syp.Galacto(Sheed Pharma) Syp.Famevit (Fame unani) Syp.Askoton (Ashoka lab) Syp.Bolarist S (SB lab) Syp.Giovit (Herbaid limited) SypBolarist A(Acme laboratories) Syp.Sapnic (Robins ayurvedic) Syp.Supraton(Genous Pharma) Syp.Vitorist (Hamdord laboratories) Syp.APBolarist (AP ayurvedic) Syp.A Vital (Ashoka laboratory) Syp.Enerton (Square herbal) Syp.Chemovit(Chemist Lab)

#### **SPIRULINA**

#### Natural vitamin and protein

A complete family nutrition to live healthy Spirulina is a blue – green algae. It is a world-wide popular food supplement. It is marketed as a Nutritional supplement in the USA, Europe, and Arabian countries. INDICATIONS : Malnutrition, Iron deficiency, Protein deficiency, Hyperlipidemia, Skin problems, Unwanted hair loss, Diabetes mellitus. DOSAGES: 2-3 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect. **PREGNANCY AND LACTATING MOTHER :** 

Being a complete natural source of nutrition. It plays an important role in pregnancy and lactating mother.

#### MARKET DRUG :

Cap.Lina( Hamdord laboratories) Cap.Acmes spirulina ( Acme laboratories) Cap.Detox(SB laboratories) Cap.Sipu C ( Fame Pharma) Cap.Spiruwin ( winko Ayurvedic) Cap.Spiro( Parents unani) Cap.Spiro( Parents unani) Cap.Spiru plus ( AB Pharma) Cap.Navit ( Square pharmaceuticals) Tab.Fulvita ( Sheed Pharma) Cap.Spirucap ( Drug international) Cap.Spirucap ( Drug international) Cap.Dirulina ( IBN Sina) Cap.Superlina(Chemist Lab) Cap.Purulin(Radiant Herbal) Cap.Nutrilina(Renata Herbal) Cap.Protinavit(Incepta Herbal)

# DASHAMULARIST

DASHAMULARIST is a natural body building syrup which effectively replenishes lost energy. It plays an important role to strengthen body promptly. It is compose of a number of natural vitamin deficient disorder. Regular intake of It over come malnutrition, fatigability, and different inflammatory conditions. It is an ideal and highly potent rejuvenating agent. More over It acrs as a curetive on vitamin deficiency which is generalised occurred by the harmful of antibiotics.

INDICATIONS:Nutritional therapy..,Anaemia due to pregnancy,Growth of children ,Loss of appetite , Nervousness ,Mental performance,Vitamins deficiency ,Loss of weight ,Stress and illness, Vitamindeficiency due to Antibiotics therapy. DOSAGES : 6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

MARKET DRUG : Syp.Dosomularist (Feni Ayurvedic) Syp.Dosomularist (Ichiban Laboratory) Syp.Ebost (Sheed Pharma) Syp.Ap.Dosomularist (AP.Ayurvedic) Syp.Vimraj(Ashoka laboratory) Syp.Macoton(Herbaid limited) Syp.Dosomic (Robins ayurvedic) Syp.Amiton plus (Akram laboratory) Syp.Womenton(Acme Lab)

#### Syp.Decaroot(SB Lab)

### JINSIN

JINSINis a special preparation root of panax jinseng which helps to body to generate energy. It is an ideal and highly potent rejuvenating agent. It is also used for improving work efficiency and physical stamina. Jinsinis absorbed rapidly and metabolites and excrete Through the stool And urine unchange. INDICATIONS : General weakness, Nervous debility, Amnesia, Stamina , Enhance coitus longevity , Side-effect of alcohol. DOSAGES : 2-3 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect. PREGNANCY AND LACTATING MOTHER : Being a complete natural source of nutrition. It plays an important role in pregnancy and lactating mother.

### MARKET DRUG :

Cap.Megaseng( Parents unani) Syp.Niala (Rebirth unani) Syp. Jinsin V (Root unani) Syp.Sijin(Deeplaid Pharma) Syp.Jinton(Idral lab) Syp.Jinsin joy( Joy Pharma) Syp.Restojin( Botanic Pharma) Syp.Pjinsin( Popy unani) Cap.Caroplus (Popy unani) Cap.Ginton( Hamdord laboratories) Syp.Ginsent (Hamdord laboratories) Cap.Jinrex( Neptune lab) Syp.Hormogim( AP unani) Syp.Hormojin( Mansons pharmaceutical) Syp.Neurovit( Sheed Pharma) Syp.Sheedjinsin (Sheed Pharma) Syp.Jinsin SH( Shams unani) Syp. Jintonic (Acmes Laboratory) Syp.Nepjin( Neplous laboratory) Syp.Vigori( Genial unani laboratories) Syp.Jinasin( Galaxi Laboratory) Syp.Erina( Unifel unani laboratories) Cap.Ginax( Drug international) Cap.Gintex(Square pharmaceuticals) Cap.Gintonic (Acmes laboratory) Cap.Ginera (Renata limited) Cap.Pavitex (Kemico Pharma) Cap.Recoseng (Incepta Pharma) Syp.Sinaton (IBN Sina) Syp.Panaseng(Radiant Herbal) Syp.Panging(SB Lab)

#### Cap.Ginsina(IBN Sina)

#### GAWZABAN

Weakness of vital organ, cardiac problem medicine. It is an special unani preparation. INDICATIONS :Brain tonic,Heart disease, General weakness, Weakness of vital organs. DOSAGES : 6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

MARKET DRUG :

Arq.Gaozoban ( Bengal unani laboratories) SB Gaozoban ( Sanj BD) Syp.B Tone ( Botanic Pharma) Cap.Popex( Popy unani laboratories) Syp.Multined plus ( Nidhi unani laboratories) Syp.Atomex( Active unani) Syp.Gplex ( Galaxi Laboratory)

#### SEB

A unique combination of valuable herbs and vitamins with minarels.

SEB is a non alcoholic vitaminized unani tonic of scientifically proven bioavailability in mental performance, anaemia of pregnancy, lactation, liver protective etc.SEB can be used as tonic in all season by the whole family. SEB contains a balanced proportion of extract of various vitalizing herbs which have been successfully used for centuries to provide energy and stimulate for Muscle and nerves.

INDICATIONS: Nutritional therapy..., Anaemia due to pregnancy, Growth of children, Loss of appetite, Nervousness, Mental performance, Vitamins deficiency, Loss of weight, Stress and illness, Vitamindeficiency due to Antibiotics therapy.

DOSAGES :

6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

#### MARKET DRUG :

Syp.Plavit (Botanic Pharma) Syp.Neuroplex(Nidhi unani laboratories) Syp.Herboplex (Neptune Laboratory) Syp.Septovit (Mansons pharmaceutical) Syp.Visam (Shams unani laboratories) Syp.Aviva (Active unani laboratories) Syp.Lian(Unifel unani laboratories) Syp.Sebton(IBN Sina)

#### HAYATEEN MURAKKAB

Promote vital energy .It is a unani formulation which prepared by active multivitamin, medicinalsherb, naturalminatels. It also helps to remove General weakness, Anxiety, Mental stress, Anorexia, Malnutrition, Weakness during lactation, weight loss, Brain disorder, Its plays an important role about that factor.

INDICATIONS : Nutritional therapy..., Anaemia due to pregnancy ,Growth of children ,Loss of appetite , Nervousness ,Mental performance ,Vitamins deficiency ,Loss of weight ,Stress and illness,

Vitamindeficiency due to Antibiotics therapy.

DOSAGES :1-2Tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

MARKET DRUG :

Tab.Suvit( Hamdord laboratories) Tab.Vitarex( Neptune Laboratory) Tab.Muravit ( IBN Sina)

# SANJIBANI RASAYON

**SANJIBANI RASAYON** is a combination of some effective herbs that have antioxidant, immune inhancing, rejuvenating, anxiolytic, antidepressant, nutritive properties. It is used to combat physical weakness, mental weakness, nervous debility. It is very effective in senile debility and stress. It is used for all ages of both male and female paient.

INDICATIONS : Physical and mental weakness, Senile debility ,Nervous debility ,Stress. DOSAGES : 2-3 TSF 1-2 times daily or as directed by unani physician. SIDE EFFECT: There is no none known Pregnancy : Not recommendations for pregnancy

<u>MARKET DRUG :</u> Syp.Santonic ( Acme laboratories) Syp.Robinsupram( Robin Pharma) Syp.Refil( Winko Pharma) Syp.Diconex Plus(SB Lab)

# AMLA

**AMLA** is a unani formulation which is prepared by effective herbs such as Amloki and others ingredients. It is effective for adult and child. It also acts malnutrition, memory loss, general weakness, indigestion. It is a tonic for daily use. It has vitamin c supplement.

INDICATIONS : Lack of vitamin c,General weakness ,Nervous debility ,Indigestion ,Loss of memory , Loss of appetite ,Dyspnea,All kinds of skin diseases. DOSAGES :

6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

<u>MARKET DRUG :</u> Syp.Amlabery ( Drug international) Syp.Amlavit ( Neptune laboratory) Syp.Myrosin( IBN Sina) Syp.Amloki plus( Unidrug unani laboratories) Syp.Amlokirasayon ( Dhaka Pharma) Syp.Amloki plus (Unidrug)

# VIMRAJ

VIMRAJis a natural body building syrup which effectively replenishes lost energy. It plays an important role to strengthen body promptly. It is compose of a number of natural vitamin deficient disorder. Regular intake of It over come malnutrition, fatigability, and different inflammatory conditions. It is an ideal and highly potent rejuvenating agent. More over It acrs as a curetive on vitamin deficiency which is generalised occurred by the harmful of antibiotics.

INDICATIONS:Nutritional therapy...,Anaemia due to pregnancy ,Growth of children ,Loss of appetite, Nervousness ,Mental performance ,Vitamins deficiency, Loss of weight ,Stress and illness,

Vitamindeficiency due to Antibiotics therapy.

DOSAGES :

4 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

<u>MARKET DRUG :</u> Syp.SBVit ( SB laboratories) Syp.Vimros ( Ashoka laboratory)

#### MAULLAHAM

**MAULLAHAM** is a non alcoholic vitaminized unani tonic of scientifically proven bioavailability in mental performance, anaemia of pregnancy, lactation, liver protective etc. Maullaham can be used as tonic in all season by the whole family. Maullaham contains a balanced proportion of extract of various vitalizing herbs which have been successfully used for centuries to provide energy and stimulate for Muscle and nerves.

INDICATIONS: Nutritional therapy..., Anaemia due to pregnancy, Growth of children, Loss of appetite, Nervousness, Mental performance, Vitamins deficiency, Loss of weight, Stress and illness,

Vitamindeficiency due to Antibiotics therapy.

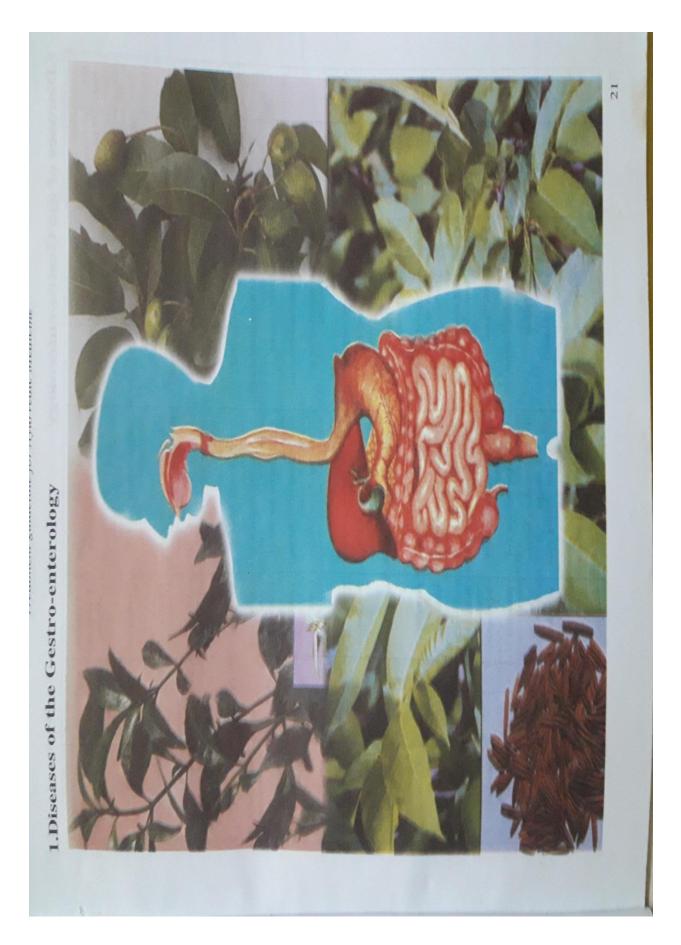
DOSAGES :6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect showed PREGNANCY : It is safe for pregnancy and lactating mother .

<u>MARKET DRUG :</u> Syp.Limogen ( Genial unani laboratories)

#### **CHAPTER :5**

# NATURAL CARMINATIVE OR DIGESTENT

Now we discussed about natural carminative or digestive below under the following groups : 1.Amaloki rasayon 2. Mustakarista 3. Jirakaddhorist 4.Arq.Zira 5.Hazmina 6.Humuzin 7.Arg.Nankhah 8.Papita 9. Dasanghokwath 10.Jamani arq 11.Arq.Pudina 12.Arq.Taskeen 13.Vaskar laban 14.Qurs. Hazmola 15.Arq.Hazim 16.Sof. Jurhin 17.Ja.Kumuni 18.Sof.Trifola 19.Arg.Badian 20.Tabkhir 21.Sof.Suci 22.Amlapittantok ras 23.Janzabil 24.Qarhin 25.Lilabilash 26. Hinggastic churna 27.Coenzyme 28.Abipattikar ras



# AMALOKI RASAYON

# VITAMIN CAN SAVE MILLIONS OF PEOPLE OF HEART ATTACK.

Vitamin c deficiency, common cause of heart disease, result million of people's of death each year. Amloki rasayan is an excellent natural vitamin c and carminative. Benefit over synthetic vitamin c. Highest source of natural vitamin c Super anti oxidant and prevent ageing Heart and storage stable due to chemical nature. Dental Erosion may occur chewing vitamin c supplement which can be omitted by syrup. Best carminative and digestant.

INDICATIONS : Indigestion , Dyspepsia , Flatulence , Constipation , Abdominal pain due to gases, Stomach and liver disorder , Deficience of vitamin c.

**DOSAGES** :

Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

MARKET DRUG :

Syp.Ascocid ( Ashoka laboratory) Syp.Phylika( Winko Pharma) Syp.Dipep ( Ichiban Laboratory) Syp.Dilucid ( Sheed Pharma) Syp.Amcivit ( Square pharmaceuticals) Syp.Akrocid ( Akram laboratory) Syp.Amloki rasayan ( Feni) Syp.AB Cid ( AB Pharma) Syp.Amloki rasayan ( IK Pharma) Syp.Amlacid(Acme Lab) Syp.Amlacid(Jaysone natural) Syp.Scormin(SB Lab)

## HAZMINA

HAZMINA is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities. INDICATIONS : Indigestion, Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Syp.Manzyne ( Mansons pharmaceutical) Syp.Digeco ( Sabinko unani laboratories) Syp.R mina (Rediant unani) Syp.Gastocon(Neptune laboratories) Syp.Gastonil (Neptune laboratories) Syp.Engined (Nidhi unani laboratories) Cap.Engined plus (Nidhi unani laboratories) Syp.Alpep (Unifel unani laboratories) Syp.Hazmolex(IK Pharma unani) Syp.Sypon( Active unani) Cap.Sepno( Neplous unani laboratories) Syp.Stomazeyl (Keya laboratories) Syp.Hazmi (IBN Sina) Tab.Hazmi (IBN Sina) Arg.Hazim(Bengal unani laboratories) Tab.Carmina (Hamdord laboratories) Syp.Carmina (Hamdord laboratories) Syp.Popycid( Popy unani laboratories) Syp.Stocin( Botanic Pharma) Syp.Hazem(Joy Pharma) Cap.Digmina (Deeplaid pharmaceutical) Syp.Herbocid (Dr.Mubarok) Syp.Sanpep(Sanj BD) Syp.Digipep (Roots Pharma) Syp.Simecon(Roots Pharma) Syp.Remina (Rebirth unani laboratories) Syp.Hazmi plus (Parents unani) Syp.Difens (Drug international)

#### JAMANI ARQ

JAMANI ARQ is a ayurvedic liquid preparation medicine which is formulated from jamani seed in a scientific maner.It provide quickly relief from several digestive problem like indigestion, dyspepsia, flatulence, abdominal pain due to gases, Constipation. INDICATIONS : Indigestion, Dyspepsia , Flatulence , Constipation, Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother. MARKET DRUG : Syp.Digac( Acme laboratories) Syp.Jainarq(Jayson natural) Syp.Amiton(SB laboratories) Syp.Dygest( AP ayurvedic)

#### JIRAKADDHORIST

A natural carminative syrup.

A very good supplement for lactating mother and pregnant women. Due to content of three Remarkable amount of calcium High amount of iron B- complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion, Dyspepsia, Flatulence, Constipation, Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES**: Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother.

#### MARKET DRUG:

Syp.APJirokaddhorist( Ap Ayurvedic) Brihot jirokaddhomodok Syp.Jirokaddhorist ( Ichiban Laboratory) Syp.Zainid ( Herbaid limited) Syp.Jirokaddhorist ( Fen drugs) Syp.Pepnor ( Square pharmaceuticals) Syp.Kidcare(Acme Lab) Syp.Cumex(SB Lab)

#### **MUSTOKARIST**

A natural carminative syrup a very good supplement for lactating mother and pregnant women. INDICATIONS :Indigestion, Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder, Chronic dysentery . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother. <u>MARKET DRUG :</u> Syp.A Digest ( Akram laboratory) Syp.Mustakarist ( Hamdord laboratories) Syp.Acmina ( Acme laboratories) Syp.Elzyme ( Jayson natural) Syp.Zyfame( Fame Pharma) Syp.AP.Mustakarist( AP Ayurvedic) Syp.Diginex( Winko Pharma ayurvedic) Syp.Gascue(Chemist Lab) Syp.Neuropep(SB Lab)

# ARQ.JIRA

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three-Remarkable amount of calcium High amount of iron **B- complex and minerals** Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation,Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Syp.Zynex( Mansons pharmaceutical) Syp.Joinarq(Jaysone natural)

#### ARQ.NANKHAH

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit – Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS :Indigestion, Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

#### **MARKET DRUG :**

Cap.Indicap(Popy unani laboratories) Syp.Arq.Nankha(Hamza laboratories) Syp.SBNankha(SB Laboratories) Syp.Dipase(Idral Pharma) Syp.Alpro(Deeplaid pharmaceutical) Arq.Nankha(Bengal unani laboratories) Syp.Gesham(Shams unani laboratories) Syp.G pep(Galaxi Laboratory) Syp.Pepnol(Mansons pharmaceutical)

#### ARQ.BADIAN

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion, Dyspepsia , Flatulence , Constipation , Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Arq.Badian( Hamdord laboratories) Et.Badian( Hamdord laboratories)

#### ARQ.PUDINA

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion , Dyspepsia , Flatulence , Constipation, Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother.

#### **MARKET DRUG :**

Tab.Pudinatab( Neptune laboratory) Cap.Pudina( IBN Sina) Arq.Pudina( Hamdord laboratories) Syp.Gripep( Galaxi Laboratory)

#### ZANJABEEL

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit –Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS :Indigestion, Dyspepsia ,Flatulence, Constipation, Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES**: Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Syp.Dygestol( ETlab)

#### HUMUZIN

HUMUZIN is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS :Indigestion, Dyspepsia, Flatulence, Constipation ,Abdominal pain due to gases, Stomach and liver disorder. DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Syp.Mancid ( Mansons pharmaceutical) Syp.Popyzoin( Popy pharmaceuticals) Cap.Omined( Nidhi pharma) Cap.Sufzin( Active unani) Syp.Digim( Joy Pharma) Syp.Humuzin P ( Parents unani) Syp.Popycid ( Popy unani) Syp.Acifast( Genus Pharma)

#### ARQ.HAZIM

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron **B- complex and minerals** Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion, Dyspepsia , Flatulence , Constipation, Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Syp.Senola( Sanj BD) Syp.Hasfen( Feni dawyakhana) Cap.Hasmo SH( Shams unani laboratories) Tab.Hazmotab( Jayson natural) Syp.Stomazen ( Genial unani laboratories) Tab.Hazmo A (Acme laboratories) Tab.Hazmin( SB laboratories) Tab.Atizer ( Akram laboratory)

### ARQ.TASKEEN

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit – Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS :Indigestion, Dyspepsia, Flatulence, Constipation, Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES**: Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother MATKET DRUG: Syp.Roda (Unifel)

#### TABKHIR

TABKHIRis a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities. INDICATIONS :Indigestion, Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1 TAB 2 times daily Adult : 2 TABS 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Tab.Azard ( Hamdord laboratories)

#### PAPITA

**PAPITA** is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS :Indigestion, Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1 CAP 2 times daily Adult : 2 CAPS 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG:</u> Cap.Zymocap( Mansons pharmaceutical) Cap.Papazin( Sanj BD) Cap.Papaya(IBN Sina)

## TRIFOLA

TRIFOLA churno is a ayurvedic preparation which is acts Anorexia,Dyspepsia, Flatulence, Constipation, Skin diseases.It is natural medicine. The holistic strength of constipation INDICATIONS :Indigestion ,Dyspepsia ,Flatulence, Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG:</u> Sachet trifola ( Hamdord laboratories) Sof.Trifola ( Feni dawyakhana) Tab.Trifola plus( Ichiban)

# VASKAR LABAN

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium, High amount of iron B- complex and minerals Benefit –Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS :Indigestion, Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases,Stomach and liver disorder . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Hazmo A ( Acme laboratories) Tab.Hazmitab (Jaysone natural) Tab.Hasmin(SB Lab)

# HINGGASTIC CHURNA

Gastritis is a group of diseases that cause inflammation of lining of the Stomach.To treatment gastric disorder effectively then hinggastac churno. Natural way to subsidies gastric inflammation. INDICATIONS :Gastritis, Hyperacidity, Gastric ulcer and Duodenal ulcer,Dyspepsia ,Indigestion . DOSAGES : 1Caps 3 times daily or as directed by unani physician. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MATKEY DRUG :</u> Cap. Ulpep( Square pharmaceuticals)

# SUCI

Allergy conditions, inflammation, adrenocorticoid insufficiency. It prevent liver toxicity. SUCI is prestigious research product of unani system prepared with Glycyrrhiza glabra which has been used for over 5000 years. Suci is highly effective and safe in the prophylaxis and treatment of peptic ulcer,hyperacidity, gastritis. It is also effective in sore throat, cough,cold,catarrah INDICATIONS :Peptic ulcer ,Hyperacidity ,Gastritis ,Dyspepsia ,Cough,cold,sore throat ,Allergy conditions , Rheumatism . DOSAGES : 1TSF 2-3 times daily or as directed by unani physician Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother MARKET DRUG : Sof.Suci( Dr.mubarak) Sof. Suci( Hamdord laboratories)

### JURHIN

JURHIN is prestigious research product of unani system prepared with Glycyrrhiza glabra which has been used for over 5000 years. It is highly effective and safe in the prophylaxis and treatment of peptic ulcer,hyperacidity, gastritis. It is also effective in sore throat, cough,cold,catarrah,Allergy conditions, inflammation, adrenocorticoid insufficiency. It prevent liver toxicity.

INDICATIONS :Peptic ulcer, Hyperacidity ,Gastritis ,Dyspepsia, Cough,cold,sore throat ,Allergy conditions , Rheumatism .

DOSAGES : 1TSF 2-3 times daily or as directed by unani physician Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Sof.Jurhin( Dr.mubarak) Sof.Herbocid( IBN Sina)

## AMLAPITTANTOK RAS

AMLAPITTANTOK RAS is ayurvedic preparation which is helps to normalize the acidity and highly effective Against all types of gastric disorder. It helps to minimise heart burn, pain and inflammation. It is rapidly from the GIT with peak concentration in the plasma occurring about to our after administration by mouth. Throughout the stool And urine unchange. INDICATIONS : Acidity ,Gastritis ,Duodenal ulcer and Gastric ulcer. DOSAGES : 1Caps 3 times daily or as directed by unani physician. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Sof.Herbocid ( SB laboratories) Tab.GB(Sheed Pharma)

## LILABILASH

LILABILAS His ayurvedic preparation which is helps to normalize the acidity and highly effective Against all types of gastric disorder. It helps to minimise heart burn,pain and inflammation. It is rapidly from the GIT with peak concentration in the plasma occurring about to our after administration by mouth. Throughout the stool And urine unchange. INDICATIONS :Acidity ,Gastritis ,Duodenal ulcer and Gastric ulcer. DOSAGES : 1Caps 3 times daily or as directed by unani physician. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother <u>MARKET DRUG :</u> Cap.Lila20( Ashoka laboratory) Cap.Gaswin( Winko Pharma ayurvedic) Cap.Dimacid ( SB laboratories)

# DASANGA KWATH

DASANGA KATHis a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation, Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1-2 TSF 2 times daily Adult : 2-4 TSF 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Syp.Gasto 4(Jayson natural) Syp.Gasodone(SB Lab)

#### JA.KAMUNI

A natural carminative syrup a very good supplement for lactating mother and pregnant women. INDICATIONS :Indigestion, Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder ,Chronic dysentery . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage.

PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Ja.Kumuni( Bengal unani laboratories) Ja.Kumuni( Hamdord laboratories) Ja.Kumuni( Fen drugs unani)

#### MUNDALIN

MUNDALIN is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS : Indigestion , Dyspepsia , Flatulence , Constipation, Abdominal pain due to gases, Stomach and liver disorder.

DOSAGES : Child : 1-2 TSF 2 times daily Adult : 2-4 TSF 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Sof.Mundalin( Neptune Laboratory) Sof.Locid ( IBN Sina)

## QARHIN

**QARHIN**is prestigious research product of unani system prepared with Glycyrrhiza glabra which has been used for over 5000 years. It is highly effective and safe in the prophylaxis and treatment of peptic ulcer,hyperacidity, gastritis. It is also effective in sore throat, cough,cold,catarrah,Allergy conditions, inflammation, adrenocorticoid insufficiency. It prevent liver toxicity.

INDICATIONS : Peptic ulcer , Hyperacidity , Gastritis , Dyspepsia , Cough, cold, sore throat ,

Allergy conditions, Rheumatism . DOSAGES :

1TSF 2-3 times daily or as directed by unani physician Side effect: Have no side effect if maintain dosage.

PREGNENCY:

It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Sof.Qarhin ( Hamdord laboratories) Sof.Herbacid ( IBN Sina)

# ABIPATTIKAR CHURNA

ABIPATTIKAR CHURNAis ayurvedic preparation which is helps to normalize the acidity and highly effective Against all types of gastric disorder. It helps to minimise heart burn, pain and inflammation. It is rapidly from the GIT with peak concentration in the plasma occurring about to our after administration by mouth. Throughout the stool And urine unchange. INDICATIONS : Acidity , Gastritis , Duodenal ulcer and Gastric ulcer.

DOSAGES : 1Caps 3 times daily or as directed by unani physician. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Cap.GPrazol( Sheed Pharma)

# COENZYME Q 10

**COENZYME Q 10** is a fat soluble substance and acts as a vital intermediate of the electron transport system in the mitochondrial membrane for Cellular respiration and ATP production. Cells and tissue those are metabolically active (Such as heart, immune system, skeleton muscle and gingiva) have the

highest requirement of Ubidecareone and most susceptible to Ubidecareonedeficiency. Ubidecareone level in the body decline with advancing age and thus contribute in manifestations of aging. INDICATIONS : Neurological disorder -Myopathy,Muscular dystrophy, Ataxia,Parkinsons disease, Genitic Neuromuscular disease -Alzheimer's diseases, migraine Cardiovascular disease -Congestive heart failure, Cardiomyopathy,Hypertension, Heart protection during surgery, Angina Others -Periodontal gum diseases, Exercise performance, Diabetes, Cancer,Asthma,Thyroid disorder. DOSAGES : 1-3 Caps daily after meal or as directed by unani physician. SIDE EFFECT : None known PREGNANCY : It is safe and relatively well tolerated in recommended dosages.

<u>MARKET DRUG :</u> Cardi -Q 50 ( Square pharmaceuticals) Cap.Cooxident ( SB laboratories)

# **CHAPTER :6**

# **BABY CARMINATIVE**

Syp.nownehal( Hamdord laboratories) Syp.Babyton( Neptune Laboratory) Syp.Atfal (Jayson natural) Syp.GGripe (Roots unani) Syp.Neozen( Genus Pharma) Syp.G pep(Genus Pharma) Syp.Jenaziam(Genus Pharma) Syp.Robindizym(Robin Pharma) Syp.Robinamlacid (Robin Pharma) Syp.Babycare(SB laboratories) Syp.Babysafe (Idral Pharma) Syp.Colin( Sanj BD) Syp.Grip R( Roots Pharma) Syp.Flanet( Millat unani) Syp.Babyson( Mansons pharmaceutical) Syp.Baby life (Bigo unani) Syp.Ekby( Sadik Pharma)

# **CHAPTER : 07**

## ANTI LEUCORRHOEIC DRUG

Now we discuss about anti leucorrhoea drugs under the following groups below

- 1. Sohagsoonth
- 2. Rehmin
- 3. Patrangasab

- 4. Niswan
- 5. Masturin
- 6. Sailan
- 7. Puspanag churna
- 8. Marowarid
- 9. Podarantok ras
- 10. Masturin
- 11. Suparipak
- 12. Salajit
- 13. Podarontok louho
- 14. Dasamularist
- 15. Rajaproborton boti
- 16. Jirian
- 17. Kusta boiza

# PATRANGASAB

**PATRANGASAB** is a poly herbal combined formulation of Ayurveda medicine with time tested selected medicinal plants having proven efficacy as uterine tonic. It is used to combat leucorrhoea, Uteralgia, anemia, anorexia. It is effective, safe and well tolerate. INDICATIONS :Leucorrhoea, Uteralgia, Anemia, anorexia. DOSAGES :

2-4 tsf 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect. PRESENTATION : 200/450 ml syrup in amber glass bottle.

MARKET DRUG : Syp.Robin leuron( Robin Pharma) Syp.Lecor( Square pharmaceuticals) Syp.Famisafe ( AB Pharma) Syp.Mili( Genus Pharma) Syp.Mili( Genus Pharma) Syp.Potrangasob(AP Ayurvedic) Syp.Potrangasob( IK Ayurvedic) Syp.Leucon Syp.Leucofame ( Fame Pharma) Syp.Potrangasob ( Akram laboratory) Syp.Lyrin( Winko Pharma) Syp.Lecodin s( SB laboratories) Tab.Reusef( Ashoka laboratory) Syp.Lecosav( Acme laboratory)

## MASTURIN

**MASTURIN** is a uterotonic specific for female disorder prepared with valuable natural ingredients like abroma augusta, saraca indica, withania somnifera, etc which acts solely of female reproductive system. It is a general nervine tonic for woman. It tones up the nerves, regulates menstrual cycle cures inflammatory pelvic disorder. It is a significantly prepared herbal syrup which regulates the development of female sexual characteristic and established healthy menstrual function.

INDICATIONS : Irregular Menstruation , Dysmenorrhea , Amenorrhea , Leucorrhoea, Anaemia , Metritis.

DOSAGES : 3-4 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect. PRESENTATION : 450 ml syrup in amber glass bottle.

### MARKET DRUG :

Syp.Masturin( Hamdord laboratories) Syp.Uterin( Roots unani) Syp.Lecosa( Sanj BD) Syp.Nisa(Parents unani) Syp.Femiton( AP unani) Syp.Licomex( IK unani laboratories) Syp.Masturin ( Bengal unani laboratories)

## NISWAN

NISWAN is a uterotonic specific for female disorder prepared with valuable natural ingredients like abroma augusta, saraca indica, withania somnifera, etc which acts solely of female reproductive system. It is a general nervine tonic for woman. It tones up the nerves, regulates menstrual cycle cures inflammatory pelvic disorder. It is a significantly prepared herbal syrup which regulates the development of female sexual characteristic and established healthy menstrual function. INDICATIONS : Irregular Menstruation, Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia, Metritis. DOSAGES : 3-4 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect. PRESENTATION : 450 ml syrup in amber glass bottle.

#### MARKET DRUG :

Syp.Aksir niswan( (Bengal unani) Syp.Femorex (Galaxi Laboratory) Syp.Niswan( Keya laboratories) Syp.Rezum (Active unani laboratories) Syp.Tims (Drug international) Syp.Femola( Mansons laboratory) Syp.Umax (Unidrug unani laboratories) Syp.Fimosa (Sadek unani) Syp.Nowsin (IBN Sina) Syp.Niswana(Sabinko unani laboratories) Syp.Femolin(Jayson natural) Syp.Sailan (Popy unani laboratories) Syp.Niswan (Hamza unani) Syp.Likona( Botanic Pharma) Syp.Leutex( Joy Pharma) Syp. Femolaid (Deeplaid pharmaceutical)

Syp.Leucon( Idral unani laboratories) Syp.Oman( Neplous unani laboratories) Syp.Linica ( Unifel unani laboratories) Syp.Licosam( Shams unani laboratories)

# REHMIN

REHMINis a unique combination of areca catechu,butea monosperma,asphalt,calcined iron oxide.It is very effective in leucorrhoea,Weakness of uterus, Irregular Menstruation INDICATIONS :Irregular Menstruation, Dysmenorrhea, Amenorrhea ,Leucorrhoea,Anaemia ,Metritis. DOSAGES : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG :</u> Tab.Hermin ( IBN Sina) Tab.Leucoric ( Dr. Mubarak) Syp.Remina( Rebirth unani) Cap.Lecora ( Mansons pharmaceutical) Cap.Sadomin( Sadek unani lab)

# SHOHAGSOONTH

SHOHAGSOONTH is use before ancient for uterine tonic and anti septic.Active ingredients of ashgond, simul, sotomul. All are ingredient is use for uterine tonic.
INDICATIONS : Painful Menstruation, Uterine tonic , General weakness of debility, White discharge , Irregular menstruation.
DOSAGES :
1-2 tsf 2-3 times daily or as directed by unani physician.
SIDE EFFECT :
There is no significant side effect.
PRESENTATION :
100ml gm in plastic Container

<u>MARKET DRUG :</u> Maj.Shohagsoonth ( Hamdord laboratories) Maj.Shohagsoonth ( Neptune laboratory) Same band name in different company.

## SALAJEET

SALAJEETis a unique unani formulation of salvia haematodes,asphalt,cacined hens egg etc.It is effective in general weakness, spermatorrhea, polyuria, White discharge. INDICATIONS :General weakness, Spermatorrhoea,Polyuria ,Leucorrhoea . DOSAGES : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect

<u>MARKET DRUG :</u> Cap.Salajeet( Neptune laboratory) Cap.Silaj( IBN Sina) Cap.Sargon( Genial unani) Same band name in different company

### SAILAN

SAILANis a unique combination of valuable herbs are saraca indica, Withania somnifera, annogeissus latifolia and others ingredients. It is also effective in white discharge, menorrhagia, metrorrhagia and removes menstrual disorder.

INDICATIONS : Irregular Menstruation, Dysmenorrhea , Amenorrhea , Leucorrhoea, Anaemia , Metritis. DOSAGES :

1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect.

#### MARKET DRUG :

Cap.Triva( Parents unani) Cap.Sailant ( Parents unani) Tab.Sailan( Feni dawyakhana). Tab.Sailan( Bengal unani laboratories) Syp.Sailanur rehem( Bengal unani laboratories) Same band name in different company.

#### **SUPARIPAK**

**SUPARIPAK** is a unique combination of valuable herbs are saraca indica,Withania somnifera,annogeissus latifolia and others ingredients. It is also effective in white discharge, menorrhagia,metrorrhagia and removes menstrual disorder.

INDICATIONS : Irregular Menstruation, Dysmenorrhea , Amenorrhea , Leucorrhoea, Anaemia , Metritis. DOSAGES :

1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect.

#### **MARKET DRUG :**

Sof.Suparipak( Bengal unani laboratories) Sof.Suparipak( Genial unani) Sof.Suparipak( Hamdord laboratories) Maj.Suparipak ( Feni dawyakhana) Same band name in different company.

#### KUSTA QALOYEE

**KUSTA QALOYEE** is a unique unani formulation prepared by active ingredient which is effective in the treatment of White discharge, spermatorrhea, oligospermia, premature ejaculation. INDICATIONS :Irregular Menstruation ,Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia ,Metritis. DOSAGES : 1-2 TABS 3 times daily or as directed by unani physician.

*I-2 TABS 3 times daily of as directed by unani physician. SIDE EFFECT : There is no significant side effect.*  **MARKET DRUG**: Tab.Spermatin( Hamdord laboratories) Tab.K.Kaloyee(Neptune laboratory) Same band name in different company.

# MARWAREED

MARWARED is a unique combination of areca catechu, butea monosperma, asphalt, calcined iron oxide.It is very effective in leucorrhoea, Weakness of uterus, Irregular Menstruation INDICATIONS : Irregular Menstruation , Dysmenorrhea , Amenorrhea , Leucorrhoea, Anaemia , Metritis. **DOSAGES** : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect

**MARKET DRUG** : Tab.Calrif( Hamdord laboratories) Cap.Lecocel(Millat unani laboratories) Tab.Marve( Active unani laboratories) Same band name in different company.

# PUSHPONUG CHURNA

PUSHPONUG CHURNA a unique ayurvedic medicine and combined of valuable effective herbs which is highly effective in white discharge, dysmenorrhea, irregular menstruation INDICATIONS: white discharge, dysmenorrhea, rregular menstruation. **DOSAGES** : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect **MARKET DRUG** : Cap.Whitenil( AB Pharma ayurvedic)

# PRODARONTOK RAS

**PRODARONTOK RASis a unique ayurvedic medicine and combined of valuable effective herbs** which is highly effective in white discharge, dysmenorrhea, irregular menstruation INDICATIONS: white discharge, dysmenorrhea, menstruation. **DOSAGES** : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect

**MARKET DRUG** : Cap.Ufort( Genus Pharma ayurvedic) Cap.Neolectin(SB Lab)

# **PRODARONTOK LOUHA**

**PRODARONTOK LOUHA** is a unique ayurvedic medicine and combined of valuable effective herbs which is highly effective in white discharge, dysmenorrhea, irregular menstruation INDICATIONS: white discharge, dysmenorrhea, irregular menstruation.

DOSAGES : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect

<u>MARKET DRUG :</u> Tab.Leucagon( Ichiban Laboratory) Syp.Leucano( Ichiban Laboratory) Syp.Leucofen ( Akram laboratory) Syp.AMLANAS(Chemist Lab) Same band name in different company

# **RAJPABORTON BOTI**

RAJPABORTON BOTI is a unique ayurvedic medicine and combined of valuable effective herbs which is highly effective in white discharge, dysmenorrhea, irregular menstruation INDICATIONS: white discharge,dysmenorrhea,irregular menstruation. DOSAGES : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect

## MARKET DRUG :Cap.MR28 (Akram laboratory)

# KUSTA.BAIZA

KUSTA.BAIZAis a unique unani formulation prepared by active ingredient which is effective in the treatment of White discharge, spermatorrhea, oligospermia, premature ejaculation. INDICATIONS :Irregular Menstruation,Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia ,Metritis. DOSAGES : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG:</u> Kusta boiza same band name in different company.

# **CHAPTER:8**

# PAIN KILLER

1.Suranjan 2.Awjaee 3.Lana 4.Batati guggul 5.Nogendro boti 6.Brihat bat chintamoni / gajankus 7.Raso raj ras 8.Rowgon shurk 9. Dorde sondhi/ Sondhi suda 10.Arq.Ajib 11.Marigold 12.Abe hayat 13.Batrakkhoshi 14.Garlik 15.Bolarist 16.Aswagandharist 17.Jadower

## SURANJAN

SURANJANis a unique combination of valuable herbs Colchicum luteum, aloe barbadensis,solanum nigrum,terminalia chebula which is highly effective in all kinds of rheumatism such as chronic rheumatoid arthritis, osteoarthritis, sciatica, lumbago,gout, joint pain etc. INDICATIONS :All kinds of rheumatism such as chronic rheumatoid arthritis,Osteoarthritis,Sciatica, Lumbago,Gout,Joint pain . DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

<u>MARKET DRUG :</u> Tab.kolsina ( IBN Sina) Tab.Suranjan( ( Mubarak sir) Cap.Remalgin( Mansons pharmaceutical) Tab.Surobin( Hamdord laboratories) Tab.Gitafen( Feni dawyakhana) Tab.Painrex( Uni drug unani) Cap.Reumatin ( Neptune Laboratory)

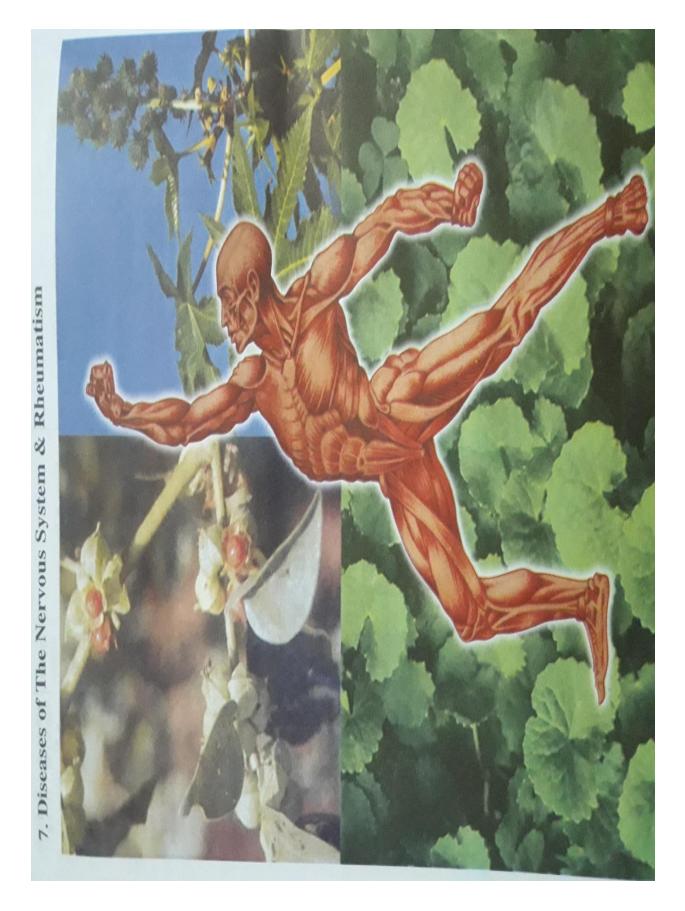
# AZARAQI

**AZARAQI**is special preparation of valuable effective herbs like strychnos nux vomica, piper longun,piper nigrum. It is prescribed for the treatment of rheumatoid arthritis, osteoarthritis, nervous debility, general debility,neuralgia. Azaraki is also effective in joint pain, paralysis, facial paralysis, numbness.

INDICATIONS : rheumatoid arthritis, osteoarthritis,nervous debility, general debility,neuralgia,Azaraki is also effective in, joint pain, paralysis,facial paralysis, numbness. DOSAGES:

1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

<u>MARKET DRUG :</u> Tab.Aznar( IBN Sina) Tab.Azalex( Neptune Laboratory) Tab.Palcid ( Mansons pharmaceutical unani) Tab.Riton( Genial unani) Tab.Rosnum( Hamdord laboratories) Tab.Azarin( Sanj BD) Tab.Azaraki ( Bengal unani laboratories)



# GARLIC

**GARLIC** is one of the most recommended unani medicine for better health and well being. Garlic acts as prebiotic,helps to regulate blood glucose levels, improves blood flow, decrease total cholesterol and triglyceride and also reduce the risk of hypertension and heart disease. Garlic is highly effective in respiratory tract aliments, prevent infectious diseases and inflammation. It has antioxidants property and helps to reduce risk of cancer.

INDICATIONS :Diabetes ,Rheumatism ,Gout,RTI,Bronchitis ,Asthma ,Hypertension,

Hyoercholesterolemia.

DOSAGES :

1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported proper dosages.

## MARKET DRUG :

Tab.Alisa( Hamdord laboratories) Tab.Garlik( Neptune laboratory) Tab.Garlistat(IBN Sina) Cap.Garlet( Et lab) Cap.Garlin( Square pharmaceuticals) Cap.Garlicap( Drug international) Syp.Garlicon(Jayson natural) Cap.Lopid( Acme laboratories) Cap.Lipidryl(SB Lab)

### BOLARIST

# Natural vitamin B complex supplement

**BOLARIST** is a natural body building syrup which effectively replenishes lost energy. It plays an important role to strengthen body promptly. It is compose of a number of natural vitamin deficient disorder. Regular intake of Bolarist over come malnutrition, fatigability, and different inflammatory conditions. It is an ideal and highly potent rejuvenating agent. More over Bolaristacrs as a curetive on vitamin deficiency which is generalised occurred by the harmful of antibiotics.

INDICATIONS:Nutritional therapy..., Anaemia due to pregnancy, Growth of children ,Loss of appetite , Nervousness ,Mental performance ,Vitamins deficiency ,Loss of weight ,Stress and

illness, Vitamindeficiency due to Antibiotics therapy, Rheumatism.

DOSAGES :6 TSF 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no side effect show.

PREGNANCY :

It is safe for pregnancy and lactating mother.

MARKET DRUG :

Syp.ABvit (AB Pharma)

Syp.Sidafen( Feni dawyakhana)

Syp.Bewin (Winko ayurvedic)

Syp.Bolavit (Akram lab)

Syp.Reovit (Jayson unani)

Syp.Galacto( Sheed Pharma)

Syp.Famevit (Fame unani)

Syp.Askoton (Ashoka lab)

Syp.Bolarist S (SB lab) Syp.Giovit (Herbaid limited) SypBolarist A( Acme laboratories) Syp.Sapnic (Robins ayurvedic) Syp.Supraton( Genous Pharma) Syp.Vitorist ( Hamdord laboratories) Syp.APBolarist ( AP ayurvedic) Syp.A Vital ( Ashoka laboratory) Syp.Enerton (Square herbal) Syp.Chemovit(Chemist)

# ASWAGANDHARIST

**ASWAGANDARIST** is a single herbs which have rejuvenative, aphrodisiac and antioxidant properties. It restores loss of memory and used in case of nervous exhausted, spermatorrhea, senile debility. It is used in nervous debility, reduce libido, insanity, insomnia, swooning and general decay. It is also used for all ages of both male and female patients.

INDICATIONS :Nervous debility, Reduce libido ,Insanity ,Insomnia ,Swooning ,General weakness . DOSAGES :

If powder 1 tsf 2 times daily or as directed by unani physician. If syrup 2-4 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect

MARKET DRUG :

Syp Ashogondarist ( Hamdord laboratories) Syp.Nervolin( Acme laboratory) Syp.Winfit( Winko Pharma ayurvedic) Syp.Mediton(SB Lab) Same band name in different company.

### LANA

**LANA** is unique combination of valuable herbs of nux vomica, piper longgum, piper nigrum, Ada, zafran which acta in nervous debility.

INDICATIONS: Nervous debility, Paralysis ,Facial paralysis ,Convulsion, Epilepsy ,Joint pain, Gout, Sexual weakness .

DOSAGES :

1-2 tsf 2 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect.

<u>MARKET DRUG</u> :Bengal unani laboratories, IBN Sina, Feni dawyakhana, Mansons pharmaceutical, Hamdord laboratories, company same band name marketed.

## JADOWER

**JADOWER** is special preparation of nervous tonic. It increase power of reproductive system. It also helps to prevent premature ejaculation. It plays an important role to reduce sexual weakness, night pollution.

INDICATIONS :Nervous debility, Premature ejaculation ,General weakness , Sexual weakness .

DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

<u>MARKET DRUG :</u> Tab.Nervex (Neptune unani laboratories) Tab.Nervent(Hamdord laboratories)

# **BATARI GUGGUL**

**BATARI GUGGUL** is used to treatment arthritic disorder throughout many countries. It also acts as strong analgesic, anti inflammatory properties and indicated for treatment of arthritis and musculoskeletal pain without any ulcerative side effect.

INDICATIONS: Reduce RA without any ulcerative side effect, Effectively manages musculoskeletal pain, Safe NSAIDS and other corticosteroid, Provide herperlipidemia, Effects along with others cardiovascular benefits.

DOSAGES :

1-2 tabs 2 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosages.

MARKET DRUG :

Cap.Jarvan( Square pharmaceuticals) Tab.Painagone( Ichiban) Cap.Reumin( Akram laboratory)

# AWJAEE

**AWJAEE** is a unique combination of valuable herbs Colchicum luteum, aloe barbadensis, solanum nigrum, terminalia chebula which is highly effective in all kinds of rheumatism such as chronic rheumatoid arthritis, osteoarthritis, sciatica, lumbago, gout, joint pain etc. INDICATIONS : All kinds of rheumatism such as chronic rheumatoid arthritis, Osteoarthritis,

Sciatica,Lumbago,Gout,Joint pain . DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

## MARKET DRUG :

Cap.Awja( Feni dawyakhana) Cap.Remex( Deeplaid pharmaceutical unani) Cap.Remalgin( Mansons pharmaceutical unani) Cap.Reumac( Jayson natural) Cap.Awjin( Sabinko unani laboratories) Cap. Awja( Dr.Mubarak) Tab.Awja ( Genial unani laboratories) Tab.Jointcare( IBN Sina)

# NAGENDRA BOTI

**NAGENDRA BOTI** is a unique combination of valuable herbs in ayurvedic preparation which is highly effective agent all types of rheumatic pain killer. It successfully regulate the calcium balance in the bone. Nagendro boti is rapidly absorbed and metabolic and excrete throughout the stool, urine unchange.

INDICATIONS :Rheumatism ,Osteoarthritis ,Sciatica ,Lumbago,Low back pain ,Gout ,Spondilysis, Arthalgia due to calcium . DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

# MARKET DRUG :

Tab.Reumagon S( Ichiban) Cap.Painer( Winko Pharma ayurvedic) Tab.Zenapain( Genous Pharma) Tab.Reumagon(Ashoka lab) Tab.Painkiller(Chemist)

# BRIHAT BAT CHINTAMONI

**BRIHAT BAT CHINTAMONI** is used to treatment arthritic disorder throughout many countries. It also acts as strong analgesic, anti inflammatory properties and indicated for treatment of arthritis and musculoskeletal pain without any ulcerative side effect.

INDICATIONS:Reduce RA without any ulcerative side effect, Effectively manages musculoskeletal pain, Safe NSAIDS and other corticosteroid ,Provide herperlipidemia, Effects along with others cardiovascular benefits. DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

MARKET DRUG :

Cap.Brihot bat chintamoni( Anirban ayurvedic) Tab.AP brihot bat gajankush(AP ayurvedic) Tab.Brihot bat gajankush shinho(Ap ayurvedic) Cap.AP chintamoni( Ap ayurvedic)

# ROSRAJ RAS

**ROSRAJ RAS**is used to treatment arthritic disorder throughout many countries. It also acts as strong analgesic, anti inflammatory properties and indicated for treatment of arthritis and musculoskeletal pain without any ulcerative side effect.

INDICATIONS:Reduce RA without any ulcerative side effect, Effectively manages musculoskeletal pain, Safe NSAIDS and other corticosteroid ,Provide herperlipidemia,Effects along with others cardiovascular benefits. DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages. <u>MARKET DRUG :</u> Tab.Rojraj ras ( Ap ayurvedic)

## CHAPTER :9

#### External Action of muscle rub/ Rubbing balm

1.Muscle rub 2.Rowghan Surk 3.Arq.Azib 4.Marigold 5.Sondi suda/ Bat Rakhosi

#### **MUSCLE RUB**

# Eases pain and improves movement

Pain....

Is the commonest cause of mobility, disability, work loss in rural and urban communities of Bangladesh. Women are affected more frequently then men.Frist line treatment of localized rheumatic pain and joint stiffness general consists of topical counterirritants such as Oleoresin capsicum.The analgesic effect result from the methoxyphenol portion of the capsaicin molecule that interfers with the lopoxygenase and cyclooxygenase pathway.

INDICATIONS :Muscle pain,Sprains,Strains, Sports injury,Headache,Low back pain , Arthralgia and joint pain ,Osteoarthritis . DOSAGES : As per needed for external use SIDE EFFECT :

SIDE EFFECT : There is no significant side effect

<u>MARKET DRUG :</u> Onit.Remove (Neptune Laboratory) Oint. AP moov(Ap ayurvedic) Oint.Medix(Jayson unani) Oint.Pain off(Roots unani) Oint.Torel(Square pharmaceuticals) Oint.Relibalm(Square herbal) Oint.Coolmax(Acme Laboratory) Oint.Painthol muscle rub (Kemico Pharma ayurvedic)

## ARQ.AZIB

It is rapidly relief from congestion and pain. Its wide spread used rests on it's safe and reliable action as an antiseptic, antiphlogistic and carminative.

INDICATIONS :Headache ,Toothache ,Burns,Earache ,Cough,Cold,Catarrh,Insect bites,Itching ,Scabies , Nose bleeding ,Pneumonia ,Lumbago,Stomach trouble ,Cholera . DOSAGE :

Dosages mainly depend on different diseases SIDE EFFECT : There is no circuit side offect

There is no significant side effect.

<u>MARKET DRUG :</u> Oil.Kuljum( Hamdord laboratories) Oil.Algin(Mansons Laboratory) Oil.Arq.Azib ( Bengal unani laboratories) Oint. Azib( Sanj BD) Oint.G nex( Galaxy Lab)

## **ROWGHON SURK**

It is special preparation of valuable effective herbs like strychnos nux vomica, piper longun,piper nigrum. It is prescribed for the treatment of rheumatoid arthritis, osteoarthritis, nervous debility, general debility,neuralgia. Azaraki is also effective in joint pain, paralysis, facial paralysis, numbness. INDICATIONS :rheumatoid arthritis, osteoarthritis,nervous debility, general debility,neuralgia, It is also effective in, joint pain, paralysis,facial paralysis, numbness. DOSAGES: 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

<u>MARKET DRUG :</u> Oil.Kuljum( Hamdord laboratories) Oil.Abe hayat( IBN Sina) Oil.Rubicool( Millat unani laboratories) Oil.Multicure( Feni dawyakhana)

#### MARIGOLD

## Eases pain and improves movement

Pain....

Is the commonest cause of mobility, disability, work loss in rural and urban communities of Bangladesh. Women are affected more frequently then men.Frist line treatment of localized rheumatic pain and joint stiffness general consists of topical counterirritants such as Oleoresin capsicum.The analgesic effect result from the methoxyphenol portion of the capsaicin molecule that interfers with the lopoxygenase and cyclooxygenase pathway.

INDICATIONS : Wounds , Burns, Dermatitis , Dry skin , Leg ulcerBoils, roctitis .

DOSAGES :

As per needed for external use SIDE EFFECT : There is no significant side effect

MARKET DRUG :

Oint.Coolmax( Acme Laboratory) Oint.Merimint( Acmes laboratory) Oint.Skibic(SB Lab)

# DORDE SONDI/SONDI SUDA

It is a unique combination of valuable herbs Colchicum luteum, aloe barbadensis, solanum nigrum, terminalia chebula which is highly effective in all kinds of rheumatism such as chronic rheumatoid arthritis, osteoarthritis, sciatica, lumbago, gout, joint pain etc.

INDICATIONS : All kinds of rheumatism such as chronic rheumatoid arthritis,Osteoarthritis, Sciatica,Lumbago,Gout,Joint pain . DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

### MARKET DRUG :

Oil.Dorde sondi( Sabinko unani laboratories) Oil.Alium( MK Laboratory) Oil.Bat rakkhosi ( Feni dawyakhana) Oil.Reuma ( Ichiban Laboratory)

# **CHAPTER** :10

# ANTI DYSENTERY PREPARATION DRUG

Now we discussed about anti dysentery drugs under the following groups below 1.Pechis 2.Belgiri 3.Ral 4.Kutosjarista 5.Muiya 6.Amrakhoshi 7.Kurochi 8.Centurin 9.Ja.Mustogi

# PECHISH

Pechish is a special preparation of valuable natural ingredients such as Quercus infectoria, Terminalia chebula, Phullanthus emblica, Crocus sativus etc. It is highly effective in the treatment of amoebic dysentery, bacillary dysentery. It normalize the hypermotility of the digestive systems and relieves abdominal pain.

INDICATIONS :Amoebic dysentery ,Bacillary dysentery ,Diarrhoea ,Gastrointestinal colic. DOSAGES :

2-3 tabs 2-3 times daily or as directed by unani physician SIDE EFFECT :

There is no significant side effect.

#### MARKET DRUG :

Qurs.Pechish( Feni dawyakhana) Tab.Herbazyl( IBN Sina Pharmaceutical) Tab.Dysentric( Dr.Mubarak) Syp.Dysin( Galaxi Laboratory) Tab.Ferula (Sanj Bangladesh) Cap.Dysocap( Mansons pharmaceutical unani) Tab.Dysni( Hamdord laboratories) Tab.Pechin( Sabinko unani laboratories) Syp.Dyrotab( Jayson natural) Tab.Dyral( Idral unani laboratories) Cap.Dystro( Sadek unani laboratories) Tab.Biopen( Genial unani laboratories) Syp.Dirosam( Shams unani laboratories) Cap.Atoryl( Active unani laboratories) Also market Sof.Pechish Hamdord laboratories, Feni dawyakhana, Bengal unani laboratories are marketed same band name.

## BELGIRI

Belgiri is Unique syrup prepared from Aegle marmelos( bel) and Holarrhena antidysenytrica (Kurchi) which is very effective in amoebic dysentery, bacillary dysentery, diarrhoea. It also relief irritable bowel syndrome.
INDICATIONS :Dysentery, Diarrhoea.
DOSAGES :
2-3 tsf 2-3 times daily or as directed by unani physician.
SIDE EFFECT :
There is no significant side effect has been reported in proper dosage.

#### MARKET DRUG :

Syp.Amrex( Uni drug unani laboratories) Syp.Bel( IBN Sina pharmaceutical unani) Syp.Dysentop(Dr.Mubarak) Syp.Kul( Neplous unani laboratories) Syp.Beladol( Galaxi Laboratory) Syp.Apzol( Ap unani laboratories) Syp.Dyrosin(Sanj BD) Syp.Dyson( Mabsons Pharma unani) Syp.Merbelus( Hamdord laboratories) Syp.Dyroma( Jayson natural) Syp.Dyral( Idral unani laboratories) Syp.Daidep( Botanic Pharma unani) Syp.Dysol( Popy unani laboratories) Syp.Dydek( Sadek unani laboratories) Syp.dysentral(IK unani laboratories) Syp.Dydisol (Millat unani laboratories) Syp.Dyronil( Roots unani laboratories) Syp.Amozol( Joy unani laboratories) Syp.Dioxon( Genial unani laboratories)

### RAL

Ral is a unique combination medicine prepared with valuable natural ingredients which is highly effective in the treatment of diarrhoea. It strengthen the gastrointestinal bariar. It prevent gastrointestinal ulcer, intestinal ulcer. It is also effective in remove convulsion. INDICATIONS :Diarrhoea, Gastrointestinal ulcer, Intestinal ulcer, Intestinal ulcer, Convulsion.

DOSAGES : 1-2 tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Tab.Imoral( Popy unani laboratories) Tab.Ral( Dr.mubarak) Tab.Hunter( Hamdord laboratories)

# KUROCHI

Kurochi is a unique combination medicine prepared with valuable natural ingredients which is highly effective in the treatment of diarrhoea. It strengthen the gastrointestinal bariar. It prevent gastrointestinal ulcer, intestinal ulcer. It is also effective in remove convulsion and Rectal bleeding, Peptic ulcer, Duodenal ulcer

INDICATIONS : Diarrhoea ,Gastrointestinal ulcer, Intestinal ulcer ,Convulsion,Anorexia,Inflammation . DOSAGES :

4tsf 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Holarent( Hamdord laboratories) Syp.Amocid ( Square herbal)

# SOF.MUIYA

Muiya is a unique combination medicine prepared with valuable natural ingredients which is highly effective in the treatment of diarrhoea. It strengthen the gastrointestinal bariar. It prevent gastrointestinal ulcer, intestinal ulcer. It is also effective in remove convulsion and Rectal bleeding, Peptic ulcer, Duodenal ulcer

INDICATIONS :Diarrhoea ,Gastrointestinal ulcer ,Intestinal ulcer ,Convulsion, Anorexia,Inflammation. DOSAGES :

2tsf 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage MARKET DRUG :

Sof.Muiya ( Hamdord laboratories)

Same band name in different company

# **KUTOSJARIST**

KUTOSJARIST is a unique combination medicine prepared with valuable natural ingredients which is highly effective in the treatment of diarrhoea. It strengthen the gastrointestinal bariar. It prevent gastrointestinal ulcer, intestinal ulcer. It is also effective in remove convulsion and Rectal bleeding, Peptic ulcer, Duodenal ulcer

INDICATIONS : Diarrhoea ,Gastrointestinal ulcer ,Intestinal ulcer ,Convulsion, Anorexia,Inflammation. DOSAGES :

2tsf 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage

MARKET DRUG :

Syp.Amodi(Feni dawyakhana) Syp.Holadys(Robins unani laboratories) Syp.Kolizol(Genous Pharma) Tab.Kolitab(Genous Pharma) Syp.Dygiro(Ichiban Laboratory) Syp.Dysentro B (SB laboratories) Syp.Amonid(Akram laboratory) Syp.Dysentrogin(Akram laboratory) Sup.Amocid(Square hetbal) Syp.Dysenzi(Fame Pharma) Syp.Kutosjarist(IK Pharma ayurvedic) Syp.Kutosjajarist(Bengal ayurvedic)

# **AMRAKKHOSHI**

AMRAKKHOSHI is a unique combination medicine prepared with valuable natural ingredients which is highly effective in the treatment of diarrhoea. It strengthen the gastrointestinal bariar. It prevent gastrointestinal ulcer, intestinal ulcer. It is also effective in remove convulsion and Rectal bleeding, Peptic ulcer, Duodenal ulcer

INDICATIONS :Diarrhoea, Gastrointestinal ulcer ,Intestinal ulcer ,Convulsion, Anorexia,Inflammation. DOSAGES :

2tsf 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage

MARKET DRUG :Syp.Dysentery no (Ichiban Laboratory ayurvedic)

# CENTURIN

CENTURIN is a unique combination medicine prepared with valuable natural ingredients which is highly effective in the treatment of diarrhoea. It strengthen the gastrointestinal bariar. It prevent gastrointestinal ulcer, intestinal ulcer. It is also effective in remove convulsion and Rectal bleeding, Peptic ulcer, Duodenal ulcer

INDICATIONS : Diarrhoea ,Gastrointestinal ulcer ,Intestinal ulcer ,Convulsion, Anorexia,Inflammation, Brain tonic,Chronic dysentery .

DOSAGES :

2tsf 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage

MARKET DRUG :

Cap.Centurin( Hamdord laboratories) Cap.Centrica( Drug International)

# JA.MUSTOGI

It is a unique combination medicine prepared with valuable natural ingredients which is highly effective in the treatment of diarrhoea. It strengthen the gastrointestinal bariar. It prevent gastrointestinal ulcer, intestinal ulcer. It is also effective in remove convulsion and Rectal bleeding, Peptic ulcer, Duodenal ulcer

INDICATIONS :Diarrhoea ,Gastrointestinal ulcer ,Intestinal ulcer ,Convulsion, Anorexia,Inflammation, Brain tonic,Chronic dysentery.
DOSAGES :
2tsf 2-3 times daily or as directed by unani physician.
SIDE EFFECT :
There is no significant side effect has been reported proper dosage

### MARKET DRUG :

Ja. Mustogi same band name in different company.

# CHAPTER :11

# ANTI DIARRHEAL DRUG

Now we discussed about anti diarrheal drug under the following groups below 1.Probiotic 2.Piperment 3.Ja.Mustogi PROBIOTIC

## The natural flora of Human gut.

Probiotic- A unique symbiotic Formulation

ORS+Probiotic in acute diarrhoea management

WHO recommended that oral rehydration salaine and probiotic can be used acute diarrhoea management and electrolyte losses along with probiotics.

Acute diarrhoea management – probiotic therapy with ORS restoes intestinal non pathogenic bacteria helps to maintain mucosal Integrity and improve electrolyte balance.

*Highly effective Against antibiotics associated diarrhoea, infectious diarrhoea, travelling diarrhoea. Probiotic with ORS reduce duration of diarrhoea in young children by 20%* 

INDICATIONS :Diarrhoea and diarrhoea related illness ,Digestive problem like IBS,Ulcers, Ulcerative colitis,Helicobactor pylory infection ,Lactose intolerance ,Antibiotic associated illness ,

Vaginal infection .

DOSAGES :

1-3 caps 3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect

#### MARKET DRUG :

Cap.Good gut( Renata) Cap.Probio( Square herbal) Cap.Prolacto( Drug international) Cap.Probiotic (Total herbal) Cap.Acteria ( Radiant) Cap.Lactomax( Dayee) Sachet protic( Kemico Pharma) Cap.Biogut( Sandoz) Susp.Interogerminia( Sanofi) Cap.Prodep(Chemist) Cap.Luvena(Incepta) Cap.Lactobiotic(SB Lab)

## JA.MUSTOGI

It is a unique combination medicine prepared with valuable natural ingredients which is highly effective in the treatment of diarrhoea. It strengthen the gastrointestinal bariar. It prevent gastrointestinal ulcer, intestinal ulcer. It is also effective in remove convulsion and Rectal bleeding, Peptic ulcer, Duodenal ulcer

INDICATIONS :Diarrhoea ,Gastrointestinal ulcer ,Intestinal ulcer ,Convulsion, Anorexia,Inflammation, Brain tonic,Chronic dysentery .

DOSAGES :

2tsf 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage

<u>MARKET DRUG :</u>

Ja. Mustogi same band name in different company.

**PIPERMENT OIL** 

# **BOTANICAL NAME:**Mentha arvensis

COMPOSITION:Each soft gelatin enteric coted capsule contains peppermint oil. INDICATIONS:Gastrointestinal smooth muscle relaxes,Flatulence,Colic relieves,IBS,Diarrhoea. DOSAGES: 1CAPS 3times daily or as directed by unani physician SIDE EFFECT: There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG:</u> Cap.Mintek(Drug International) Cap.Colmint(Square herbal)

# CHAPTER :12

# PARALYSIS DRUG

Now we discussed about paralysis drug by the following groups 1.Maj.Lana 2.Maj.Azaraqi 3.Khamira gawjaban ambori 4.Dimagi 5.Arecona 6.Brahmi Rasayon 7.Syp.Aswagandharist 8.Kushta horital 9.Kushta parazibok 10. Rowahon Falez 11.Borsasa 12.Rasraj ras 13.Ros sindur 14.Gingobiloba 15 Centurin

#### **BRAHMI RASAYON**

It is unique preparation of ayurvedic medicine which acts brain tonic. INDICATIONS :Relive of Strength, Valour,SplenderMemory retentive ,Loss of memory ,Menstrual flax and spermetic. DOSAGE: Adult :2tsf daily Children :1 tsf daily Or as directed by unani physician SIDE EFFECT : There is no significant side effect

<u>MARKET DRUG :</u> Syp.Nidoven( Ashoka laboratory)

Syp.Braintel( Acmes Laboratory) Syp.Monera( Square pharmaceuticals) Syp.Brahmmi rasayon( Bengal ayurvedic) Syp.....(LT)

# **ROS SINDUR**

It is a unique combination medicine prepared by effective herbs of ayurvedic which acts as relive of strength, valour,splender,memory enhancement, tranculizer,tridos nasok. INDICATIONS :Relive of Strength ,Valour,Splender,Memory retentive ,Loss of memory ,Menstrual flax and sparmetic,paralysis . DOSAGE: Adult :2tsf daily Children :1 tsf daily Or as directed by unani physician SIDE EFFECT : There is no significant side effect

## MARKET DRUG :

Powder ras sindur( Sokti ousadoloy) Tab.Ras sindur( Bengal ayurvedic)

# **ROSRAJ ROS**

It is a unique combination medicine prepared by effective herbs of ayurvedic which acts as relive of strength, valour,splender,memory enhancement, tranculizer,tridos nasok. INDICATIONS :Relive of Strength ,Valour,Splender,Memory retentive ,Loss of memory , Menstrual flax and sparmetic,paralysis . DOSAGE: Adult :2tsf daily Children :1 tsf daily Or as directed by unani physician SIDE EFFECT : There is no significant side effect MARKET DRUG :

Same band name in different company

### DIMAGI

It is unique preparation of ayurvedic medicine which acts brain tonic. INDICATIONS :Relive of Strength, Valour,Splender,Memory retentive ,Loss of memory, Menstrual flax and spermetic. DOSAGE: Adult :2tsf daily Children :1 tsf daily Or as directed by unani physician SIDE EFFECT : There is no significant side effect

<u>MARKET DRUG :</u> Syp.Dimagi( IBN Sina) Syp.Dimagi( Dr.Mubarak)

### ASWAGANDHARIST

It is a single herb which have rejuvenative, aphrodisiac, anti oxidant properties. It restores loss of memory and is used in case of nervous exhausted, spermatophore, senile debility. It is used nervous debility, reduce libido, insanity, insomnia, swooning and general decay. It is also used for all ages of both male and female patients.

INDICATIONS : Nervous debility, Reduce libido ,Insanity ,Insomnia ,Swooning ,General decay . DOSAGES :

If powder 1 tsf 2 times daily or as directed by unani physician.

If syp.2 tsf 2-3 times daily or as directed by unani physician . SIDE EFFECT :

There is no significant side effect.

<u>MARKET DRUG :</u> Syp Ashogondarist ( Hamdord laboratories) Syp.Nervolin( Acme laboratory) Syp.Winfit( Winko Pharma ayurvedic) Syp.Mediton(SB Lab) Same band name in different company.

# MAJ.LANA

Lana is unique combination of valuable herbs of nux vomica,piper longgum,piper nigrum,Ada,zafran which acta in nervous debility. INDICATIONS : Nervous debility ,Paralysis ,Facial paralysis ,Convulsion ,Epilepsy ,Joint pain ,Gout, Sexual weakness . DOSAGES : 1-2 tsf 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect. MARKET DRUG :

Bengal unani laboratories, IBN Sina, Feni dawyakhana, Mansons pharmaceutical, Hamdord laboratories, company same band name marketed.

# MAJ.AZARAQI

Azaraqi is special preparation of valuable effective herbs like strychnos nux vomica, piper longun,piper nigrum. It is prescribed for the treatment of rheumatoid arthritis, osteoarthritis, nervous debility, general debility,neuralgia. Azaraki is also effective in joint pain, paralysis, facial paralysis, numbness. INDICATIONS : rheumatoid arthritis, osteoarthritis,nervous debility, general debility,neuralgia, Azaraki is also effective in, joint pain, paralysis,facial paralysis, numbness. DOSAGES:

1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

MARKET DRUG :

Tab.Aznar( IBN Sina) Tab.Azalex( Neptune Laboratory) Tab.Palcid ( Mansons pharmaceutical unani) Tab.Riton( Genial unani) Tab.Rosnum( Hamdord laboratories) Tab.Azarin( Sanj BD) Tab.Azaraki ( Bengal unani laboratories)

### BARSASA

It is special preparation of nervous tonic .It increase power of reproductive system. It also helps to prevent premature ejaculation. It plays an important role to reduce sexual weakness, night pollution. INDICATIONS :Nervous debility,Premature ejaculation ,General weakness ,Sexual weakness . DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported proper dosages.

<u>MARKET DRUG :</u> Tab.Nervex (Neptune unani laboratories) Tab.Nervent(Hamdord laboratories)

# KHAMIRA GAWZABAN

It is unique preparation of ayurvedic medicine which acts brain tonic. INDICATIONS : Relive of Strength, Valour,Splender,Memory retentive ,Loss of memory ,Menstrual flax and spermetic. DOSAGE: Adult :2tsf daily Children :1 tsf daily Or as directed by unani physician SIDE EFFECT : There is no significant side effect MARKET DRUG :

Arq.Gaozoban (Bengal unani laboratories) SB Gaozoban (Sanj BD) Syp.B Tone (Botanic Pharma) Cap.Popex(Popy unani laboratories) Syp.Multined plus (Nidhi unani laboratories) Syp.Atomex(Active unani) Syp.Gplex (Galaxi Laboratory) Same band name in different company.

### ARECA

It is a single herb. It is Special preparation of various natural ingredients which is effective in the treatment of paralysis, nervous debility and facial paralysis.

INDICATIONS :Paralysis ,Numbness ,Sexual weakness ,Facial paralysis. DOSAGES :

1-2 tabs or 3-4 tsf 1-3 times daily or as directed by unani physician. SIDE EFFECT:There is no significant side effect has been reported proper dosage <u>MARKET DRUG</u>:Syp.Arecona(Jayson natural)

### CENTURIN

**CENTURIN** is a unique combination medicine prepared with valuable natural ingredients which is highly effective in the treatment of diarrhoea. It strengthen the gastrointestinal bariar. It prevent gastrointestinal ulcer, intestinal ulcer. It is also effective in remove convulsion and Rectal bleeding, Peptic ulcer, Duodenal ulcer

INDICATIONS :Diarrhoea , Gastrointestinal ulcer ,Intestinal ulcer ,Convulsion, Anorexia,Inflammation, Brain tonic,Chronic dysentery .

DOSAGES :

2tsf 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage

MARKET DRUG :

Cap.Centurin( Hamdord laboratories) Cap.Centrica( Drug International)

### **KUSHTA PARABOK**

It is special preparation of valuable effective herbs like strychnos nux vomica, piper longun,piper nigrum. It is prescribed for the treatment of rheumatoid arthritis, osteoarthritis, nervous debility, general debility,neuralgia. Azaraki is also effective in joint pain, paralysis, facial paralysis, numbness. INDICATIONS :rheumatoid arthritis, osteoarthritis,nervous debility, general debility,neuralgia, Azaraki is also effective in, joint pain, paralysis,facial paralysis, numbness. DOSAGES:

1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported proper dosages.

MARKET DRUG : company same band name marketed.

### KUSHTA HORITAL

It is unique combination of valuable herbs of nux vomica, piper longgum, piper nigrum, Ada, zafran which acta in nervous debility.

INDICATIONS: Nervous debility ,Paralysis ,Facial paralysis ,Convulsion , Epilepsy ,Joint pain , Gout,Sexual weakness .

DOSAGES : 1-2 tsf 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect.

### MARKET DRUG :

Bengal unani laboratories, IBN Sina, Feni dawyakhana, Mansons pharmaceutical, Hamdord laboratories, company same band name marketed.

# GINGOBILOBA

It is a natural remedy for deficits of brain. It is used to combat memory loss due to close arteries in the brain. It may treatment dizziness, ringing in the ears, headache and emotional hypersensitivity accomplished by anxiety.

INDICATIONS :Cerebral insufficiency, Memory loss ,Depression , Attention and memory loss due to Alzheimer's disease, Multi infract dementia .

DOSAGES :

1caps 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage

### MARKET DRUG :

Cap.Biloba( Drug international) Cap.Altiver( Kemico) Cap.Giloba( Square pharmaceuticals) Cap.Gingo( Acme laboratory) Cap.Ginoba( Radiant herbal) Cap.Premelos( Incepta Pharma) Cap.Zico(Chemist) Cap.Kobi(Hamdord) Cap.Gingoba(IBN Sina) Cap.Geebee(Ranata) Cap.Brabolex(SB Lab)

# **ROWGHON FALEZ**

It is a special natural oil preparation of valuable effective ingredient such as Calotropis gigantea, Cochineal insect, Myristica fragrans, Syzygium aromaticum, Anacyclus pyrethrum, Castorium Crocus sativus. The judicious combination of all these natural ingredients make the product safe and effective remedy which is highly effective in sluggishness and obliquity of male genital organ. INDICATIONS : Sluggishness, Obliquity of male genital organ, Sexual weakness, Nervous debility. DOSAGES :

*Rub gently with sufficient oil on affected area 2-3 times daily or as directed by unani physician. SIDE EFFECT :* 

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Oil.Peniton( Hamdord laboratories) Oil.Vigogel( IBN Sina) Same band name in different company.

# CHAPTER :13 DRUG OF TUMOUR OR CANCER

1.Muhallele Awramin 2.B.Badi 3.Jigarine 4.Tiriake awramin 5.Evening primrose oil 6.Nukaye shahatara 7.Masrum/Ganoderma 8.Thuza.

# JIGARINE / BORONGIN

### Effective in inflammation, Enlarged and Sluggish liver.

The normal function of the liver ensure good health. Jigarine helps to restoring liver in normal function. Jigarine is a specific unani preparations for enlarge and sluggish liver, infectious hepatitis, inflammatory conditions of liver. Jigarine contains Achillea millefolium regarded as lipotropic and sudorific and effective in infectious hepatitis. Artemisia absinthium helps and reduce liver, spleen inflammation.

INDICATIONS : Hepatitis, Liver abscess ,Liver cirrhosis ,Jaundice ,Fatty liver ,Psoriasis ,All kinds of skin diseases .

DOSAGES :

1sachet 1-2 times daily or as directed by unani physician.

SIDE EFFECT :

Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite.

**PREGNANCY** :

It should not be used during pregnancy and lactation

### MARKET DRUG :

Pakistani Jigarina Cap.Jigarine (Hamdord laboratories) Tab.Icterine(Hamdord laboratories) Syp.Icturn(Hamdord laboratories) Sof.Livo plus (Neplous unani lab) Sof.Kabedi (Ibn sina)

### SHAHTARA

SHAHTARA prepared with valuable natural herbs that cleanses entire system of the body.Be Beautiful, slim, smart. Take It for at least three month and you will get glowing skin forever. Use anything else and you will just be scratching the surface. Because only It can reach deep inside the blood and removes the impurities that cause pimples, acne, blemish, and eruption from the root. It also helps to reduce excess weight and Allergy. **INDICATIONS** :

Acne vulgaris, Pimples, Boils, Skin eruption ,Impurities of blood, Allergy, Chronic and temporary constipation, Itching, Scabies, Rheumatism,

DOSAGES AND ADMINISTRATION:

1-2 Teaspoonful 2-3 times daily or as directed by the physicians. If syrup 3-4 Teaspoonful 2-3 times daily.

SIDE EFFECT : Have no side effects or toxicity PREGNANCY :

It is safe for pregnancy for proper dosages. PRESENTATIONS :

100 mg majun in pot.

MARKET DRUG :

1.Syp.Shahtara (Feni Dawyakhana)

2.Arq.Shahtara (Bengal Unani laboratories)

3.Et.Shahtara (Hamdord laboratories)

4.Et.Shahtara (Neptune laboratories)

5.Et.Shahtara (Bengal Unani)

6.Et.Shahtara( Ibn sina)

### THUZA

It is a herbal medicine which prepared by effective herbs is very effective in lyphoma,mastalgia,hemangioma,carcinoma, tumour.

INDICATIONS : Lymphoma, Mastalgia, Hemangioma, Carcinoma, Tumour. DOSAGES :

4tsf 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported the proper dosage.

MARKET DRUG :

Syp.Thuza/ Nayontara( Modern herbal) Same band name in different company.

### **EVENING PRIMROSE OIL**

### Care for health and beauty

Evening primrose oil improve skin parameters. It is a unique single herb which also effective in mastalgia,tumour,cancer,all kinds of skin diseases.

INDICATIONS :Mastalgia,Tumour,Cancerall kinds of skin diseases.

DOSAGES :

2caps 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Cap.Eprim( Square pharmaceuticals) Cap.Primacap( Drug international) Cap.Primavera( Renata) Cap.Rose( General Pharma) Cap.Femorose(Incepta) Cap.SBprim(SB Lab)

### MASRUM

It is western masrum mycelium. It had high power polisecaraide, high power organic, Aminoacid, vitamin and minerals.

INDICATIONS : Development of immunity power , Increase sexual hormones ,Anti oxidant ,Increase blood circulation ,Brain and cardiac tonic.

DOSAGES :

1tsf 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

### MARKET DRUG :

Nigella masrum cap( Agro bright future food) Geno herbs( Geno masrum company) Same band name in different company.

### B.BADI

It is a unique formulation of terminalia chebula , berberis aristata and others ingredients. It is also effective in different types of hemorrhoids or all kinds of hard or solid muscle increase in the body and constipation.

INDICATIONS :Hemorrhoids ,Flatulence and constipation ,Hard and solid muscle increase in the body , Also effective in tumour .

DOSAGES :

2tabs 3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Tab.Hemorin( IBN Sina) Tab.Handroid ( Hamdord laboratories) Tab.Pilex( Neptune Laboratory) Same band name in different company market

### MUHALLELE AWRAMIN

It is a unique unani formulation medicine. It is very effective in tumours, cancer, all kinds of infection. Only one company make this medicine. DOSAGES : 3tsf 4 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage.

### MARKET DRUG :

Syp.Awramin( Feni dawyakhana)

### TIRIAKE AWRAMIN

It is a unique unani formulation medicine. It is very effective in tumours, cancer, all kinds of infection. Only one company make this medicine. DOSAGES : 3tsf 4 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Tiriake awramin( Feni dawyakhana)

# CHAPTER :14

### ANTI EMITIC DRUG

1.Tamarhindi 2.Carminative drug 3.Bisbasa 4.Rubarb 5.Adasut 6.Bhubeneswar

17.Ja.Kumuni

### TAMARHINDI

It is a unique formulation of tamarindus indica,aquilaria agallocha,elettaria cardomomum,mentha arvensis and others ingredients. INDICATIONS :Anorexia ,Nousia and vomiting ,Indigestion ,Flatulence . DOSAGES : 1-2 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Ja.Tamorhind ( Hamdord laboratories) Same band name in different company marketed

# CARMINATIVE DRUG

# NATURAL CARMINATIVE OR DIGESTENT

Now we discussed about natural carminative or digestive below under the following groups : 1.Amaloki rasayon 2.Mustakarista 3.Zirakaddhorist 4.Arq.Zira 5.Hazmina 6.Humuzin 7.Arq.Nankhah 8.Papita 9. Dasangokwath 10.Jamani ara 11.Arg.Pudina 12.Arg.Taskeen 13.Vaskar laban 14.Qurs. Hazmola 15.Arg.Hazim 16.Sof. Jurhin

18.Sof.Triphola 19.Arq.Badian 20.Tabkhir 21.Sof.Suci 22.Amlapittantok ras 23.Janzabeel 24.Qarhin 25.Lilabilash 26.Hinggastic churna 27.Coenzyme 28.ABIPATTIKOR CHURNA

#### AMALOKI RASAYON

### VITAMIN CAN SAVE MILLIONS OF PEOPLE OF HEART ATTACK.

Vitamin c deficiency, common cause of heart disease, result million of people's of death each year. Amloki rasayan is an excellent natural vitamin c and carminative. Benefit over synthetic vitamin c. Highest source of natural vitamin c Super anti oxidant and prevent ageing Heart and storage stable due to chemical nature. Dental Erosion may occur chewing vitamin c supplement which can be omitted by syrup. Best carminative and digestant. INDICATIONS : Indigestion , Dyspepsia , Flatulence Constipation , Abdominal pain due to gases, Stomach and liver disorder, Deficience of vitamin c. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother.

#### MARKET DRUG :

Syp.Ascocid ( Ashoka laboratory) Syp.Phylika( Winko Pharma) Syp.Dipep ( Ichiban Laboratory) Syp.Dilucid ( Sheed Pharma) Syp.Amcivit ( Square pharmaceuticals) Syp.Akrocid ( Akram laboratory) Syp.Amloki rasayan ( Feni) Syp.AB Cid ( AB Pharma) Syp.Amloki rasayan ( IK Pharma) Syp.Amlacid(Acme Lab) Syp.Amlac(Jaysone natural) Syp.Scormin(SB Lab)

#### HAZMINA

Hazmina is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS : Indigestion ,Dyspepsia ,Flatulence ,Constipation, Abdominal pain due to gases, Stomach and liver disorder. DOSAGES :

Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

#### MARKET DRUG :

Syp.Manzyne (Mansons pharmaceutical) Syp.Digeco (Sabinko unani laboratories) Syp.R mina (Rediant unani) Syp.Gastocon(Neptune laboratories) Syp.Gastonil (Neptune laboratories) Syp.Engined (Nidhi unani laboratories) Cap.Engined plus (Nidhi unani laboratories) Syp.Alpep (Unifel unani laboratories) Syp.Hazmolex(IK Pharma unani) Syp.Sypon(Active unani) Cap.Sepno( Neplous unani laboratories) Syp.Stomazeyl (Keya laboratories) Syp.Hazmi (IBN Sina) Tab.Hazmi (IBN Sina) Arg.Hazim(Bengal unani laboratories) Tab.Carmina (Hamdord laboratories) Syp.Carmina (Hamdord laboratories) Syp.Popycid( Popy unani laboratories) Syp.Stocin( Botanic Pharma) Syp.Hazem(Joy Pharma) Cap.Digmina (Deeplaid pharmaceutical) Syp.Herbocid (Dr.Mubarok) Syp.Sanpep(Sanj BD) Syp.Digipep (Roots Pharma) Syp.Simecon( Roots Pharma) Syp.Remina (Rebirth unani laboratories) Syp.Hazmi plus (Parents unani) Syp.Difens (Drug international)

#### JAMANI ARQ

Jamani arq is a ayurvedic liquid preparation medicine which is formulated from jamani seed in a scientific maner. It provide quickly relief from several digestive problem like indigestion, dyspepsia, flatulence, abdominal pain due to gases, Constipation.

INDICATIONS : Indigestion , Dyspepsia , Flatulence , Constipation , Abdominal pain due to gases,

Stomach and liver disorder.

DOSAGES :

Child : 1 tsf 2 times daily

Adult : 2-3tsf 2-3 times daily.

Side effect:

Have no side effect if maintain dosage.

PREGNENCY:

It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u>

Syp.Digac( Acme laboratories)

Syp.Jainarq( Jayson natural)

Syp.Amiton(SB laboratories)

Syp.Dygest( AP ayurvedic)

### JIRAKADDHORIST

### A natural carminative syrup.

A very good supplement for lactating mother and pregnant women. Due to content of three Remarkable amount of calcium High amount of iron B- complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion, Dyspepsia, Flatulence, Constipation, Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY:** It is safe for pregnancy and lactating mother. MARKET DRUG: Syp.AP Jirokaddhorist( Ap Ayurvedic) Brihot jirokaddhomodok Syp.Jirokaddhorist (Ichiban Laboratory) Syp.Zainid (Herbaid limited) Syp.Jirokaddhorist (Fen drugs) Syp.Pepnor (Square pharmaceuticals)

#### MUSTAKARIST

A natural carminative syrup a very good supplement for lactating mother and pregnant women. INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder ,Chronic dysentery . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

#### MARKET DRUG :

Syp.A Digest ( Akram laboratory) Syp.Mustakarist ( Hamdord laboratories) Syp.Acmina ( Acme laboratories) Syp.Elzyme ( Jayson natural) Syp.Zyfame( Fame Pharma) Syp.AP.Mustakarist( AP Ayurvedic) Syp.Diginex( Winko Pharma ayurvedic) Syp.Gascue(Chemist Lab) Syp.Neuropep(SB Lab)

#### ARQ.JIRA

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron **B-** complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Syp.Zynex( Mansons pharmaceutical) Syp.Joinarq(Jaysone natural)

#### ARQ.NANKHAH

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion , Dyspepsia , Flatulence , Constipation, Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother.

#### <u>MARKET DRUG :</u> Cap.Indicap( Popy (

Cap.Indicap( Popy unani laboratories) Syp.Arq.Nankha( Hamza laboratories) Syp.SBNankha( SB Laboratories) Syp.Dipase( Idral Pharma) Syp.Alpro( Deeplaid pharmaceutical) Arq.Nankha( Bengal unani laboratories) Syp.Gesham( Shams unani laboratories) Syp.G pep( Galaxi Laboratory) Syp.Pepnol( Mansons pharmaceutical)

### ARQ.BADIAN

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit – Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

MARKET DRUG : Arq. Badian( Hamdord laboratories), Et. Badian( Hamdord laboratories)

### ARQ.PUDINA

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion, Dyspepsia, Flatulence, Constipation, Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother. **MARKET DRUG :** Tab.Pudinatab( Neptune laboratory) Cap.Pudina(IBN Sina) Arg.Pudina(Hamdord laboratories) Syp.Gripep(Galaxi Laboratory)

#### **JANJABEEL**

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit – Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES :Child : 1 tsf 2 times daily ,Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Syp.Dygestol( ETlab)

### HUMUZIN

HUMUZIN is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS : Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Syp.Mancid ( Mansons pharmaceutical) Syp.Popyzoin( Popy pharmaceuticals) Cap.Omined( Nidhi pharma) Cap.Sufzin( Active unani) Syp.Digim( Joy Pharma) Syp.Humuzin P ( Parents unani) Syp.Popycid ( Popy unani) Syp.Acifast( Genus Pharma)

#### ARQ.HAZIM

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit – Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion , Dyspepsia , Flatulence , Constipation , Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY:** It is safe for pregnancy and lactating mother **MARKET DRUG :** Syp.Senola(Sanj BD) Syp.Hasfen( Feni dawyakhana) Cap.Hasmo SH( Shams unani laboratories) Tab.Hazmotab( Jayson natural) Syp.Stomazen (Genial unani laboratories) Tab.Hazmo A (Acme laboratories) Tab.Hazmin(SB laboratories) Tab.Atizer (Akram laboratory)

#### ARQ.TASKEEN

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion , Dyspepsia , Flatulence , Constipation , Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES**: Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother

<u>MATKET DRUG:</u> Syp.Roda ( Unifel)

#### TABKHIR

TABKHIR is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1 TAB 2 times daily Adult : 2 TABS 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Tab.Azard ( Hamdord laboratories)

#### PAPITA

PAPITA is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities. INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder , DOSAGES : Child : 1 CAP 2 times daily Adult : 2 CAPS 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG:</u> Cap.Zymocap( Mansons pharmaceutical) Cap.Papazin( Sanj BD) Cap.papaya(IBN Sina)

#### TRIPHOLA

Triphola churno is a ayurvedic preparation which is acts Anorexia,Dyspepsia, Flatulence, Constipation, Skin diseases.It is natural medicine. The holistic strength of constipation INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother MARKET DRUG:

Sachet trifola ( Hamdord laboratories) Sof.Trifola ( Feni dawyakhana) Tab.Trifola plus( Ichiban)

# VASKAR LABAN

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS : Indigestion , Dyspepsia , Flatulence, Constipation , Abdominal pain due to gases, Stomach and liver disorder. **DOSAGES**: Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Hazmo A ( Acme laboratories) Tab.Hazmitab (Jaysone natural) Tab.Hasmin(SB Lab)

# HINGGASTIC CHURNA

Gastritis is a group of diseases that cause inflammation of lining of the Stomach.To treatment gastric disorder effectively then hinggastac churno. Natural way to subsidies gastric inflammation. INDICATIONS :Gastritis, Hyperacidity, Gastric ulcer and Duodenal ulcer,Dyspepsia, Indigestion . DOSAGES : 1Caps 3 times daily or as directed by unani physician. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MATKET DRUG :</u> Cap. Ulpep( Square pharmaceuticals) SUCI

Suci is prestigious research product of unani system prepared with Glycyrrhiza glabra which has been used for over 5000 years. Suci is highly effective and safe in the prophylaxis and treatment of peptic ulcer, hyperacidity, gastritis.

It is also effective in sore throat, cough,cold,catarrah,Allergy conditions, inflammation, adrenocorticoid insufficiency. It prevent liver toxicity.

INDICATIONS : Peptic ulcer , Hyperacidity, Gastritis , Dyspepsia , Cough, cold, sore throat , Allergy conditions , Rheumatism .

DOSAGES :

1TSF 2-3 times daily or as directed by unani physician Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Sof.Suci( Dr.mubarak) Sof. Suci( Hamdord laboratories)

### JURHIN

JURHIN is prestigious research product of unani system prepared with Glycyrrhiza glabra which has been used for over 5000 years. It is highly effective and safe in the prophylaxis and treatment of peptic ulcer,hyperacidity, gastritis. It is also effective in sore throat, cough,cold,catarrah,Allergy conditions, inflammation, adrenocorticoid insufficiency. It prevent liver toxicity.

INDICATIONS : Peptic ulcer , Hyperacidity , Gastritis , Dyspepsia , Cough, cold, sore throat , Allergy conditions , Rheumatism .

DOSAGES : 1TSF 2-3 times daily or as directed by unani physician Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Sof.Jurhin( Dr.mubarak) Sof.Jurhin( IBN Sina)

## AMLAPITTANTOK RAS

It is ayurvedic preparation which is helps to normalize the acidity and highly effective Against all types of gastric disorder. It helps to minimise heart burn, pain and inflammation. It is rapidly from the GIT with peak concentration in the plasma occurring about to our after administration by mouth. Throughout the stool And urine unchange.

INDICATIONS : Acidity ,Gastritis , Duodenal ulcer and Gastric ulcer.

DOSAGES : 1Caps 3 times daily or as directed by unani physician. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother <u>MARKET DRUG :</u> Sof.Herbocid ( SB laboratories) Tab.GB(Sheed Pharma)

### LILABILASH

It is ayurvedic preparation which is helps to normalize the acidity and highly effective Against all types of gastric disorder. It helps to minimise heart burn, pain and inflammation. It is rapidly from the GIT with peak concentration in the plasma occurring about to our after administration by mouth. Throughout the stool And urine unchange.

INDICATIONS : Acidity ,Gastritis ,Duodenal ulcer and Gastric ulcer.

DOSAGES :

1Caps 3 times daily or as directed by unani physician. Side effect: Have no side effect if maintain dosage.

PREGNENCY:

It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Cap.Lila20( Ashoka laboratory) Cap.Gaswin( Winko Pharma ayurvedic) Cap.Dimacid ( SB laboratories)

### DASANGOKWATH

DASANGOKWATH is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS : Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1-2 TSF 2 times daily Adult : 2-4 TSF 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Syp.Gasto 4(Jayson natural)

### JA.KAMUNI

A natural carminative syrup a very good supplement for lactating mother and pregnant women. INDICATIONS : Indigestion ,Dyspepsia ,Flatulence ,Constipation, Abdominal pain due to gases, Stomach and liver disorder ,Chronic dysentery . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

### MARKET DRUG :

Ja.Kumuni( Bengal unani laboratories) Ja.Kumuni( Hamdord laboratories) Ja.Kumuni( Fen drugs unani)

### MUNDALIN

MUNDALINIS a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS : Indigestion, Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1-2 TSF 2 times daily Adult : 2-4 TSF 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Sof.Mundalin( Neptune Laboratory) Sof.Locid ( IBN Sina)

### QARHIN

QARHIN is prestigious research product of unani system prepared with Glycyrrhiza glabra which has been used for over 5000 years. It is highly effective and safe in the prophylaxis and treatment of peptic ulcer,hyperacidity, gastritis. It is also effective in sore throat, cough,cold,catarrah,Allergy conditions, inflammation, adrenocorticoid insufficiency. It prevent liver toxicity.

INDICATIONS : Peptic ulcer , Hyperacidity , Gastritis , Dyspepsia , Cough, cold, sore throat ,

Allergy conditions ,Rheumatism .

DOSAGES : 1TSE 2-3 times

1TSF 2-3 times daily or as directed by unani physician Side effect: Have no side effect if maintain dosage.

**PREGNENCY**:

It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Sof.Qarhin ( Hamdord laboratories) Sof.Herbacid ( IBN Sina)

### ABIPATTIKOR CHURNA

It is ayurvedic preparation which is helps to normalize the acidity and highly effective Against all types of gastric disorder. It helps to minimise heart burn, pain and inflammation. It is rapidly from the GIT with peak concentration in the plasma occurring about to our after administration by mouth. Throughout the stool And urine unchange.

INDICATIONS : Acidity ,Gastritis ,Duodenal ulcer and Gastric ulcer. DOSAGES : 1Caps 3 times daily or as directed by unani physician. Side effect:

Have no side effect if maintain dosage. PREGNENCY:

It is safe for pregnancy and lactating mother

MARKET DRUG :

Cap.GPrazol(Sheed Pharma)

# COENZYME Q 10

Coenzyme is a fat soluble substance and acts as a vital intermediate of the electron transport system in the mitochondrial membrane for Cellular respiration and ATP production. Cells and tissue those are metabolically active (Such as heart, immune system, skeleton muscle and gingiva) have the highest requirement of Ubidecareone and most susceptible to Ubidecareonedeficiency. Ubidecareone level in the body decline with advancing age and thus contribute in manifestations of aging. INDICATIONS :

Neurological disorder -Myopathy, Muscular dystrophy, Ataxia, Parkinsons disease, Genitic Neuromuscular disease -Alzheimer's diseases, migraine

Cardiovascular disease –Congestive heart failure, Cardiomyopathy,Hypertension, Heart protection during surgery, Angina

Others –Periodontal gum diseases, Exercise performance, Diabetes, Cancer, Asthma, Thyroid disorder. DOSAGES :

1-3 Caps daily after meal or as directed by unani physician.

SIDE EFFECT :

None known

**PREGNANCY**:

It is safe and relatively well tolerated in recommended dosages.

<u>MARKET DRUG :</u> Cardi -Q 50 ( Square pharmaceuticals) Cap.Cooxident ( SB laboratories)

### BISBASA

It is very effective in pregnant mother. It also effective in stomach problems, hyperacidity, nousia, vomiting. It is a unique formulation of elettaria cardomomum, zinger officinaly, clov and others ingredients.

INDICATIONS: Anorexia ,Nousia and vomiting ,Indigestion ,Flatulence . DOSAGES :

1-2 tsf 3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Ja.Bisbasa( Hamdord laboratories) Same band name in different company marketed.

## RUBARB

RUBARB is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS : Indigestion ,Dyspepsia ,Flatulence ,Constipation, Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : Child : 1 TAB 2 times daily Adult : 2 TABS 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG</u> : Tab.Supat(Hamdord)

# ADASUT

It is a unique single drug. It is effective in digestive disorder. Also helps in hyperacidity, nousia, vomiting. Its main ingredient is zinger officinale. INDICATIONS : Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : As per needed SIDE EFFECT : There is no significant side effect has been reported proper dosage <u>MARKET DRUG :</u> Same band name in different company marketed

# BHUBANESWAR

It is highly effective Enzymatic tablet preparation and a rapid digestive and carminative. It facilities the metabolic pathway and helps the adjuvant to diarrhoea. INDICATIONS : Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases, Stomach and liver disorder . DOSAGES : 1-3 tabs 3 times daily or as directed by unani physician. SIDE EFFECT :There is no significant side effect has been reported proper dosage. <u>MARKET DRUG :</u> Cap.Flaneed ( Bioneed ayurvedic) Same band name in different company marketed.

# **CHAPTER :15** BURNING MICTURATION

1.Chandanasob 2.Buzuri 3.Santara 4.Nilufer

# **CHANDANASOB**

IT Is Ayurvedic liquid preparation medicine which helps to normalize the urinary system and is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching,pain,and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic , Urethritis , All kinds of febrile conditions , Clear the morbid substance from the kidney and urinary bladder .

DOSAGES :

**3tsf 3times daily or as directed by unani physician** 

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Syp.Relin( Winko Pharma ayurvedic) Syp.Chandana(Chemist Lab) Syp.Urinex(SB Lab) Same band name in different company marketed.

# BUZURI

### Buzuri is a unique formulation of unani medicine.

It is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic , Urethritis , All kinds of febrile conditions , Clear the morbid substance from the kidney and urinary bladder .

DOSAGES :

**3tsf 3times daily or as directed by unani physician** 

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG</u>: Syp.Alkuli( Hamdord laboratories) Syp.Alkari( IBN Sina) Syp.Cytron( Mansons pharmaceutical unani) Syp.Urolin( Neptune Laboratory) Same band name in different company marketed.

#### SANTARA

It is a unique formulation of unani medicine.

It is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic , Urethritis , All kinds of febrile conditions , Clear the morbid substance from the kidney and urinary bladder.

DOSAGES :

3tsf 3times daily or as directed by unani physician

SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Syp.Santa( IBN Sina)

Same band name in different company marketed.

### NILUFER

Nilufer is a unani formulation with the valuable natural ingredients like Nymphaea nouchali and others ingredients which acts on burning sensation of whole body and burning micturation, maintain optimum function of liver and kidney.

INDICATIONS : Mental disorder ,Burning sensation of whole body ,Acidity,

Excess thrust ,Anxity,Burning micturation .

DOSAGES :

4tsf 3 times daily or as directed by unani physician.

SIDE EFECT :

There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Syp.Burnex( Unidrug unani laboratories) Syp.Nilufer( Modern herbal) Same band name in different company marketed.

# **CHAPTER :16**

### **BURNING SENSATION OF WHOLE BODY**

1.Nilufer 2.Unnab 3.Buzuri 4.Spirulina 5.Black cohosh 6.Marwardi

### NILUFER

Nilufer is a unani formulation with the valuable natural ingredients like Nymphaea nouchali and others ingredients which acts on burning sensation of whole body and burning micturation, maintain optimum function of liver and kidney.

INDICATIONS : Mental disorder ,Burning sensation of whole body ,Acidity, Excess thrust ,Anxity,Burning micturation . DOSAGES : 4tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Burnex( Unidrug unani laboratories) Syp.Nilufer( Modern herbal) Same band name in different company marketed.

# **BLACK COHOSH**

Black cohosh known as both actaea recemosa and Cimicifuga recemosa.Black cohosh is a native North American plant that has been used for thousand of year by native North American to treatment menopausal syndrome. It has several important Burning sensation of whole body during menopausal Syndrome then black cohosh ingredient including tretepene glycoside and isoflavones and others ingredients including atomic acid,tanins,resins,fatty acid,starches,and sugar.Formononeting is the active elements in the herb that binds to estogens receptor sites inducing an estogen like activity in the body.

*INDICATIONS : Hot flash,Night sweats,Depression, Headache,Burning sensation of whole body . DOSAGES :* 

1-2 tabs 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage

### MARKET DRUG :

Tab.Menocare( Acmes laboratories) Tab.F-Chohosh( IBN Sina) Tab.Ledica(Hamdord) Tab.Mestiza(Incepta) Tab.Menopa(Kemico) Tab.Menofemin(Radiant) Tab.Menolet(SB Lab) Tab.Redclov(Square Herbal)

### MARWARDI

*If burning sensation of whole body during lack of tonic then maroardi.* 

It is a unique formulation of unani medicine which are consists of valuable effective of herbs that burning sensation of whole body of women. Each Maroardi tab contains power of following herbs pistacia untiscus 93.02 sodium borate 46.50mg Quercus infectoria 46.50 mg and others ingredients. INDICATIONS :General decay of female, Calcium deficiency ,Burning sensation of whole body . DOSAGE

1Tab 2-3 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Tab.Femocal( IBN Sina) Tab.Calrif( Hamdord laboratories) Same band name in different company marketed.

### BUZURI

Buzuri is a unique formulation of unani medicine.

It is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching,pain,and inflammation. Itresist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal.It acts as a good diuretic too. INDICATIONS : Spermaturia,Painful micturation,Chromaturis,Diuretic,Urethritis,All kinds of febrileconditions,Clear the morbid substance from the kidney and urinary bladder. DOSAGES : 3tsf 3times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Alkuli( Hamdord laboratories) Syp.Alkari( IBN Sina) Syp.Cytron( Mansons pharmaceutical unani) Syp.Urolin( Neptune Laboratory) Same band name in different company marketed.

### UNNAB

#### It is a unique formulation of unani medicine.

It is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic, Urethritis, All kinds of febrile conditions, Clear the morbid substance from the kidney and urinary bladder, Burning sensation of whole body, All kinds of skin diseases.

DOSAGES :

3tsf 3times daily or as directed by unani physician

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

MARKET DRUG:

Syp.Unnab(Dr.mubarak)

### SPIRULINA

### Natural vitamin and protein

A complete family nutrition to live healthy

Spirulina is a blue – green algae. It is a world-wide popular food supplement. It is marketed as a Nutritional supplement in the USA, Europe, and Arabian countries.

INDICATIONS : Malnutrition, Iron deficiency ,Protein deficiency ,Hyperlipidemia,Skin problems , Unwanted hair loss ,Diabetes mellitus. DOSAGES: 2-3 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect. PREGNANCY AND LACTATING MOTHER : Being a complete natural source of nutrition. It plays an important role in pregnancy and lactating mother.

#### MARKET DRUG :

Cap.Lina( Hamdord laboratories) Cap.Acmes spirulina ( Acme laboratories) Cap.Detox(SB laboratories) Cap.Sipu C ( Fame Pharma) Cap.Spiruwin ( winko Ayurvedic) Cap.Spiro( Parents unani) Cap.Spiro( Parents unani) Cap.Spiru plus ( AB Pharma) Cap.Navit ( Square pharmaceuticals) Tab.Fulvita ( Sheed Pharma) Cap.Spirucap ( Drug international) Cap.Spirucap ( Drug international) Cap.Dirulina ( IBN Sina) Cap.Superlina(Chemist Lab) Cap.Purulin(Radiant Herbal) Cap.Nutrilina(Renata Herbal) Cap.Protinavit(Incepta Herbal)

# CHAPTER :17

# COUGH EXPECTORANT

There are lot of cough expectorant drugs are in unani and ayurvedic system. Now we discussed about cough expectorant drug in below under following groups 1.Basokarist 2.Tulsi 3.Azaz 4.Arzani 5.Khasina 6.Amla 7.Mohadrakharista 8.Thyme

### BASOKARIST

cough expectorant, mucolytic and anti tussive syrup. It helps loosen phelgm and thin bronchial secretions. It actively suppress dry or painful cough.Basok successfully diminishes and treatment of respiratory disease. INDICATIONS : Common cold ,Cough,Dri cough,Irritable cough,Smoker cough,Cough with Allergy , Rhinitis ,Asthma,Hours ness. DOSAGES : 2-3 tsf 3 times daily or as directed by unani physician. *SIDE EFFECT : There is no significant side effect has been reported proper dosage.* 

<u>MARKET DRUG :</u> Syp.Adovas( Square herbal) Syp.Acmes basok( Acmes laboratories) Same band name in different company marketed.

### TULSI

It is ayurvedic cough syrup with expectorant. It is also effective in cough expectorant, mucolytic and anti tussive syrup. It helps loosen phelgm and thin bronchial secretions. It actively suppress dry or painful cough.Basok successfully diminishes and treatment of respiratory disease. INDICATIONS : Common cold ,Cough,Dri cough,Irritable cough,Smoker cough,Cough with Allergy , Rhinitis ,Asthma,Hours ness. DOSAGES : 2-3 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

### MARKET DRUG :

Syp.Tulsi( Gk Pharma unani) Same band name in different company marketed.

### ARZANI

It is an effective herbal cough syrup expectorant which contain totally natural herbal extract. It is also effective to reduce nasal blockage, headache due to cold.It does not cause drowsiness or have no hypnotic effect and it can be given to patient of all age group and lactating mother. INDICATIONS : Tenacious cough,Chronic dry cough,Irritable cough,Cold,Cold fever,Headache due to cold . DOSAGES :

2-3 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> <u>Syp.Pectoral(Jaysone)</u> Same band name in different company marketed.

# EZAZ

It is an effective herbal cough syrup expectorant which contain totally natural herbal extract. It is also effective to reduce nasal blockage, headache due to cold.It does not cause drowsiness or have no hypnotic effect and it can be given to patient of all age group and lactating mother. INDICATIONS : Tenacious cough, Chronic dry cough, Irritable cough, Cold, Cold fever, Headache due to cold.

DOSAGES :

2-3 tsf 3 times daily or as directed by unani physician.

SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Same band name in different company marketed.

## KHASINA

It is an effective herbal cough syrup expectorant which contain totally natural herbal extract. It is also effective to reduce nasal blockage, headache due to cold.It does not cause drowsiness or have no hypnotic effect and it can be given to patient of all age group and lactating mother. INDICATIONS : Tenacious cough,Chronic dry cough,Irritable cough,Cold,Cold fever,Headache due to cold . DOSAGES : 2-3 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Macorex(Mansons pharma) Same band name in different company marketed.

# AMLA

Amla is a unani formulation which is prepared by effective herbs such as Amloki and others ingredients. It is effective for adult and child. It also acts malnutrition, memory loss, general weakness, indigestion.

It is a tonic for daily use. It has vitamin c supplement. It is alternative drug of chabonprass INDICATIONS : Chronic cough,Lack of vitamin c,General weakness ,Nervous debility ,Indigestion , Loss of memory ,Loss of appetite ,Dyspnea,All kinds of skin diseases . DOSAGES : 3 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY :

It is safe for pregnancy and lactating mother .

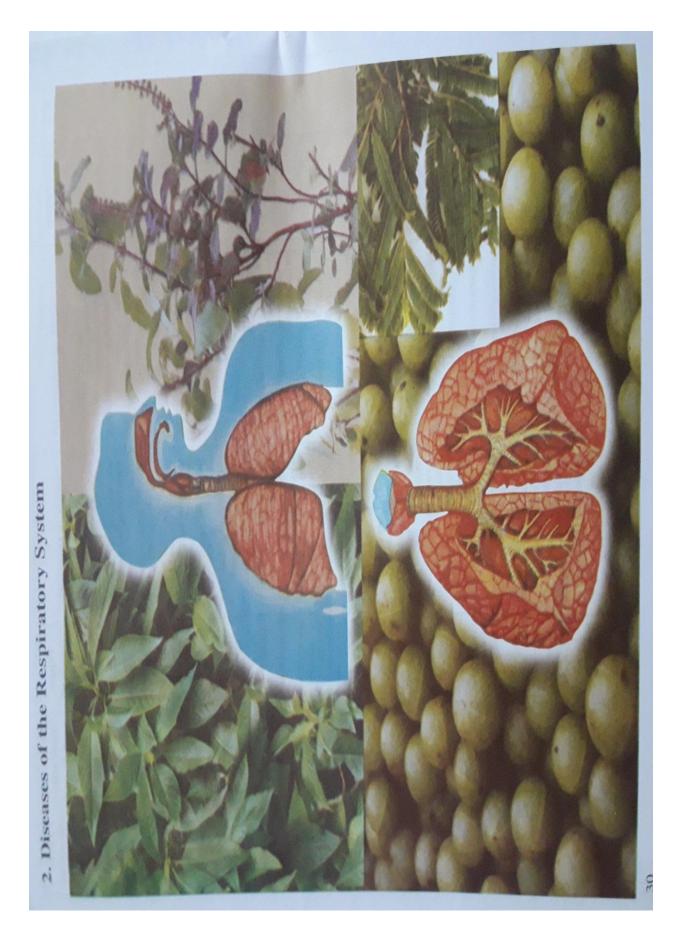
### MARKET DRUG :

Syp.Mantex( Mansons pharmaceutical unani) Syp.Amlabery ( Drug international) Syp.Amlavit ( Neptune laboratory) Syp.Myrosin( IBN Sina) Syp.Amloki plus( Unidrug unani laboratories) Syp.Amlokirasayon ( Dhaka Pharma) Syp.Amloki plus (Unidrug) Same band name in different company marketed.

### SADAR

It is a unani formulation which is prepared by effective herbs such as Amloki and others ingredients. It is effective for adult and child. It also acts malnutrition, memory loss, general weakness, indigestion. It is a tonic for daily use. It has vitamin c supplement. It is alternative drug of chabonprass INDICATIONS : Chronic cough, Dysponea, Bronchities, Lack of vitamin c, General weakness , Nervous debility , Indigestion , Loss of memory , Loss of appetite , Dyspnea, All kinds of skin diseases . DOSAGES : 3TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

<u>MARKET DRUG:</u> Syp.Saduri(Hamdord laboratories) Same band name in different company marketed.



#### MOHADRAKHARIST

It is classical polyherbal ayurvedic preparation rich in resveratrol and bioflavonoid like ingredients called proanthocyanidins which is scientifically proven and effective in COPD, vitis vinifera is the principle herb of mohadrakharist belongs to vitaceae family is a perennials woody vine native asia and then introduced in Europe. It is family as grapes in BD.

INDICATIONS : COPD,Asthma,Pulmonary fibrosis,TB. DOSAGES : 3 tsf 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

<u>MARKET DRUG:</u> Syp.Revatol( Square herbal) Syp.Azmarid(Acme) Syp.Bpoten(SB Lab) Same band name in different company marketed.

### THYME

It is classical polyherbal ayurvedic preparation rich in resveratrol and bioflavonoid like ingredients called proanthocyanidins which is scientifically proven and effective in COPD,vitis vinifera is the principle herb of mohadrakharist belongs to vitaceae family is a perennials woody vine native asia and then introduced in Europe. It is family as grapes in BD. INDICATIONS :COPD,Asthma,Pulmonary fibrosis,TB. DOSAGES : 1tsf 2-3 times daily or as directed by unani physician. SIDE EFFECT :

There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

#### MARKET DRUG :

Syp.Thyvy ( Drug international) Same band name in different company marketed.

# CHAPTER :18

# ANTI HELMINTHIC DRUG

1.Kishwar 2.Kalomegh 3.Cirmin 4.Birangarist 5.Krimi mudgar ras 6.Krimigatini botika 7.Krimidhuli jolplabo ras 8.Biranga lauho 9.Krimi nashini

# KISHWAR

# It is natural medicine of anti helminthic.

INDICATIONS : Hyperacidity ,Anti helminthic, Anorexia ,Dysentery . DOSAGES : 10 ml 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

# <u>MARKET DRUG :</u>

Same band name in different company marketed.

KALOMEGH

# It is natural medicine of anti helminthic.

INDICATIONS : Hyperacidity ,Anti helminthic ,Anorexia ,Dysentery . DOSAGES : 10 ml 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG</u>: Tab.Hepafit( Acme laboratory) Syp.Hepadex ( Akram laboratory) AP.Kalomegasob ( AP.Ayurvedic) Syp.RobinHepaton( Robin Pharma) Syp.Kalomegasob(Feni dawyakhana) Same band name in different company marketed.

# BIRANGARIST

# It is natural medicine of anti helminthic.

INDICATIONS : Hyperacidity ,Anti helminthic ,Anorexia ,Dysentery . DOSAGES : 10 ml 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG:</u> Same band name in different company marketed

### CIRMIN

# It is natural medicine of anti helminthic.

INDICATIONS :Hyperacidity ,Anti helminthic ,Anorexia ,Dysentery . DOSAGES : 10 ml 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Anthel( Mansons) Cap.Silamex(SB Lab) Same band name in different company marketed.

# KRIMI MUDGAR RAS

### It is natural medicine of anti helminthic.

INDICATIONS :Hyperacidity ,Anti helminthic, Anorexia ,Dysentery . DOSAGES : 10 ml 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap. Silamex( SB laboratories)

# **CHAPTER**:19

# NOCTURENAL EMISSION

1.Jiryan 2.Gritiboty 3.Chandrakanti ras 4.Chandraprava botika 5.Korpur ras

# JIRYAN

It is highly effective preparation of glycyrrhiza glabra, Rhamnus purshiana, atropa belladona for nocturnal emissions and Spermatorrhoea.

INDICATIONS :Spermatorrhoea,Painful micturation ,Nocturnal emissions, Enurosis,Abnormal sensation and weakness of male organ.

DOSAGES :

If Syrup 2 tsf 3 times daily or as directed by unani physician If powder 1 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Tab.N gud ( Unidrug unani laboratories) Syp.Jernide( Hamdord laboratories) Syp.Jiriani ( IBN Sina) Syp.Sperin( Nansons Pharma unani) Cap.Jirian(IBN Sina) Same band name in different company marketed.

# GRITI BOTI

It is a ayurvedic preparation medicine which is highly effective in nocturnal emissions and spermatorrhoea. INDICATIONS : Spermatorrhoea,Painful micturation ,Nocturnal emissions ,Enurosis, Abnormal sensation and weakness of male organ. DOSAGES : If Syrup 2 tsf 3 times daily or as directed by unani physician If powder 1 tsf 3 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.A Drim ( Ashoka laboratory) Same band name in different company marketed.

# CHANDRAKANTI RAS

It is a ayurvedic preparation medicine which is highly effective in nocturnal emissions and spermatorrhoea. INDICATIONS :Spermatorrhoea,Painful micturation ,Nocturnal emissions ,Enurosis,Abnormal sensation and weakness of male organ. DOSAGES : If Syrup 2 tsf 3 times daily or as directed by unani physician If powder 1 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG:

Same band name in different company marketed

# CHANDRAPRAVA BOTIKA

It is a ayurvedic preparation medicine which is highly effective in nocturnal emissions and spermatorrhoea. INDICATIONS : Spermatorrhoea, Painful micturation ,Nocturnal emissions , Enurosis,Abnormal sensation and weakness of male organ. DOSAGES : If Syrup 2 tsf 3 times daily or as directed by unani physician If powder 1 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG:</u> Same band name in different company marketed

## KORPUR RAS

It is a ayurvedic preparation medicine which is highly effective in nocturnal emissions and spermatorrhoea. INDICATIONS : Spermatorrhoea,Painful micturation ,Nocturnal emissions,Enurosis, Abnormal sensation and weakness of male organ. DOSAGES : If Syrup 2 tsf 3 times daily or as directed by unani physician If powder 1 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG:</u> Same band name in different company marketed

## CHAPTER :20

## HEMATINIC DRUG

Now we discussed about hematinic drug under the following groups 1.Faulad 2.Nabayas louha 3. Louhosab

#### FAULAD

It is a very effective for general weakness, anaemia, weakness of liver,weakness of stomach. It has Trachyspermum ammi,foeniculam vulgarr,terminalia cheubula,piper longum,terminalia belerica. INDICATIONS : General weakness ,Weakness of liver ,Indigestion ,Hemorrhoid . DOSAGES : If capsule 1 cap 3 times daily or as directed by unani physician. If syrup 3 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.Fawlad( IBN Sina) Syp.Fawlin( IBN Sina) Syp.Femolin( Neptune laboratory) Syp.Ferico( Sabinko unani laboratories) Same band name in different company marketed.

#### LOUHOSOB

It is a novel iron preparation use in the treatment iron deficiency anaemia. Iron as essential constituents of the body is necessary for haemoglobin formation and for the oxidative process of living tissue. This make sure that with the conception of louhosob syrup. Iron gets utilise at a faster rate in the haemoglobin.

INDICATION: Haematogenesis, Nutritional anaemia , Hemolytic anaemia , Anaemia due to worm infestation, Haemorrhagic anaemia .

DOSAGES : 3tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Lauhosab( Feni dawyakhana) Same band name in different company marketed.

## NABAYASLOUHA

It is a novel iron preparation use in the treatment iron deficiency anaemia. Iron as essential constituents of the body is necessary for haemoglobin formation and for the oxidative process of living tissue. This make sure that with the conception of louhosob syrup. Iron gets utilise at a faster rate in the haemoglobin. INDICATION: Haematogenesis, Nutritional anaemia ,Hemolytic anaemia ,Anaemia due to worm infestation, Haemorrhagic anaemia . DOSAGES : 3tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.Arobin( Square herbal) Cap.S fole(SB Lab) Same band name in different company marketed.

## **CHAPTER :21**

## LAXATIVE DRUG

1.Mulayin 2.Icchabhedi 3.Isobgul 4.Sana

#### **MULAYIN**

Mulayin is a effective herbal remedy. it Relieving constipation by stimulating peristaltic movement. Constipation means slow movement of foeces through the large intestine. It is often associated with large quantities dry or hard foeces in the desendring colon that accumulated because of the long time available absorption of fluid.

A sufferer may find it extremely painful of difficult in defaccation. Mulayen stimulant intestinal peristaltic movement, make the stool soft for gentle laxation.

INDICATIONS : Mulayen acts as prebiotic, It stimulates peristaltic movement, It acts as single laxative and relieve constipation, It detoxifies and restores the function of colon, It reduce the excess gas and cramping, It helps to relieves IBS, It helps to relieves colic, It tones up digestive and nervous system, It relieve chronic headache. DOSAGES : 1tabs at bed time or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Tab.Herbolac( IBN Sina) Tab.Tonalax( Hamdord laboratories) Tab.Laxavin( Neptune laboratories) Tab.Mulayen ( Feni dawyakhana) Same band name in different company marketed.

## ICCHABHEDI RAS

It is a effective herbal remedy. it Relieving constipation by stimulating peristaltic movement. Constipation means slow movement of foeces through the large intestine. It is often associated with large quantities dry or hard foeces in the desendring colon that accumulated because of the long time available absorption of fluid.

A sufferer may find it extremely painful of difficult in defaccation. Mulayen stimulant intestinal peristaltic movement, make the stool soft for gentle laxation.

INDICATIONS : It stimulates peristaltic movement, It acts as single laxative and relieve constipation, It detoxifies and restores the function of colon, It reduce the excess gas and cramping, It helps to relieves IBS, It helps to relieves colic, It tones up digestive and nervous system, It relieve chronic headache. DOSAGES :

1tabs at bed time or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG: Cap.Salouse(SB Lab)

#### ISOBGUL

Pure and clear, well preserved in laboratories. Isobgul is a mixed laxative, diuretic, demulcent and soothing for the gastric and intestinal mucosa and ulceration. It is effective in chronic amoebic dysentery, chronic constipation, chronic diarrhoea and pills duty to its inherent anaesthetic properties. It relieves gastric and peptic ulcer pain.

*INDICATIONS : Chronic dysentery ,Chronic headache ,Chronic constipation ,Chronic diarrhoea ,Chronic piles,Gastric irritant ,Ulceration .* 

DOSAGES :

1 sachet 2 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Fiberlax( Incepta Pharma) Redigel( Radiant Pharma) Ispagul( Hamdord laboratories) Ispergul( Square herbal) Laxadil ( Drug international) Laxate ( Medimet Pharma) Laxgel( Popular Pharma) Lite( Rephco Pharma) Same band name in different company marketed.

#### SANA

It is a effective herbal remedy. it Relieving constipation by stimulating peristaltic movement. Constipation means slow movement of foeces through the large intestine. It is often associated with large quantities dry or hard foeces in the desendring colon that accumulated because of the long time available absorption of fluid.

A sufferer may find it extremely painful of difficult in defaccation. Mulayen stimulant intestinal peristaltic movement, make the stool soft for gentle laxation.

INDICATIONS : Mulayen acts as prebiotic, It stimulates peristaltic movement, It acts as single laxative and relieve constipation, It detoxifies and restores the function of colon, It reduce the excess gas and cramping, It helps to relieves IBS, It helps to relieves colic, It tones up digestive and nervous system, It relieve chronic headache.

DOSAGES :

1tabs at bed time or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

#### MARKET DRUG :

Tab.Sanalax( Genial unani laboratories) Fiberlax ultra( Incepta Pharma) Redigel( Radiant Pharma) IsobgulPlus(IBN Sina) Ispergul( Square herbal) Laxadil EP( Drug international) Facelax(Acme) Laxacol(SB Lab)

## CHAPTER :22

## ANTI DIABETES DRUG

1.Ziabetus 2.Korola 3.Lahsun 4.Gurmer 5.Jambaddhrist 6.Garlik 7.Salsaul boul 8.Bohu mutrantok ras 9.Stevia 10.Proanthocyanidins

#### **ZIABETUS**

Ziabetus is a research product of unani laboratories. It is a proven and stimulates insulin secretion. It helps to block the absorption of sugar from gastrointestinal tract and maintains the normal blood sugar level.

INDICATIONS :Diabetes . DOSAGES : 1-2 tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Tab.Ziacap( Sabinko unani laboratories) Tab.Diarex( Unidrug unani laboratories) Tab.Diazym( Neptune laboratory) Tab.Ziabit ( IBN Sina) Tab.Diadem( Chemist Pharma) Tab.Dolabi( Hamdord laboratories) Tab.Diabit( Hamdord laboratories) Same band name in different company marketed.

## GARLIC

Garlic is one of the most recommended unani medicine for better health and well being. Garlic acts as prebiotic, helps to regulate blood glucose levels, improves blood flow, decrease total cholesterol and triglyceride and also reduce the risk of hypertension and heart disease. Garlic is highly effective in respiratory tract aliments, prevent infectious diseases and inflammation. It has antioxidants property and helps to reduce risk of cancer.

INDICATIONS : Diabetes, Rheumatism ,Gout,RTI,Bronchitis ,Asthma ,Hypertension, Hyoercholesterolemia. DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

#### MARKET DRUG :

Tab.Alisa( Hamdord laboratories) Tab.Garlik( Neptune laboratory) Tab.Garlistat(IBN Sina) Cap.Garlet( Et lab) Cap.Garlin( Square pharmaceuticals) Cap.Garlicap( Drug international) Syp.Garlicon(Jayson natural) Cap.Lopid( Acme laboratories) Cap.Lipidryl(SB Lab)

## **GURMER**

It is a research product of unani laboratories. It is a proven and stimulates insulin secretion. It helps to block the absorption of sugar from gastrointestinal tract and maintains the normal blood sugar level. INDICATIONS .Diabetes.

DOSAGES : 1-2 tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Same band name in different company marketed.

## KOROLA

It is a slender, climbing annual vine with long stalked leaves and yellow, Solitary male and female flower borne on the leaf axils. The fruit usually oblong, resembles a warty gourd or small cucumber. Korola grows in topical areas including parts of Amazon, East Africa, India, Asia. INDICATIONS : Diabetes mellitus DOSAGES : 2Caps 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap. Melbit( Drug international) Cap.Diamillon(SB Lab)

## **BOHUMUTRANTOK RAS**

It is a research product of unani laboratories. It is a proven and stimulates insulin secretion. It helps to block the absorption of sugar from gastrointestinal tract and maintains the normal blood sugar level. INDICATIONS :Diabetes DOSAGES : 1-2 tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

. <u>MARKET DRUG :</u> Cap.Dirute( SB laboratories ayurvedic)

Same band name in different company marketed.

## JAMBDDHORIST

It is a research product of unani laboratories. It is a proven and stimulates insulin secretion. It helps to block the absorption of sugar from gastrointestinal tract and maintains the normal blood sugar level. INDICATIONS :Diabetes DOSAGES : 1-2 tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

.<u>MARKET DRUG :</u> Same band name in different company marketed.

#### SALSAUL BOUL

It is a unique formulation of salvia haematodes, Asphalt,cacined hens egg etc.It is very effective in general weakness, Spermatorrhea, Polyuria, Leucorrhoea. INDICATIONS :Diabetes DOSAGES : 1-2 tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.Salsaul boul( Feni dawyakhana) Same band name in different company marketed.

#### LAHSUN

It is a unique formulation of salvia haematodes, Asphalt,cacined hens egg etc.It is very effective in general weakness, Spermatorrhea, Polyuria, Leucorrhoea. INDICATIONS :Diabetes DOSAGES : 1-2 tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Arq.Lahsun( Jayson natural) Same band name in different company marketed.

## PROANTHOCIANIDINS

French maritime pine bark extract. It is made by extraction of the outer bark of pinus pinaster. Recent research suggest significant anti oxidant activity is primarily based on its proanthocianidincontent. INDICATIONS: Chronic venous insufficiencies (edema), Thrombosis, Diabetes, Retinopathy, Hypertension, Allergy, Asthma, Dysmenorrhea, Osteoarthritis, Skin disorder, Melasma. DOSAGES AND ADMINISTRATION :

1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>MARKET DRUG :</u> Cap.Pycnogenol ( RadientPharma)

**CHAPTER**:23

ANTI PYRATIC DRUG

1.Shefa
2.Bokhar
3.SANTA
4.BUZURI

5.CHANDANASOB 6.AMRITARIST 7.ICHINACEAE 8.ANDROGRAPHIS PENICULATA

## SHEFA

It is a unique combination of valuable natural ingredients which acts as a Febrifuge and analgesic. It is highly effective in treatment of fever. INDICATIONS : Pyrexia, Headache ,Body ache. DOSAGES : 1-2 tabs 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Tab.Hanpy( Hamdord laboratories) Tab.Herbotril(IBN Sina)

## BOKHER

It is a unique combination of valuable natural ingredients which acts as an anti pyretic, demulcent, anti microbial, anti inflammatory, immune stimulant. INDICATIONS :Fever,Influenza ,Measles,Chicken pox,Typhoid , Para typhoid , DOSAGES : 2-4 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Bokhar( Feni dawyakhana) Syp.Fevrin( Deeplaid pharmaceutical unani) Same band name in different company marketed.

## КНАКЅНІ

It is a unique combination of valuable natural ingredients which acts as an anti pyretic, demulcent, anti microbial, anti inflammatory, immune stimulant. INDICATIONS : Fever, Influenza ,Measles,Chicken pox,Typhoid ,Para typhoid . DOSAGES : 2-4 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Fevnil( Hamdord laboratories)

## SANTARA

## It is a unique formulation of unani medicine.

It is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic , Urethritis , All kinds of febrile conditions , Clear the morbid substance from the kidney and urinary bladder .

DOSAGES :

3tsf 3times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Santa( IBN Sina) Same band name in different company

## BUZURI

## Buzuri is a unique formulation of unani medicine.

It is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

NDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic, Urethritis, All kinds of febrile conditions, Clear the morbid substance from the kidney and urinary bladder.

DOSAGES:

3tsf 3times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage. <u>MARKET DRUG :</u> Syp.Alkuli( Hamdord laboratories) Syp.Alkari( IBN Sina) Syp.Cytron( Mansons pharmaceutical unani) Syp.Urolin( Neptune Laboratory) Same band name in different company marketed.

## **CHANDANASOB**

IT Is Ayurvedic liquid preparation medicine which helps to normalize the urinary system and is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic, Urethritis, All kinds of febrile conditions, Clear the morbid substance from the kidney and urinary bladder, DOSAGES :

3tsf 3times daily or as directed by unani physician SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Relin( Winko Pharma ayurvedic) Syp.Chandana(Chemist Lab) Syp.Urinex(SB Lab) Same band name in different company marketed.

### AMRITARISTA

It is an important unique formulation of natural medicine for fever, Chronic fevet, Enlargement of liver and spleen. INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic, Urethritis, All kinds of febrile conditions, Clear the morbid substance from the kidney and urinary bladder. DOSAGES : 2-3 tsf 3 times daily or as directed by ayurvedic physician. SIDE EFFECT : There is no significant side effect has reported proper dosage.

<u>MARKET DRUG :</u> Syp.Amritarist( Hamdord laboratories) Syp.Nofever( Winko Pharma ayurvedic) Syp.Feverin s(SB Lab) Same band name in different company marketed.

## **ECHINACEAE**

It is a world famous natural immune stimulant and anti microbial. It is also effective in cough, cold,respiratory infection. It is a stimulator of the immune system are based on over 300 Scientific studies in the past 50 years. The immune stimulant effect is brought about by three mechanism - Activation of phagocytosis and stimulates of fibroblast, Increasing respiratory activity, Increasing mobility of leukocytes. It also acts urinary tract infection. INDICATIONS: Pyrexia,Headache,Body ache,Common cold. DOSAGES :

1 cap 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.Ecold( IBN Sina) Cap.Procold( Incepta Pharma) Cap.Nimulant( Hamdord laboratories) Cap.Echina(Acme) Cap.Nacea(Drug International) Cap.Procold(Incepta) Cap.Infuza(SB Lab)

#### KALOMEGH

## It is natural medicine of anti helminthic.

INDICATIONS :Hyperacidity, Anti helminthic ,Anorexia ,Dysentery,Anti pyratic. DOSAGES : 10 ml 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

#### MARKET DRUG :

Tab.Hepafit( Acme laboratory) Syp.Hepadex ( Akram laboratory) AP.Kalomegasob ( AP.Ayurvedic) Syp.RobinHepaton( Robin Pharma) Syp.Kalomegasob(Feni dawyakhana) Same band name in different company marketed.

## CHAPTER :24

## HERBAL ANTIBIOTIC DRUG

1.Sujak 2.Kalomegh 3.Echinaceae 4.Cranbiotics 5.Probiotics 6.Sorbojor louha 7.Manikkyo ras

## SUJAK

Sujak is a special preparation of pinas longifolia, Cicer arietinum and Pinctada margaritifera which is highly effective in gonorrhea, burning sensation during urination and urinary tract infection.
INDICATIONS : Gonorrhea ,Burning sensation during urination ,Urinary tract infection ,Leucorrhoea .
DOSAGES :
2 tabs 3 times daily or as directed by unani physician.
SIDE EFFECT :
There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG;</u> Tab.Urosina( IBN Sina) Tab.Sujarn( Hamdord laboratories) Tab.Gonorex( Neptune laboratory) Tab.Gono U ( Unidrug unani laboratories) Same band name in different company marketed.

## KALOMEGH

## It is natural medicine of anti helminthic.

INDICATIONS : Hyperacidity ,Anti helminthic ,Anorexia ,Dysentery,Anti pyratic . DOSAGES : 10 ml 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Tab.Hepafit( Acme laboratory) Syp.Hepadex ( Akram laboratory) AP.Kalomegasob ( AP.Ayurvedic) Syp.RobinHepaton( Robin Pharma) Syp.Kalomegasob(Feni dawyakhana) Same band name in different company marketed.

## **ECHINACEAE**

It is a world famous natural immune stimulant and anti microbial. It is also effective in cough, cold, respiratory infection. It is a stimulator of the immune system are based on over 300 Scientific studies in the past 50 years. The immune stimulant effect is brought about by three mechanism - Activation of phagocytosis and stimulates of fibroblast, Increasing respiratory activity, Increasing mobility of leukocytes. It also acts urinary tract infection.

INDICATIONS : Gonorrhea ,Burning sensation during urination ,Urinary tract infection , Leucorrhoea . DOSAGES :

1 cap 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Cap.Procold( Incepta Pharma) Cap.Nimulant( Hamdord laboratories) Cap.Ecold( IBN Sina) Cap.Echina(Acme) Cap.Nacea(Drug International) Cap.Procold(Incepta) Cap.Infuza(SB Lab)

## SORBOJOR LAUHA

It is a special preparation of pinas longifolia, Cicer arietinum and Pinctada margaritifera which is highly effective in gonorrhea, burning sensation during urination and urinary tract infection. INDICATIONS : Gonorrhea ,Burning sensation during urination, Urinary tract infection ,Leucorrhoea . DOSAGES :

2 tabs 3 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

MARKET DRUG:

Cap.Ayutic ( Winko Pharma ayurvedic) Cap.Pacimol(SB Lab) Same band name in different company marketed.

## PROBIOTICS

# The natural flora of Human gut. Probiotic- A unique symbiotic Formulation ORS+Probiotic in acute diarrhoea management

WHO recommended that oral rehydration salaine and probiotic can be used acute diarrhoea management and electrolyte losses along with probiotics.

Acute diarrhoea management – probiotic therapy with ORS restoes intestinal non pathogenic bacteria helps to maintain mucosal Integrity and improve electrolyte balance.

*Highly effective Against antibiotics associated diarrhoea, infectious diarrhoea, travelling diarrhoea. Probiotic with ORS reduce duration of diarrhoea in young children by 20%* 

INDICATIONS : Diarrhoea and diarrhoea related illness ,Digestive problem like IBS,Ulcers, Ulcerative colitis,Helicobactor pylory infection ,Lactose intolerance ,Antibiotic associated illness ,Vaginal infection .

DOSAGES :

1-3 caps 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect

MARKET DRUG :

Cap.Good gut( Renata) Cap.Probio( Square herbal) Cap.Prolacto( Drug international) Cap.Probiotic (Total herbal) Cap.Acteria ( Radiant) Cap.Lactomax( Dayee) Sachet protic( Kemico Pharma) Cap.Biogut( Sandoz) Susp.Interogerminia( Sanofi) Cap.Prodep(Chemist) Cap.Luvena(Incepta) Cap.Lactobiotic(SB Lab)

## MANIKKYO RAS

Manikkyo ras is Ayurvedic medicine which prepared by effective herbs.

It has used in the ayurvedic tradition for thousand of years for maintaining health and overall well being. All the parts of the neem tree have been used traditionally for the treatment of inflammation, infection, fever,skin diseases and dental disorder. Neem is used in Ayurvedic medicine for skin diseases, leprosy. Also used in Antiseptic, Astringent, anthelmintic.

INDICATIONS :Anti allergic action,Hepato protective,Itching,Blood purifier,Acne,Pimles,Skin infection. DOSAGES AND ADMINISTRATION :

1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is not safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>Market drug :</u> 1.Tab.Manikko ras ( AP Ayurvedic) 2.Cap.Skinol( Akram laboratory) 3.Tab.Dermanid ( Bio need)

### CRANBIOTICS

It can helps to maintain critical flora balance in the urinary tract and gastrointestinal tract. Research indicate that it helps inhibit harmful pathogens from adhering to the mucosal cell lining the urinary tract. Cranberry extract showed excellent result with chronic urinary tract infection. INDICATIONS : chronic urinary tract infection,gastrointestinal tract. DOSAGES : 1 cap 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.Cranbiotics( Radiant herbal) Cap.Cran B( Incepta Pharma) But also PAPAYA(IBN SINA)

## CHAPTER :25

## EYE PROBLEM

1.Mundi 2.Aksir Chasom 3.Bilbery 4.Proanthocyanidins

#### MUNDI

It is a special preparation of valuable natural ingredients which helps to relieves pain in eye, watery discharge of eye, all kinds of eye problem. INDICATIONS : Diabetic Retinopathy ,Haemorrhagic Retinopathy ,Catarrac,Pain in eye. DOSAGES : 3tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Arq.Mundi(Bengal unani) Same band name in different company marketed.

## CHASOM

It is a special preparation of valuable natural ingredients which helps to relieves pain in eye, watery discharge of eye, all kinds of eye problem.

INDICATIONS : Diabetic Retinopathy ,Haemorrhagic Retinopathy, Catarrac,Pain in eye . DOSAGES :

3tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG : Aksire chasom( Bengal unani laboratories)

## BILBERY

It is a special preparation of valuable natural ingredients which helps to relieves pain in eye, watery discharge of eye, all kinds of eye problem.

INDICATIONS :Diabetic Retinopathy ,Haemorrhagic Retinopathy ,Catarrac,Pain in eye. DOSAGES : 24of 2 times daily or as directed by yngai abysisian

3tsf 3 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.Ocubil( Square herbal) Cap.Diroberry(SB Lab)

## PROANTHOCYANIDINS

French maritime pine bark extract. It is made by extraction of the outer bark of pinus pinaster. Recent research suggest significant anti oxidant activity is primarily based on its proanthocianidincontent. INDICATIONS: Chronic venous insufficiencies (edema),Thrombosis,Diabetes,Retinopathy,Hypertension, Allergy,Asthma,Dysmenorrhea,Osteoarthritis,Skin disorder,Melasma. DOSAGES AND ADMINISTRATION : 1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>MARKET DRUG :</u> Cap.Pycnogenol ( RadientPharma)

# CHAPTER :26

## COMMON COLD DRUG

1.Basok 2.Tulsi 3.Sadar 4.Khasina 5.Mohadakkharist 6.Ustukhudus 7.Kashnizi 8.Echinaceae 9.Black seed

### BASOK

It is ayurvedic cough syrup with expectorant. It is also effective in cough expectorant, mucolytic and anti tussive syrup. It helps loosen phelgm and thin bronchial secretions. It actively suppress dry or painful cough.Basok successfully diminishes and treatment of respiratory disease.

INDICATIONS : Common cold ,Cough,Dri cough,Irritable cough,Smoker cough,Cough with Allergy , Rhinitis ,Asthma,Hours ness.

DOSAGES :

2-3 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Syp.Adovas( Square herbal) Syp.Acmes basok( Acmes laboratories) Same band name in different company marketed.

## TULSI

It is ayurvedic cough syrup with expectorant. It is also effective in cough expectorant, mucolytic and anti tussive syrup. It helps loosen phelgm and thin bronchial secretions. It actively suppress dry or painful cough.Basok successfully diminishes and treatment of respiratory disease.

*INDICATIONS : Common cold ,Cough,Dri cough,Irritable cough,Smoker cough,Cough with Allergy, Rhinitis, Asthma,Hours ness.* 

DOSAGES :

**2-3 tsf 3 times daily or as directed by unani physician.** 

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Tulsi( Gk Pharma unani) Same band name in different company marketed.

## SADAR

It is a unani formulation which is prepared by effective herbs such as Amloki and others ingredients. It is effective for adult and child. It also acts malnutrition, memory loss,general weakness, indigestion. It is a tonic for daily use. It has vitamin c supplement. It is alternative drug of chabonprass INDICATIONS : Chronic cough,Dysponea,Bronchities,Lack of vitamin c,General weakness, Nervous debility,Indigestion,Loss of memory,Loss of appetite,Dyspnea,All kinds of skin diseases. DOSAGES :

3TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

<u>MARKET DRUG:</u> Syp.Saduri(Hamdord laboratories) Same band name in different company marketed.

#### KHASINA

It is an effective herbal cough syrup expectorant which contain totally natural herbal extract. It is also effective to reduce nasal blockage, headache due to cold.It does not cause drowsiness or have no hypnotic effect and it can be given to patient of all age group and lactating mother.

INDICATIONS : Tenacious cough, Chronic dry cough, Irritable cough, Cold, Cold fever, Headache due to cold .

DOSAGES : 2-3 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

### MARKET DRUG :

Syp.Macorex(Mansons pharma) Same band name in different company marketed.

### MUHADAKKHARIST

It is classical polyherbal ayurvedic preparation rich in resveratrol and bioflavonoid like ingredients called proanthocyanidins which is scientifically proven and effective in COPD, vitis vinifera is the principle herb of mohadrakharist belongs to vitaceae family is a perennials woody vine native asia and then introduced in Europe. It is family as grapes in BD.

INDICATIONS :COPD,Asthma,Pulmonary fibrosis,TB. DOSAGES : 3 tsf 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no side effect show. PREGNANCY :

It is safe for pregnancy and lactating mother.

<u>MARKET DRUG:</u> Syp.Revatol( Square herbal) Syp.Azmarid(Acme) Syp.Bpoten(SB Lab) Same band name in different company marketed.

## **ECHINACEAE**

It is a world famous natural immune stimulant and anti microbial. It is also effective in cough, cold,respiratory infection. It is a stimulator of the immune system are based on over 300 Scientific studies in the past 50 years. The immune stimulant effect is brought about by three mechanism - Activation of phagocytosis and stimulates of fibroblast, Increasing respiratory activity, Increasing mobility of leukocytes. It also acts urinary tract infection.

INDICATIONS: Pyrexia,Headache, Body ache,Common cold. DOSAGES : 1 cap 3 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.Ecold( IBN Sina) Cap.Procold( Incepta Pharma) Cap.Nimulant( Hamdord laboratories) Cap.Echina(Acme) Cap.Nacea(Drug International) Cap.Procold(Incepta) Cap.Infuza(SB Lab)

#### USTUKHUDUS

It is an ideal medicine of common cold, sinusitis, Headache containing valuable ingredients. It strengthen respiratory system. It is Unique medicine to reduce bolghom of head. INDICATIONS : Common cold ,Headache ,Sinusitis ,Allergic rhinitis ,Reduce bolgom of head, Fascial paralysis ,Nervous debility . DOSAGES : 1 tsf 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Et.Ustukhuddus(Hamdord laboratories) Same band name in different company marketed.

#### KASHNIZI

It is an ideal medicine of common cold, sinusitis, Headache containing valuable ingredients. It strengthen respiratory system. It is Unique medicine to reduce bolghom of head. INDICATIONS : Common cold ,Headache ,Sinusitis ,Allergic rhinitis ,Reduce bolgom of head,Fascial paralysis ,Nervous debility . DOSAGES :

1 tsf 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Et.Kasniji( Hamdord laboratories) Same band name in different company marketed.

#### **BLACK SEED**

Black seed oil scientific name Nigella sativa. A flowering plant found in western Asia, North Africa, and Eastern Europe. Used in traditional medicines and cooking. The seeds are known black cumin. A key component of black seed thymoquinone has demons tracted anti oxidant properties that may helps anti inflammatory. It is used on hair. It properties are Anti bacterial, Anti fungal, Anti inflammatory, Anti oxidant. It acts as a clear of dandruff and promoting hair growth, All kinds of skin diseases like Psoriasis, Acne.

Also effective in Bronchial asthma, High cholesterol, Obesity, High blood pressure, DM,RA,Allergic Rhinitis.

INDICATIONS : Common cold ,Headache ,Sinusitis ,Allergic rhinitis, Reduce bolgom of head,Fascial paralysis ,Nervous debility,

DOSAGES : As per needed SIDE EFFECT : There is no significant side effect has been reported proper dosage.

#### MARKET DRUG :

Oil.Black seed( IBN Sina) Same band name in different company marketed.

## **CHAPTER :27**

### ANTI ASTHMATIC DRUG

1.Mohadakkharist 2.Sual 3.Madar 4.Sashkas chintamoni 5.black seed 6.Swas shanti

#### **MOHADAKHARIST**

It is classical polyherbal ayurvedic preparation rich in resveratrol and bioflavonoid like ingredients called proanthocyanidins which is scientifically proven and effective in COPD, vitis vinifera is the principle herb of mohadrakharist belongs to vitaceae family is a perennials woody vine native asia and then introduced in Europe. It is family as grapes in BD. INDICATIONS : COPD, Asthma, Pulmonary fibrosis, TB. DOSAGES : 3 tsf 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

<u>MARKET DRUG:</u> Syp.Revatol( Square herbal) Same band name in different company marketed.

## SUAL

It is a research product of unani system. It is an amazing combination of valuable natural ingredients of time tested proven efficiency, like Glycyrrhiza glabra, Adhatoda vasica,Ocimum sanctum. INDICATIONS : Asthma, Influenza, Tonsillitis ,Hoarse ness of voice ,Sore throat ,Cold,Cough. DOSAGES : 1tab 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage. <u>MARKET DRUG :</u> Tab.Damacin( Neptune laboratories) Tab.Asmarex( Uni drug unani laboratories) Same band name in different company marketed.

## SWAS SHANTI

It is a research product of unani system. It is an amazing combination of valuable natural ingredients of time tested proven efficiency, like Glycyrrhiza glabra, Adhatoda vasica,Ocimum sanctum. INDICATIONS : Asthma ,Influenza ,Tonsillitis ,Hoarse ness of voice ,Sore throat ,Cold,Cough. DOSAGES : 1tab 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Bronkutuch( SB laboratories) Same band name in different company marketed.

## SWAS KAS CHINTAMONI

It is a research product of unani system. It is an amazing combination of valuable natural ingredients of time tested proven efficiency, like Glycyrrhiza glabra, Adhatoda vasica,Ocimum sanctum. INDICATIONS : Asthma ,Influenza ,Tonsillitis ,Hoarse ness of voice, Sore throat Cold,Cough. DOSAGES : 1tab 3 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Bronkofera( Onirban) Tab.Azma care( Argon lab) Same band name in different company marketed.

#### MADAR

At Present Asthma or dyspnea very common diseases. It is very difficult to complicated day by day. It is not possible to actually treatment by different drug. As a result there is noway to cure of Asthma . In unani system there is a best way to prevent of Asthma. So Madar plays an important role to prevent Asthma.

INDICATIONS: Asthma,Allergy, Bronchitis,Anti histamin. DOSAGES AND ADMINISTRATION : 1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is not safe for pregnancy . PRESENTATIONS :Each box contains 30/50 capsule in blister pack <u>MARKET DRUG :</u> Tab. Acozin(Sabinko) Same band name in different company marketed.

#### **BLACK SEED**

Black seed oil scientific name Nigella sativa. A flowering plant found in western Asia, North Africa, and Eastern Europe. Used in traditional medicines and cooking. The seeds are known black cumin.A key component of black seed thymoquinone has demons tracted anti oxidant properties that may helps anti inflammatory. It is used on hair. It properties are Anti bacterial, Anti fungal, Anti inflammatory, Anti oxidant. It acts as a clear of dandruff and promoting hair growth, All kinds of skin diseases like Psoriasis, Acne. Also effective in Bronchial asthma, High cholesterol, Obesity, High blood pressure, DM, RA, Allergic Rhinitis.

INDICATIONS :Common cold ,Headache, Sinusitis ,Allergic rhinitis ,Reduce bolgom of head,Fascial paralysis ,Nervous debility,

DOSAGES : As per needed SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Oil.Black seed( IBN Sina) Same band name in different company marketed.

## **CHAPTER :28**

### SEXUAL PROBLEM

1.Joubon satodol 2.Nishat 3.Munish 4.JODOWAR 5.Mukavvi khas 6.Mughalliz 7.Lubub kabir 8.Arde khorma 9.Sukrosanjibani modok 10.Sanjibani rasayon 11.Mumsik 12.Yohombi 13.Panaxjinsin 14.Kamini bindabon ras

#### JOUBAN SATODOL

It is time tested well balance potent aphrodisiac and safe remedy for sexual and psychogenic impotence in male. Active herbal Constituents joubon satodol demonstrate hormone like activity and maintain hormonal balance. It is equally effective, safe and reliable in physical exhaustion and nervous debility.

INDICATIONS : Sexual weakness ,Premature ejaculation ,Nervous debility ,General weakness . DOSAGES :1 Tab 2 times daily or as directed by unani physician. SIDE EFFECT: There is no significant side effect has been reported in proper dosage. <u>MARKET DRUG :</u> Cap.Jubo plus( AB Pharma ayurvedic) Cap.Vigofort( Acme Laboratory) Cap.Jouban Plus(Chemist) Same band name in different company marketed.

## NISHAT

It is time tested well balance potent aphrodisiac and safe remedy for sexual and psychogenic impotence in male. Active herbal Constituents joubon satodol demonstrate hormone like activity and maintain hormonal balance. It is equally effective, safe and reliable in physical exhaustion and nervous debility.

INDICATIONS : Sexual weakness, Premature ejaculation , Nervous debility ,General weakness. DOSAGES :

1 Tab 2 times daily or as directed by unani physician. SIDE EFFECT: There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Cap.Ridex( Drug International) Tab.Nishat ( Hamdord laboratories) Tab.Nishat silver( Neptune laboratory) Same band name in different company marketed.

## MUNISH

It is time tested well balance potent aphrodisiac and safe remedy for sexual and psychogenic impotence in male. Active herbal Constituents joubon satodol demonstrate hormone like activity and maintain hormonal balance. It is equally effective, safe and reliable in physical exhaustion and nervous debility.

INDICATIONS : Sexual weakness , Premature ejaculation , Nervous debility , General weakness . DOSAGES :

1 Tab 2 times daily or as directed by unani physician.

SIDE EFFECT:

There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Cap.Holy munish( GK laboratory) Cap.Neuton(Hamdord)

Same band name in different company marketed.

## JODOWAR

It is special preparation of nervous tonic .It increase power of reproductive system. It also helps to prevent premature ejaculation. It plays an important role to reduce sexual weakness, night pollution. INDICATIONS : Nervous debility,Premature ejaculation ,General weakness ,Sexual weakness . DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages. <u>MARKET DRUG :</u> Tab.Nervex (Neptune unani laboratories) Tab.Nervent(Hamdord laboratories)

## MUKAVVI KHASH

It is time tested well balance potent aphrodisiac and safe remedy for sexual and psychogenic impotence in male. Active herbal Constituents joubon satodol demonstrate hormone like activity and maintain hormonal balance. It is equally effective, safe and reliable in physical exhaustion and nervous debility.

INDICATIONS : Sexual weakness , Premature ejaculation , Nervous debility , General weakness . DOSAGES :

1 Tab 2 times daily or as directed by unani physician. SIDE EFFECT: There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Same band name in different company marketed.

## MUGHALLIZ

It is semisolid preparation medicine of unani division. It is special preparation medicine of premature ejaculation.

INDICATIONS : Premature ejaculation ,Nervous debility ,Sexual weakness ,Nocturnal emissions . DOSAGES :

1 tsf 3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Maj. Mugalliz( Hamdord laboratories) Same band name in different company marketed.

## ARDE KHORMA

It is semisolid preparation medicine of unani division. It is special preparation medicine of premature ejaculation.

INDICATIONS :Premature ejaculation, Nervous debility ,Sexual weakness ,Nocturnal emissions. DOSAGES :

1 tsf 3 times daily or as directed by unani physician.

SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Maj. Arde khorma( Hamdord laboratories)

Same band name in different company marketed.

## LABUB KABIR

It is semisolid preparation medicine of unani division. It is special preparation medicine of premature ejaculation. INDICATIONS : Premature ejaculation ,Nervous debility ,Sexual weakness ,Nocturnal emissions.

DOSAGES : 1 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage. <u>MARKET DRUG :</u> Maj. Lobub kabir( Hamdord laboratories)

Same band name in different company marketed.

## SUKRA SANJIBANI MODOK

It is semisolid preparation medicine of unani division. It is special preparation medicine of premature ejaculation.

INDICATIONS : Premature ejaculation ,Nervous debility ,Sexual weakness ,Nocturnal emissions . DOSAGES :

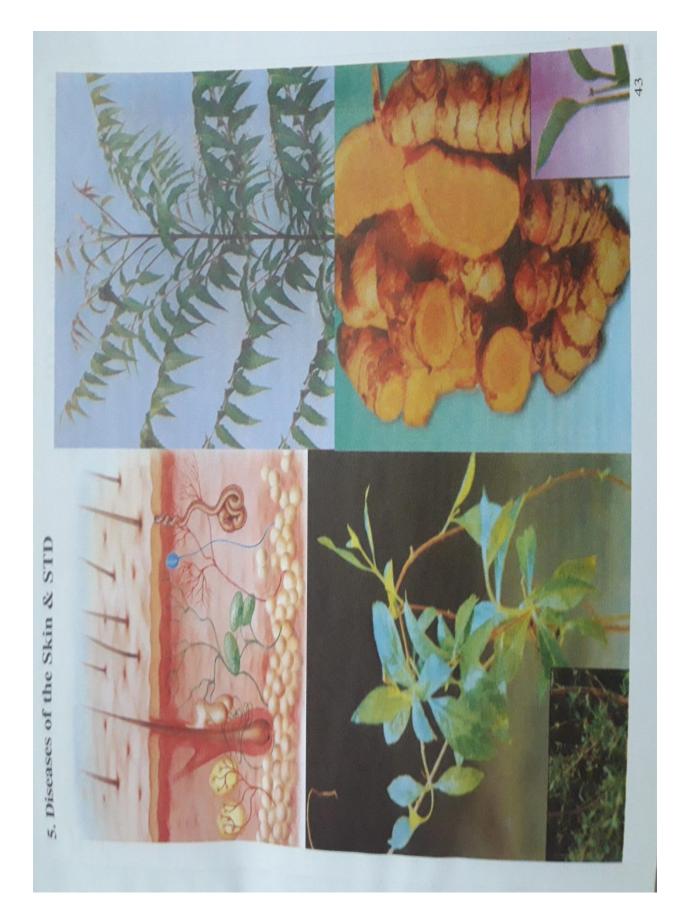
1 tsf 3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Maj.Sukro sonjiboni modok( AP Ayurvedic) Same band name in different company marketed.



#### SANJIBNI RASAYON

It is a combination of some effective herbs that have antioxidant, immune inhancing, rejuvenating, anxiolytic, antidepressant, nutritive properties. It is used to combat physical weakness, mental weakness, nervous debility. It is very effective in senile debility and stress. It is used for all ages of both male and female paient.

INDICATIONS : Physical and mental weakness, Senile debility ,Nervous debility ,Stress. DOSAGES : 2-3 TSF 1-2 times daily or as directed by unani physician. SIDE EFFECT: There is no none known

Pregnancy : Not recommendations for pregnancy

<u>MARKET DRUG :</u> Syp.Santonic ( Acme laboratories) Syp.Robinsupram( Robin Pharma) Syp.Refil( Winko Pharma)

#### JINSIN

Jinsin is a special preparation root of panax jinseng which helps to body to generate energy. It is an ideal and highly potent rejuvenating agent. It is also used for improving work efficiency and physical stamina. Jinsinis absorbed rapidly and metabolites and excrete Through the stool And urine unchange. INDICATIONS : General weakness ,Nervous debility,Amnesia,Stamina ,Enhance coitus longevity , Side-effect of alcohol . DOSAGES : 2-3 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect. PREGNANCY AND LACTATING MOTHER : Being a complete natural source of nutrition. It plays an important role in pregnancy and lactating mother.

MARKET DRUG : Cap.Megaseng( Parents unani) Syp.Niala ( Rebirth unani) Syp.Jinsin V ( Root unani) Syp.Sijin(Deeplaid Pharma) Syp.Jinton( Idral lab) Syp.Jinsin joy( Joy Pharma) Syp.Restojin( Botanic Pharma) Syp.Pjinsin( Popy unani) Cap.Caroplus (Popy unani) Cap.Ginton( Hamdord laboratories) Syp.Ginsent ( Hamdord laboratories) Cap.Jinrex( Neptune lab) Syp.Hormogim( AP unani) Syp.Hormojin( Mansons pharmaceutical) Syp.Neurovit(Sheed Pharma) Syp.Sheedjinsin (Sheed Pharma) Syp.Jinsin SH( Shams unani) Syp. Jintonic (Acmes Laboratory) Syp.Nepjin( Neplous laboratory) Syp.Vigori( Genial unani laboratories) Syp.Jinasin( Galaxi Laboratory) Syp.Erina( Unifel unani laboratories) Cap.Ginax(Drug international) Cap.Gintex(Square pharmaceuticals) Cap.Gintonic (Acmes laboratory) Cap.Ginera (Renata limited) Cap.Pavitex (Kemico Pharma) Cap.Recoseng (Incepta Pharma) Syp.Sinaton (IBN Sina) Syp.Panaseng(Radiant Herbal) Syp.Panging(SB Lab) Cap.Ginsina(IBN Sina)

#### MUMSIK

It is time tested well balance potent aphrodisiac and safe remedy for sexual and psychogenic impotence in male. Active herbal Constituents joubon satodol demonstrate hormone like activity and maintain hormonal balance. It is equally effective, safe and reliable in physical exhaustion and nervous debility.

INDICATIONS : Sexual weakness , Premature ejaculation , Nervous debility , General weakness . DOSAGES :

1 Tab 2 times daily or as directed by unani physician. SIDE EFFECT: There is no significant side effect has been reported in proper dosage.

#### MARKET DRUG :

Cap.Mumsik( IBN Sina) Cap.Endurex( Hamdord laboratories) Cap.Mumsik( Feni dawyakhana) Same band name in different company marketed.

#### KAMINI BINDABON RAS

It is time tested well balance potent aphrodisiac and safe remedy for sexual and psychogenic impotence in male. Active herbal Constituents joubon satodol demonstrate hormone like activity and maintain hormonal balance. It is equally effective, safe and reliable in physical exhaustion and nervous debility.

INDICATIONS :Sexual weakness ,Premature ejaculation ,Nervous debility ,General weakness . DOSAGES :

1 Tab 2 times daily or as directed by unani physician. SIDE EFFECT:

There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Cap.Hormodin( SB laboratories ayurvedic) Cap.Stimu X( Winko Pharma ayurvedic) Tab.Elibi( Ichiban Laboratory ayurvedic) Same band name in different company marketed.

## KOSTURY VOIROB

It is time tested well balance potent aphrodisiac and safe remedy for sexual and psychogenic impotence in male. Active herbal Constituents joubon satodol demonstrate hormone like activity and maintain hormonal balance. It is equally effective, safe and reliable in physical exhaustion and nervous debility.

INDICATIONS : Sexual weakness ,Premature ejaculation ,Nervous debility, General weakness . DOSAGES :

1 Tab 2 times daily or as directed by unani physician. SIDE EFFECT: There is no significant side effect has been reported in proper dosage

MARKET DRUG :

Cap.Kosturi Super Gold ( Modern herbal) Same band name in different company marketed.

## **ҮОНОМВІ**

It is a special preparation root of panax jinseng which helps to body to generate energy. It is an ideal and highly potent rejuvenating agent. It is also used for improving work efficiency and physical stamina. Jinsinis absorbed rapidly and metabolites and excrete Through the stool And urine unchange. INDICATIONS : Premature ejaculation,General weakness ,Nervous debility,Amnesia,Stamina Enhance coitus longevity ,Side-effect of alcohol . DOSAGES : 2-3 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect. PREGNANCY AND LACTATING MOTHER : Being a complete natural source of nutrition. It plays an important role in pregnancy and lactating

<u>mother</u>

<u>MARKET DRUG :</u> Tab.Eredex( Square herbal) Tab.Megajoy( Acme laboratories) Tab.Yohim( Radiant Pharma) Tab.Vigorex(Acme) Tab.Yorex(IBN Sina) Tab.Powertec(SB Lab)

## **CHAPTER :29**

## TOPICAL PREPARATIONS OF SKIN

- 1. Morhom kharis
- 2. Morhom aramin
- 3. Neem oil
- 4. Gondok
- 5. Marichadi oil

## **MORHOM KHARISH**

It is a special ointment which is merun colour. Morhom kharish is known as herbal ointment of skin diseases. It is prepared by effective anti fungal and anti bacterial agent of herbal alkaloids. Used it there is no change of colour of skin. Usually it is mixed with natural colour of skin. INDICATIONS : Dermatitis ,Chronic abscess ,Pumple,Eczema ,Allergy , All kinds of skin diseases. DOSAGES :

As per needed SIDE EFFECT : There is no significant side effect has been reported in proper dosage. <u>MARKET DRUG :</u> Oint.Rup p ( Parents unani) Oint.Skin care( Roots unani) Oint.Funci( Deeplaid pharmaceutical unani) Oint.Scason( Mansons pharmaceutical unani) Oint.Skidik( SB laboratories ayurvedic) Oint.Dermaid( Hamdord laboratories) Oint.Cholka( Neplous Laboratory) Oint.G fild( Galaxy lab) Same band name in different company marketed.

## NEEM OIL

It is oil which is different colour of different company. It is known as herbal oil of skin diseases. It is prepared by effective anti fungal and anti bacterial agent of herbal alkaloids. Used it there is no change of colour of skin.Usually it is mixed with natural colour of skin. INDICATIONS : Dermatitis ,Chronic abscess ,Pumple,Eczema ,Allergy , All kinds of skin diseases . DOSAGES :

As per needed SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

#### MARKET DRUG :

AB neem oil( AB Pharma ayurvedic) Oil.Neem( Fame Pharma ayurvedic) Same band name in different company marketed.

## MARICHADI OIL

It is oil which is different colour of different company. It is known as herbal oil of skin diseases. It is prepared by effective anti fungal and anti bacterial agent of herbal alkaloids. Used it there is no change of colour of skin.Usually it is mixed with natural colour of skin. INDICATIONS : Dermatitis ,Chronic abscess ,Pumple,Eczema ,Allergy ,All kinds of skin diseases . DOSAGES : As per needed

SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Oil. Scabino( Ichiban Laboratory ayurvedic) Oil.Sulfodan( Adhoka laboratory) Same band name in different company marketed.

### **MORHOM ARAMIN**

It is a special ointment which is merun colour. Morhom kharish is known as herbal ointment of skin diseases. It is prepared by effective anti fungal and anti bacterial agent of herbal alkaloids. Used it there is no change of colour of skin. Usually it is mixed with natural colour of skin. INDICATIONS : Dermatitis ,Chronic abscess ,Pumple,Eczema ,Allergy ,All kinds of skin diseases. DOSAGES : As per needed SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Same band name in different company marketed.

## GONDOK

It is a special ointment which is merun colour. Morhom kharish is known as herbal ointment of skin diseases. It is prepared by effective anti fungal and anti bacterial agent of herbal alkaloids. Used it there is no change of colour of skin. Usually it is mixed with natural colour of skin. INDICATIONS : Dermatitis ,Chronic abscess ,Pumple,Eczema ,Allergy ,All kinds of skin diseases. DOSAGES : As per needed SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

**MARKET DRUG** :

Same band name in different company marketed.

## **CHAPTER:30**

## **TOPICAL PREPARATION OF PAIN**

1.Rowghon Falez 2.Bat Rakkhosi 3.Sapta mosto mohamas 4.Rowghon surk 5. Rabbing bulm 6.Abe hayat 7.Coolmax/ marigold

## **ROUGON FALEZ**

It is a special natural oil preparation of valuable effective ingredient such as Calotropis gigantea, Cochineal insect, Myristica fragrans, Syzygium aromaticum, Anacyclus pyrethrum, Castorium Crocus sativus. The judicious combination of all these natural ingredients make the product safe and effective remedy which is highly effective in sluggishness and obliquity of male genital organ.

INDICATIONS : Sluggishness ,Obliquity of male genital organ ,Sexual weakness ,Nervous debility. DOSAGES : Rub gently with sufficient oil on affected area 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Oil.Peniton( Hamdord laboratories) Oil.Vigogel( IBN Sina) Same band name in different company

### **ROUGON SURK**

It is special preparation of valuable effective herbs like strychnos nux vomica, piper longun,piper nigrum. It is prescribed for the treatment of rheumatoid arthritis, osteoarthritis, nervous debility, general debility,neuralgia. Azaraki is also effective in joint pain, paralysis, facial paralysis, numbness. INDICATIONS : rheumatoid arthritis, osteoarthritis,nervous debility, general debility,neuralgia, It is also effective in, joint pain, paralysis,facial paralysis, numbness. DOSAGES: 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

<u>MARKET DRUG :</u> Oil.Kuljum( Hamdord laboratories) Oil.Abe hayat( IBN Sina) Oil.Rubicool( Millat unani laboratories) Oil.Multicure( Feni dawyakhana)

#### ARQ.AJIB

It is rapidly relief from congestion and pain. Its wide spread used rests on it's safe and reliable action as an antiseptic, antiphlogistic and carminative.

INDICATIONS : Headache ,Toothache ,Burns,Earache ,Cough,Cold,Catarrh,Insect bites,Itching ,Scabies , Nose bleeding ,Pneumonia ,Lumbago,Stomach trouble ,Cholera .

DOSAGE :

Dosages mainly depend on different diseases SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG :</u> Oil.Kuljum( Hamdord laboratories) Oil.Algin(Mansons Laboratory) Oil.Arq.Azib ( Bengal unani laboratories) Oint. Azib( Sanj BD)

## MARIGOLD

#### Eases pain and improves movement

Pain....

Is the commonest cause of mobility, disability, work loss in rural and urban communities of Bangladesh. Women are affected more frequently then men.Frist line treatment of localized rheumatic pain and joint stiffness general consists of topical counterirritants such as Oleoresin capsicum.The analgesic effect result from the methoxyphenol portion of the capsaicin molecule that interfers with the lopoxygenase and cyclooxygenase pathway.

INDICATIONS : Wounds ,Burns,Dermatitis ,Dry skin ,Leg ulcer,Boils,roctitis ,

**DOSAGES** :

As per needed for external use SIDE EFFECT : There is no significant side effect

<u>MARKET DRUG :</u> Oint.Coolmax( Acme Laboratory) Oint.Merimint( Acmes laboratory) Oint.Skibic(SB Lab)

#### **BAT RAKKHOSHI**

It is a unique combination of valuable herbs Colchicum luteum, aloe barbadensis, solanum nigrum, terminalia chebula which is highly effective in all kinds of rheumatism such as chronic rheumatoid arthritis, osteoarthritis, sciatica, lumbago, gout, joint pain etc.

INDICATIONS : All kinds of rheumatism such as chronic rheumatoid arthritis, Osteoarthritis,

Sciatica,Lumbago,Gout,Joint pain .

DOSAGES :

1-2 tabs 2 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosages.

MARKET DRUG :

Oil.Dorde sondi( Sabinko unani laboratories) Oil.Alium( MK Laboratory) Oil.Bat rakkhosi ( Feni dawyakhana) Oil.Reuma ( Ichiban Laboratory)

#### **MUSCLE RUB**

#### Eases pain and improves movement

Pain....

Is the commonest cause of mobility, disability, work loss in rural and urban communities of Bangladesh. Women are affected more frequently then men.Frist line treatment of localized rheumatic pain and joint stiffness general consists of topical counterirritants such as Oleoresin capsicum.The analgesic effect result from the methoxyphenol portion of the capsaicin molecule that interfers with the lopoxygenase and cyclooxygenase pathway.

INDICATIONS : Muscle pain,Sprains,Strains, Sports injury ,Headache,Low back pain ,Arthralgia and joint pain ,Osteoarthritis .

DOSAGES : As per needed for external use SIDE EFFECT : There is no significant side effect

<u>MARKET DRUG :</u> Onit.Remove (Neptune Laboratory) Oint. AP moov(Ap ayurvedic) Oint.Medix(Jayson unani) Oint.Pain off(Roots unani) Oint.Torel(Square pharmaceuticals) Oint.Relibalm(Square herbal) Oint.Coolmax(Acme Laboratory) Oint.Painthol muscle rub (Kemico Pharma ayurvedic)

### SUNDI SUDA OR DORDE SONDI

It is a unique combination of valuable herbs Colchicum luteum, aloe barbadensis, solanum nigrum, terminalia chebula which is highly effective in all kinds of rheumatism such as chronic rheumatoid arthritis, osteoarthritis, sciatica, lumbago, gout, joint pain etc. INDICATIONS : All kinds of rheumatism such as chronic rheumatoid arthritis, Osteoarthritis, Sciatica, Lumbago, Gout, Joint pain. DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

<u>MARKET DRUG :</u> Oil.Dorde sondi( Sabinko unani laboratories) Oil.Alium( MK Laboratory) Oil.Bat rakkhosi ( Feni dawyakhana) Oil.Reuma ( Ichiban Laboratory)

## **CHAPTER:31**

## CARDIOVASCULAR PREPARATION DRUG

1.Arjunarist 2.Dimagi 3.Jawaherdar 4.Khamira Gawjaban 5.Khamira Abresom 6. Khamira gawjaban Ambori 7.Sondol 8. Coenzyme Q 10

#### ARJUNARISTA

It is a single herb which have rejuvenative, aphrodisiac, anti oxidant properties. It restores loss of memory and is used in case of nervous exhausted, spermatophore, senile debility. It is used nervous debility, reduce libido, insanity, insomnia, swooning and general decay. It is also used for all ages of both male and female patients.

INDICATIONS : Nervous debility,Reduce libido ,Insanity ,Insomnia, Swooning ,General decay . DOSAGES :

If powder 1 tsf 2 times daily or as directed by unani physician. If syp.2 tsf 2-3 times daily or as directed by unani physician . SIDE EFFECT : There is no significant side effect. MARKET DRUG: Syp.Arjunacard(Acme) Syp.Cardolin(SB Lab)

## ASWAGONDHARIST

It is a single herb which have rejuvenative, aphrodisiac, anti oxidant properties. It restores loss of memory and is used in case of nervous exhausted, spermatophore, senile debility. It is used nervous debility, reduce libido, insanity, insomnia, swooning and general decay. It is also used for all ages of both male and female patients.

INDICATIONS : Nervous debility ,Reduce libido ,Insanity ,Insomnia ,Swooning ,General decay. DOSAGES :

If powder 1 tsf 2 times daily or as directed by unani physician. If syp.2 tsf 2-3 times daily or as directed by unani physician . SIDE EFFECT : There is no significant side effect. <u>MARKET DRUG :</u> Syp Ashogondarist ( Hamdord laboratories) Syp.Nervolin( Acme laboratory) Syp.Winfit( Winko Pharma ayurvedic) Syp.Mediton(SB Lab) Same band name in different company.

## DIMAGI

It is unique preparation of ayurvedic medicine which acts brain tonic. INDICATIONS :Relive of Strength ,Valour,Splender,Memory retentive ,Loss of memory ,Menstrual flax and spermetic. DOSAGE: Adult :2tsf daily Children :1 tsf daily Or as directed by unani physician SIDE EFFECT : There is no significant side effect

<u>MARKET DRUG :</u> Syp.Dimagi( IBN Sina) Syp.Dimagi( Dr.Mubarak) Same band name in different company.

#### Jawyaherdar

#### Promote vital energy

It is a unani formulation which prepared by active multivitamin, medicinalsherb, naturalminatels. It also helps to remove General weakness, Anxiety, Mental stress, Anorexia, Malnutrition, Weakness during lactation, weight loss, Brain disorder, Its plays an important role about that factor. INDICATIONS : Nutritional therapy...,Anaemia due to pregnancy,Growth of children,Loss of appetite, Nervousness, Mental performance, Vitamins deficiency, Loss of weight, Stress and illness, Vitamin deficiency due to Antibiotics therapy. DOSAGES :1-2Tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. **PREGNANCY**: It is safe for pregnancy and lactating mother.

**MARKET DRUG**: Tab.Suvit( Hamdord laboratories) Tab.Vitarex(Neptune Laboratory) Tab.Muravit (IBN Sina)

#### K.GAWJABAN

## Weakness of vital organ, cardiac problem medicine. It is an special unani preparation.

INDICATIONS : Brain tonic, Heart disease , General weakness , Weakness of vital organs. **DOSAGES**: 6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. **PREGNANCY** : It is safe for pregnancy and lactating mother.

**MARKET DRUG** :

Arq.Gaozoban (Bengal unani laboratories) SB Gaozoban (Sanj BD) Syp.B Tone (Botanic Pharma) Cap.Popex( Popy unani laboratories) Syp.Multined plus (Nidhi unani laboratories) Syp.Atomex( Active unani) Syp.Gplex (Galaxi Laboratory)

#### K.ABRESOM

## Weakness of vital organ, cardiac problem medicine. It is an special unani preparation.

INDICATIONS : Brain tonic, Heart disease, General weakness, Weakness of vital organs. **DOSAGES**:

6 TSF 2-3 times daily or as directed by unani physician.

SIDE EFFECT : There is no side effect show. PREGNANCY : <u>It is safe for pregnancy and lactating mother</u>.

<u>MARKET DRUG</u>: Same band name in different company marketed.

## K.GAWJABA AMBORI

It is unique preparation of ayurvedic medicine which acts brain tonic. INDICATIONS : Relive of Strength ,Valour,Splender,Memory retentive ,Loss of memory , Menstrual flax and spermetic. DOSAGE: Adult :2tsf daily Children :1 tsf daily Or as directed by unani physician SIDE EFFECT : There is no significant side effect

#### MARKET DRUG :

Same band name in different company marketed.

#### SONDOL

It is a single herb which have rejuvenative, aphrodisiac, anti oxidant properties. It restores loss of memory and is used in case of nervous exhausted, spermatophore, senile debility. It is used nervous debility, reduce libido, insanity, insomnia, swooning and general decay. It is also used for all ages of both male and female patients.

INDICATIONS : Nervous debility ,Reduce libido ,Insanity ,Insomnia ,Swooning ,General decay .

DOSAGES : If powder 1 tsf 2 times daily or as directed by unani physician.

If syp.2 tsf 2-3 times daily or as directed by unani physician .

SIDE EFFECT :

There is no significant side effect.

MARKET DRUG :

Same band name in different company marketed.

## **COENZYME Q10**

Coenzyme is a fat soluble substance and acts as a vital intermediate of the electron transport system in the mitochondrial membrane for Cellular respiration and ATP production. Cells and tissue those are metabolically active (Such as heart, immune system, skeleton muscle and gingiva) have the highest requirement of Ubidecareone and most susceptible to Ubidecareonedeficiency. Ubidecareone level in the body decline with advancing age and thus contribute in manifestations of aging. INDICATIONS :

Neurological disorder -Myopathy, Muscular dystrophy, Ataxia, Parkinsons disease, Genitic Neuromuscular disease -Alzheimer's diseases, migraine Cardiovascular disease –Congestive heart failure, Cardiomyopathy,Hypertension, Heart protection during surgery, Angina Others –Periodontal gum diseases, Exercise performance, Diabetes, Cancer,Asthma,Thyroid disorder. DOSAGES : 1-3 Caps daily after meal or as directed by unani physician. SIDE EFFECT : None known PREGNANCY : It is safe and relatively well tolerated in recommended dosages.

<u>MARKET DRUG :</u> Cardi -Q 50 ( Square pharmaceuticals) Cap.Cooxident ( SB laboratories)

### **CHAPTER :32**

#### ANTI HYPERTENSIVE DRUG

1.FISHER 2.NIBARON BOTI 3.GARLIC 4.NARAYON OIL 5. SHAFI

#### **FISHER**

It is effective natural medicine to normalize hypertension and anxiety. The main ingredient of fisher is Rauwolfia serpentina. It is very effective in insomnia, hysteria, epilepsy, violent menia, schizophrenia, severe persistent Headache, Tension.

INDICATIONS : Anti hypertensive ,Lack of vitamin c,General weakness ,Nervous debility ,Indigestion , Loss of memory ,Loss of appetite ,Dyspnea,All kinds of skin diseases . DOSAGES :

2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Tab.Normatensin( Hamdord laboratories)

#### **NIBARON BOTI**

It is effective natural medicine to normalize hypertension and anxiety. The main ingredient of fisher is Rauwolfia serpentina. It is very effective in insomnia, hysteria, epilepsy, violent menia, schizophrenia, severe persistent Headache, Tension.

INDICATIONS : Anti hypertensive ,Lack of vitamin c,General weakness ,Nervous debility ,Indigestion , Loss of memory ,Loss of appetite Dyspnea,All kinds of skin diseases.

DOSAGES :

2 tabs 2 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Tab.Hiten R( Ichiban Laboratory) Same band name in different company marketed.

## GARLIC

Garlic is one of the most recommended unani medicine for better health and well being. Garlic acts as prebiotic, helps to regulate blood glucose levels, improves blood flow, decrease total cholesterol and triglyceride and also reduce the risk of hypertension and heart disease. Garlic is highly effective in respiratory tract aliments, prevent infectious diseases and inflammation. It has antioxidants property and helps to reduce risk of cancer.

INDICATIONS :Diabetes ,Rheumatism ,Gout,RTI,Bronchitis ,Asthma ,Hypertension,ercholesterolemia. DOSAGES :

1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

MARKET DRUG :

Tab.Alisa( Hamdord laboratories) Tab.Garlik( Neptune laboratory) Tab.Garlistat(IBN Sina) Cap.Garlet( Et lab) Cap.Garlin( Square pharmaceuticals) Cap.Garlicap( Drug international) Syp.Garlicon(Jayson natural) Cap.Lopid( Acme laboratories) Cap.Lipidryl(SB Lab)

## NARAYON OIL

It is a unani formulation which is prepared by effective herbs such as Amloki and others ingredients. It is effective for adult and child. It also acts malnutrition, memory loss, general weakness, indigestion. It is a tonic for daily use. It has vitamin c supplement.

INDICATIONS : Anti hypertensive ,Lack of vitamin c,General weakness ,Nervous debility, Indigestion , Loss of memory ,Loss of appetite ,Dyspnea,All kinds of skin diseases .

DOSAGES :

6 TSF 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no side effect show.

PREGNANCY : It is safe for pregnancy and lactating mother .

MARKET DRUG :

Same band name in different company marketed.

### SHAFI

It is effective natural medicine to normalize hypertension and anxiety. The main ingredient of fisher is Rauwolfia serpentina. It is very effective in insomnia, hysteria, epilepsy, violent menia, schizophrenia, severe persistent Headache, Tension.

INDICATIONS : Anti hypertensive ,Lack of vitamin c,General weakness, Nervous debility ,Indigestion , Loss of memory ,Loss of appetite ,Dyspnea,All kinds of skin diseases . DOSAGES : 2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage. <u>MARKET DRUG :</u> <u>Tab.Normatensin(Hamdord)</u> Same band name in different company marketed.

## CHAPTER :33

## **CALCIUM PREPARATION DRUG :**

1.Sadaf 2.Khore mohora 3.HYATEEN MURAKKAV 4.MARWARDI 5.Kori

#### SADAF

It is a unique combination of areca catechu,butea monosperma,asphalt,calcined iron oxide.It is very effective in leucorrhoea,Weakness of uterus, Irregular Menstruation

INDICATIONS : Irregular Menstruation ,Dysmenorrhea ,Amenorrhea ,Leucorrhoea, Anaemia ,Metritis. DOSAGES :

1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect <u>MARKET DRUG :</u> Tab.Calrif( Hamdord laboratories) Cap.Lecocel( Millat unani laboratories) Tab.Marve( Active unani laboratories) Same band name in different company.

### KHORE MOHORA

It is a unique combination of areca catechu,butea monosperma,asphalt,calcined iron oxide.It is very effective in leucorrhoea,Weakness of uterus, Irregular Menstruation INDICATIONS : Irregular Menstruation ,Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia ,Metritis. DOSAGES : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect

<u>MARKET DRUG :</u> Tab.B Bone(Botanic)

### HYATEEN MURAKKAV

Promote vital energy

It is a unani formulation which prepared by active multivitamin, medicinalsherb, naturalminatels. It also helps to remove General weakness, Anxiety, Mental stress, Anorexia, Malnutrition, Weakness during lactation, weight loss, Brain disorder, Its plays an important role about that factor. INDICATIONS : Nutritional therapy..., Anaemia due to pregnancy, Growth of children, Loss of appetite, Nervousness, Mental performance, Vitamins deficiency, Loss of weight, Stress and illness, Vitamin deficiency due to Antibiotics therapy. DOSAGES :1-2Tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother . <u>MARKET DRUG :</u> Tab.Suvit( Hamdord laboratories) Tab.Vitarex( Neptune Laboratory) Tab.Muravit ( IBN Sina)

## KORI

It is a single herb which have rejuvenative, aphrodisiac, anti oxidant properties. It restores loss of memory and is used in case of nervous exhausted, spermatophore, senile debility. It is used nervous debility, reduce libido, insanity, insomnia, swooning and general decay. It is also used for all ages of both male and female patients.

INDICATIONS : Nervous debility ,Reduce libido ,Insanity ,Insomnia ,Swooning ,General decay . DOSAGES :

If powder 1 tsf 2 times daily or as directed by unani physician. If syp.2 tsf 2-3 times daily or as directed by unani physician . SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG :</u> Same band name in different company.

### MARWARDI

It is a unique combination of areca catechu,butea monosperma,asphalt,calcined iron oxide.It is very effective in leucorrhoea,Weakness of uterus, Irregular Menstruation INDICATIONS : Irregular Menstruation ,Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia ,Metritis.

DOSAGES :

**1-2 TABS 3 times daily or as directed by unani physician.** 

SIDE EFFECT :

There is no significant side effect <u>MARKET DRUG :</u> Tab.Calrif( Hamdord laboratories) Cap.Lecocel( Millat unani laboratories)

Tab.Marve( Active unani laboratories)

Same band name in different company.

## **CHAPTER :34**

## SEDATIVES PREPARATION DRUG

1.Valitarian 2.St.johons wort 3.Fisher 4.Amla 5.Shafi 6.Nibaran boti 7.Affrox(Radiant)

#### VALITARIAN

It is special preparation of standardized extract of Velerian root which is very effective in nervous debility and mental stress.

INDICATIONS : Nervousness ,Insomnia ,Restlessness ,Nervous debility ,Mental disorder ,Lack of concentration .

DOSAGES :

1-2 caps 1 time Daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage

<u>MARKET DRUG :</u> Cap.Valent( Hamdord laboratories) Cap.Sleep Easy (Renata herbal) Cap.Insocap(SB Lab)

## **St.JOHONS WART**

It is a perennial herb having yellow flowers.Its medical value is known for over 2000 year. INDICATIONS : Mental depression ,Anxiety ,Sleeping Disturbance ,Fatigue,Seasonal affected disorder, Enhance memory, Mental concentration ,Receptivity . DOSAGES : 1 cap 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

MARKET DRUG : Cap.Dort( Drug international) Cap.Jort( Square herbal) Cap.Anjort( IBN Sina) Cap.Perkup(Acme) Cap.Wort(Chemist) Cap.ANXITAB(sb lab) Cap.Jonort(Hamdord) Aslo marketed Hamdord laboratories and many others company.

## FISHAR

It is effective natural medicine to normalize hypertension and anxiety. The main ingredient of fisher is Rauwolfia serpentina. It is very effective in insomnia, hysteria, epilepsy, violent menia, schizophrenia, severe persistent Headache, Tension.

INDICATIONS : Mental depression ,Anxiety, Sleeping Disturbance ,Fatigue,Seasonal affected disorder , Enhance memory ,Mental concentration ,Receptivity. DOSAGES :

2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Tab.Normatensin( Hamdord laboratories) Same band name in different company marketed.

## AMLA

It is a unani formulation which is prepared by effective herbs such as Amloki and others ingredients. It is effective for adult and child. It also acts malnutrition, memory loss, general weakness, indigestion. It is a tonic for daily use. It has vitamin c supplement.

INDICATIONS : Anti hypertensive ,Lack of vitamin c,General weakness ,Nervous debility ,Indigestion , Loss of memory ,Loss of appetite ,Dyspnea,All kinds of skin diseases .

DOSAGES :

6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

<u>MARKET DRUG:</u> Syp.Amlabery ( Drug international) Syp.Amlavit ( Neptune laboratory) Syp.Myrosin( IBN Sina) Syp.Amloki plus( Unidrug unani laboratories) Syp.Amlokirasayon ( Dhaka Pharma) Syp.Amloki plus (Unidrug)

## SHAFI

It is effective natural medicine to normalize hypertension and anxiety. The main ingredient of fisher is Rauwolfia serpentina. It is very effective in insomnia, hysteria, epilepsy, violent menia, schizophrenia, severe persistent Headache, Tension.

INDICATIONS :Anti hypertensive ,Lack of vitamin c,General weakness ,Nervous debility ,Indigestion , Loss of memory ,Loss of appetite ,Dyspnea,All kinds of skin diseases . DOSAGES :

2 tabs 2 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

MARKET DRUG:

Same band name in different company marketed.

## NIBARAN BOTI

It is effective natural medicine to normalize hypertension and anxiety. The main ingredient of fisher is Rauwolfia serpentina. It is very effective in insomnia, hysteria, epilepsy, violent menia, schizophrenia, severe persistent Headache, Tension.

INDICATIONS :Anti hypertensive ,Lack of vitamin c,General weakness ,Nervous debility ,Indigestion , Loss of memory ,Loss of appetite ,Dyspnea,All kinds of skin diseases .

DOSAGES :

2 tabs 2 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Tab.Hiten R( Ichiban Laboratory) Same band name in different company marketed.

## CHAPTER: 35

## NATURAL APPETIZER DRUG

1.Amla 2.Movez 3.Seb 4.Amaloki Rasayon 5.Pudina 6.Vaskar laban

#### AMLA

Amla is a unani formulation which is prepared by effective herbs such as Amloki and others ingredients. It is effective for adult and child. It also acts malnutrition, memory loss, general weakness, indigestion. It is a tonic for daily use. It has vitamin c supplement. INDICATIONS :Lack of vitamin c,General weakness ,Nervous debility ,Indigestion, Loss of memory , Loss of appetite , Dyspnea, All kinds of skin diseases . DOSAGES : 6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother . **MARKET DRUG** : Syp.Amlabery (Drug international) Syp.Amlavit (Neptune laboratory) Syp.Myrosin(IBN Sina) Syp.Amloki plus( Unidrug unani laboratories) Syp.Amlokirasayon (Dhaka Pharma) Syp.Amloki plus (Unidrug) Syp.Ascocid (Ashoka laboratory) Syp.Phylika(Winko Pharma) Syp.Dipep (Ichiban Laboratory) Syp.Dilucid (Sheed Pharma) Syp.Amcivit (Square pharmaceuticals) Syp.Akrocid (Akram laboratory) Syp.Amloki rasayan (Feni) Syp.AB Cid (AB Pharma) Syp.Amloki rasayan (IK Pharma) Syp.Amlacid(Acme Lab) Syp.Amlac(Jaysone natural) Syp.Scormin(SB Lab)

### MOVEZ

It is a natural body building syrup which effectively replenishes lost energy. It plays an important role to strengthen body promptly. It is compose of a number of natural vitamin deficient disorder. Regular intake of It over come malnutrition, fatigability, and different inflammatory conditions. It is an ideal and highly potent rejuvenating agent. More over It acrs as a curetive on vitamin deficiency which is generalised occurred by the harmful of antibiotics. INDICATIONS:Nutritional therapy...,Anaemia due to pregnancy,Growth of children ,Loss of appetite , Nervousness ,Mental performance ,Vitamins deficiency ,Loss of weight , Stress and illness,Vitamin deficiency due to Antibiotics therapy. DOSAGES : 4 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

MARKET DRUG :

Same band name in different company marketed.

#### SEB

A unique combination of valuable herbs and vitamins with minarels.SEB is a non alcoholic vitaminized unani tonic of scientifically proven bioavailability in mental performance, anaemia of pregnancy, lactation, liver protective etc.SEB can be used as tonic in all season by the whole family. SEB contains a balanced proportion of extract of various vitalizing herbs which have been successfully used for centuries to provide energy and stimulate for Muscle and nerves.

INDICATIONS:Nutritional therapy..., Anaemia due to pregnancy ,Growth of children ,Loss of appetite , Nervousness ,Mental performance ,Vitamins deficiency, Loss of weight ,Stress and illness,Vitamin deficiency due to Antibiotics therapy.

DOSAGES :

6 TSF 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

MARKET DRUG :

Syp.Plavit ( Botanic Pharma) Syp.Neuroplex( Nidhi unani laboratories) Syp.Herboplex ( Neptune Laboratory) Syp.Septovit ( Mansons pharmaceutical) Syp.Visam ( Shams unani laboratories) Syp.Aviva ( Active unani laboratories) Syp.Lian( Unifel unani laboratories) Syp.Sebton(IBN Sina)

#### AMALOKI RASAYON

### VITAMIN CAN SAVE MILLIONS OF PEOPLE OF HEART ATTACK.

Vitamin c deficiency, common cause of heart disease, result million of people's of death each year. Amloki rasayan is an excellent natural vitamin c and carminative. Benefit over synthetic vitamin c. Highest source of natural vitamin c Super anti oxidant and prevent ageing Heart and storage stable

due to chemical nature. Dental Erosion may occur chewing vitamin c supplement which can be omitted by syrup. Best carminative and digestant.

INDICATIONS : Indigestion , Dyspepsia , Flatulence , Constipation , Abdominal pain due to gases, Stomach and liver disorder , Deficience of vitamin c.

DOSAGES :

Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother. MARKET DRUG : Syp.Ascocid (Ashoka laboratory) Syp.Phylika(Winko Pharma) Syp.Dipep (Ichiban Laboratory) Syp.Dilucid (Sheed Pharma) Syp.Amcivit (Square pharmaceuticals) Syp.Akrocid (Akram laboratory) Syp.Amloki rasayan (Feni) Syp.AB Cid (AB Pharma) Syp.Amloki rasayan (IK Pharma)

#### **PUDINA**

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases,Stomach and liver disorder. **DOSAGES** : Child: 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY:** It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Tab.Pudinatab( Neptune laboratory) Cap.Pudina( IBN Sina) Arq.Pudina( Hamdord laboratories) Syp.Gripep( Galaxi Laboratory)

#### VASKOR LABON

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases,Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. **PREGNENCY**: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Hazmo A ( Acme laboratories) Tab.Hazmitab (Jaysone natural) Tab.Hasmin(SB Lab)

## CHAPTER: 36

#### ANTI OBESITY DRUG

1.Garlik 2.Muhazzil 3.Barovagni louha 4.Laxative 5.Green tea 6.Triphola churna

#### GARLIK

Garlic is one of the most recommended unani medicine for better health and well being. Garlic acts as prebiotic,helps to regulate blood glucose levels, improves blood flow, decrease total cholesterol and triglyceride and also reduce the risk of hypertension and heart disease. Garlic is highly effective in respiratory tract aliments, prevent infectious diseases and inflammation. It has antioxidants property and helps to reduce risk of cancer.

INDICATIONS :Diabetes, Rheumatism ,Gout,RTI,Bronchitis ,Asthma, hypertension , yoercholesterolemia. DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages. <u>MARKET DRUG :</u> Tab.Alisa( Hamdord laboratories) Tab.Garlik( Neptune laboratory) Tab.Garlistat(IBN Sina) Cap.Garlet( Et lab) Cap.Garlin( Square pharmaceuticals) Cap.Garlicap( Drug international) Syp.Garlicon(Jayson natural) Cap.Lopid( Acme laboratories) Cap.Lipidryl(SB Lab)

### LAXATIVE

#### Mulayin

It is a effective herbal remedy. it Relieving constipation by stimulating peristaltic movement. Constipation means slow movement of foeces through the large intestine. It is often associated with large quantities dry or hard foeces in the desendring colon that accumulated because of the long time available absorption of fluid. A sufferer may find it extremely painful of difficult in defaccation.Mulayen stimulant intestinal peristaltic movement, make the stool soft for gentle laxation.

INDICATIONS : Mulayen acts as prebiotic, It stimulates peristaltic movement, It acts as single laxative and relieve constipation, It detoxifies and restores the function of colon, It reduce the excess gas and cramping, It helps to relieves IBS, It helps to relieves colic, It tones up digestive and nervous system, It relieve chronic headache.

DOSAGES :

1tabs at bed time or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Tab.Herbolac( IBN Sina)

Tab.Tonalax( Hamdord laboratories)

Tab.Laxavin( Neptune laboratories)

Tab.Mulayen (Feni dawyakhana)

Same band name in different company marketed.

#### ISOBGUL

Pure and clear, well preserved in laboratories. Isobgul is a mixed laxative, diuretic, demulcent and soothing for the gastric and intestinal mucosa and ulceration. It is effective in chronic amoebic dysentery, chronic constipation, chronic diarrhoea and pills duty to its inherent anaesthetic properties. It relieves gastric and peptic ulcer pain.

INDICATIONS : Chronic dysentery , Chronic headache , Chronic constipation , Chronic diarrhoea , Chronic piles, Gastric irritant , Ulceration .

DOSAGES :

1 sachet 2 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Fiberlax( Incepta Pharma) Redigel( Radiant Pharma) Ispagul( Hamdord laboratories) Ispergul( Square herbal) Laxadil Ep( Drug international) Laxate ( Medimet Pharma) Laxgel( Popular Pharma) Lite( Rephco Pharma) Same band name in different company marketed.

#### SANA

It is a effective herbal remedy. it Relieving constipation by stimulating peristaltic movement. Constipation means slow movement of foeces through the large intestine. It is often associated with large quantities dry or hard foeces in the desendring colon that accumulated because of the long time available absorption of fluid. A sufferer may find it extremely painful of difficult in defaccation.Mulayen stimulant intestinal peristaltic movement, make the stool soft for gentle laxation.

INDICATIONS : Mulayen acts as prebiotic, It stimulates peristaltic movement , It acts as single laxative and relieve constipation, It detoxifies and restores the function of colon, It reduce the excess gas and cramping , It helps to relieves IBS, It helps to relieves colic, It tones up digestive and nervous system, It relieve chronic headache.

DOSAGES :

1tabs at bed time or as directed by unani physician.

SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Tab.Sanalax( Genial unani laboratories) Fiberlax ultra( Incepta Pharma) Redigel( Radiant Pharma) IsobgulPlus(IBN Sina) Ispergul( Square herbal) Laxadil EP( Drug international) Facelax(Acme) Laxacol(SB Lab)

#### TRIPHOLA CHURNA

It is a effective herbal remedy. it Relieving constipation by stimulating peristaltic movement. Constipation means slow movement of foeces through the large intestine. It is often associated with large quantities dry or hard foeces in the desendring colon that accumulated because of the long time available absorption of fluid. A sufferer may find it extremely painful of difficult in defaccation.Mulayen stimulant intestinal peristaltic movement, make the stool soft for gentle laxation.

INDICATIONS : Mulayen acts as prebiotic, It stimulates peristaltic movement, It acts as single laxative and relieve constipation , It detoxifies and restores the function of colon, It reduce the excess gas and cramping , It helps to relieves IBS, It helps to relieves colic, It tones up digestive and nervous system , It relieve chronic headache .

DOSAGES :

1tabs at bed time or as directed by unani physician.

SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Sachet trifola ( Hamdord laboratories) Sof.Trifola ( Feni dawyakhana) Tab.Trifola plus( Ichiban)

#### MUHAZZIL

It is a effective herbal remedy. it Relieving constipation by stimulating peristaltic movement. Constipation means slow movement of foeces through the large intestine. It is often associated with large quantities dry or hard foeces in the desendring colon that accumulated because of the long time available absorption of fluid. A sufferer may find it extremely painful of difficult in defaccation.Mulayen stimulant intestinal peristaltic movement, make the stool soft for gentle laxation.

INDICATIONS : Mulayen acts as prebiotic, It stimulates peristaltic movement, It acts as single laxative and relieve constipation, It detoxifies and restores the function of colon, It reduce the excess gas and cramping, It helps to relieves IBS, It helps to relieves colic, It tones up digestive and nervous system, It relieve chronic headache.

DOSAGES :

1tabs at bed time or as directed by unani physician.

SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Cap.Sinaslim( IBN Sina)

Tab.Slimax( Neptune laboratories)

Same band name in different company marketed.

### **GREEN TEA**

It is a effective herbal remedy. it Relieving constipation by stimulating peristaltic movement. Constipation means slow movement of foeces through the large intestine. It is often associated with large quantities dry or hard foeces in the desendring colon that accumulated because of the long time available absorption of fluid. A sufferer may find it extremely painful of difficult in defaccation.Mulayen stimulant intestinal peristaltic movement, make the stool soft for gentle laxation.

INDICATIONS : Mulayen acts as prebiotic, It stimulates peristaltic movement, It acts as single laxative and relieve constipation, It detoxifies and restores the function of colon, It reduce the excess gas and cramping, It helps to relieves IBS, It helps to relieves colic, It tones up digestive and nervous system, It relieve chronic headache.

DOSAGES :

1tabs at bed time or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.Green tea( Chemist laboratories Cap.Cholesten(SB Lab) Same band name in different company marketed.

#### **BAROVAGNI LOUHA**

It is one of the most recommended unani medicine for better health and well being. It acts as prebiotic, helps to regulate blood glucose levels, improves blood flow, decrease total cholesterol and triglyceride and also reduce the risk of hypertension and heart disease. It is highly effective in respiratory tract aliments, prevent infectious diseases and inflammation. It has antioxidants property and helps to reduce risk of cancer.

INDICATIONS :Diabetes, Rheumatism ,Gout,RTI,Bronchitis ,Asthma ,Hypertension, Hyoercholesterolemia. DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

MARKET DRUG :

Cap.Lowfat( AB laboratory ayurvedic) Same band name in different company marketed.

## CHAPTER :37

## MENSTRUAL PROBLEM

1.Masturin 2.Evening primrose oil 3.Mudir 4.Patrangasob 5.Black chohosh 6.Red clob 7.Monjista

### MASTURIN

female sexual characteristic and established healthy menstrual function. It is a uterotonic specific for female disorder prepared with valuable natural ingredients like abroma augusta, saraca indica, withania somnifera, etc which acts solely of female reproductive system. It is a general nervine tonic for woman. It tones up the nerves, regulates menstrual cycle cures inflammatory pelvic disorder. It is a significantly prepared herbal syrup which regulates the development of menstrual cycle. INDICATIONS :Irregular Menstruation ,Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia ,Metritis. DOSAGES :

DOSAGES : 3-4 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect. PRESENTATION :450 ml syrup in amber glass bottle. <u>MARKET DRUG :</u> Syp.Masturin( Hamdord laboratories) Syp.Uterin( Roots unani) Syp.Lecosa( Sanj BD) Syp.Nisa(Parents unani) Syp.Femiton( AP unani) Syp.Licomex( IK unani laboratories) Syp.Masturin ( Bengal unani laboratories)

## **EVENING PRIMROSE OIL**

### Care for health and beauty

Evening primrose oil improve skin parameters. It is a unique single herb which also effective in mastalgia, tumour,cancer,all kinds of skin diseases. INDICATIONS :Mastalgia,Tumour,Cancer,all kinds of skin diseases. DOSAGES : 2caps 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

#### MARKET DRUG :

Cap.Eprim( Square pharmaceuticals) Cap.Primacap( Drug international) Cap.Primavera( Renata) Cap.Rose( General Pharma) Cap.Femorose(Incepta) Cap.SBprim(SB Lab)

#### MUDIR

It is a special preparation of synergistically acting natural ingredients such as Aloe barbadensis, Crocus sativus etc which helps to prevent amenorrhea, irregular menstruation, others female disorder. It maintain normal function of the uterus.

INDICATIONS :Amenorrhea ,Irregular menstruation . DOSAGES : 1-2 tabs 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Tab.Promef( Hamdord laboratories) Tab.Mensflow( Neptune laboratories) Tab.Menorex(IBN Sina) Same band name in different company marketed.

### PATRANGASOB

It is a poly herbal combined formulation of Ayurveda medicine with time tested selected medicinal plants having proven efficacy as uterine tonic. It is used to combat leucorrhoea, Uteralgia, anemia, anorexia. It is effective, safe and well tolerate.

INDICATIONS :Leucorrhoea,Uteralgia,Anemia,anorexia. DOSAGES : 2-4 tsf 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect. PRESENTATION : 200/450 ml syrup in amber glass bottle. MARKET DRUG :

Syp.Robin leuron( Robin Pharma) Syp.Lecor( Square pharmaceuticals) Syp.Famisafe ( AB Pharma) Syp.Mili( Genus Pharma) Syp.AP Potrangasob(AP Ayurvedic) Syp.Potrangasob( IK Ayurvedic) Syp.Leucon Syp.Leucofame ( Fame Pharma) Syp.Potrangasob ( Akram laboratory) Syp.Lyrin( Winko Pharma) Syp.Lecodin s( SB laboratories) Tab.Reusef( Ashoka laboratory) Syp.Lecosav( Acme laboratory)

### **BLACK COHOSH**

Burning sensation of whole body during menopausal Syndrome then black cohosh.Black cohosh known as both actaea recemosa and Cimicifuga recemosa.Black cohosh is a native North American plant that has been used for thousand of year by native North American to treatment menopausal syndrome. It has several important ingredient including tretepene glycoside and isoflavones and others ingredients including atomic acid,tanins,resins,fatty acid,starches,and sugar.Formononeting is the active elements in the herb that binds to estogens receptor sites inducing an estogen like activity in the body.

INDICATIONS :Hot flash,Night sweats,Depression ,Headache,Burning sensation of whole body . DOSAGES :

1-2 tabs 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage

MARKET DRUG :

Tab.Menocare( Acmes laboratories) Tab.F-Chohosh( IBN Sina) Tab.Ledica(Hamdord) Tab.Mestiza(Incepta) Tab.Menopa(Kemico) Tab.Menofemin(Radiant) Tab.Menolet(SB Lab) Tab.Redclov(Square Herbal)

#### **RED CLOV**

Red clover isoflavones interact with the human estrogen receptor. Red clover isoflavones preferentially active the best estrogen receptor found in brain, bones, cardiovascular disease and found in very little activity in the alfa receptor in breast and uterine tissue. INDICATIONS:

Helps to relieves system of menopause such as hot flush and night sweat, Menopause related osteoporosis and bone density loss, Maintain of cholesterol level. DOSAGES :

1 Cap at bed time.

SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG :</u> Cap.Redclov( Square herbal)

#### MANJISTA

female sexual characteristic and established healthy menstrual function. It is a uterotonic specific for female disorder prepared with valuable natural ingredients like abroma augusta, saraca indica, withania somnifera, etc which acts solely of female reproductive system. It is a general nervine tonic for woman. It tones up the nerves, regulates menstrual cycle cures inflammatory pelvic disorder. It is a significantly prepared herbal syrup which regulates the development of menstrual cycle. INDICATIONS :Irregular Menstruation ,Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia ,Metritis. DOSAGES : 3-4 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect. PRESENTATION :

450 ml syrup in amber glass bottle.

<u>MARKET DRUG :</u> Syp.Femolin( Acme laboratory)

## **CHAPTER:38**

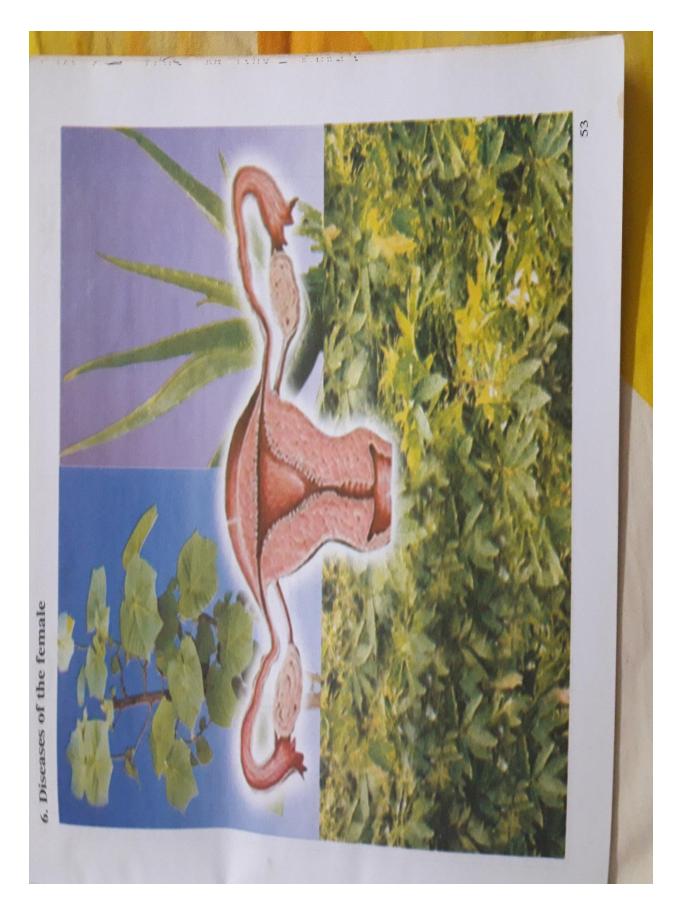
### **UTERINE TONIC**

1.Ashowkarist 2.Rehmin 3.Suparipak

### ASHOWKARIST

female sexual characteristic and established healthy menstrual function. It is a uterotonic specific for female disorder prepared with valuable natural ingredients like abroma augusta, saraca indica, withania somnifera, etc which acts solely of female reproductive system. It is a general nervine tonic for woman. It tones up the nerves, regulates menstrual cycle cures inflammatory pelvic disorder. It is a significantly prepared herbal syrup which regulates the development of menstrual cycle. INDICATIONS :Premenstrual syndrome, Menstrual irregularities, Dysmenorrhe, Dysfuntional uterine bleeding, Uterin toni. DOSGES : 4tsf3 times daily or as directed by ayurvedic physician. SIE EFFECT : Tere is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Syp.Menotox( Acme laboratories) Syp.Dubarel( Square herbal) Syp.Femilex(SB Lab) Syp.Leucoplex(Chemist) Same band name in different company marketed.



#### REHMIN

Rehmin is a unique combination of areca catechu,butea monosperma,asphalt,calcined iron oxide.It is very effective in leucorrhoea,Weakness of uterus, Irregular Menstruation INDICATIONS :Irregular Menstruation ,Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia ,Metritis. DOSAGES : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect.

MARKET DRUG :

Tab.Hermin ( IBN Sina) Tab.Leucoric ( Dr. Mubarak) Syp.Remina( Rebirth unani) Cap.Lecora ( Mansons pharmaceutical) Cap.Sadomin( Sadek unani la

#### **SUPARIPAK**

It is a unique combination of valuable herbs are saraca indica, Withania somnifera, annogeissus latifolia and others ingredients. It is also effective in white discharge, menorrhagia, metrorrhagia and removes menstrual disorder.

INDICATIONS : Irregular Menstruation , Dysmenorrhea , Amenorrhea , Leucorrhoea, Anaemia , Metritis. DOSAGES :

1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect.

#### MARKET DRUG :

Cap.Triva( Parents unani) Cap.Sailant ( Parents unani) Tab.Sailan( Feni dawyakhana). Tab.Sailan( Bengal unani laboratories) Syp.Sailanur rehem( Bengal unani laboratories) Same band name in different company.

## **CHAPTER : 39**

## PRE OR POST MENUPROSAL SYNDROME

1.Evening primrose oil 2.Red clov 3.Black chohosh 4.Masturin 5.Ashowkarist

#### **EVENING PRIMROSE OIL**

#### Care for health and beauty

Evening primrose oil improve skin parameters. It is a unique single herb which also effective in mastalgia, tumour, cancer, all kinds of skin diseases. INDICATIONS :Mastalgia, Tumour, Cancer, all kinds of skin diseases. DOSAGES : 2caps 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage. <u>MARKET DRUG :</u> Cap.Eprim( Square pharmaceuticals) Cap.Primacap( Drug international) Cap.Primavera( Renata) Cap.Rose( General Pharma) Cap.Femorose(Incepta) Cap.SBprim(SB Lab)

#### **RED CLOV**

Red clover isoflavones interact with the human estrogen receptor. Red clover isoflavones preferentially active the best estrogen receptor found in brain, bones, cardiovascular disease and found in very little activity in the alfa receptor in breast and uterine tissue.

INDICATIONS: Helps to relieves system of menopause such as hot flush and night sweat.

Menopause related osteoporosis and bone density loss.

Maintain of cholesterol level. DOSAGES : 1 Cap at bed time. SIDE EFFECT :

There is no significant side effect. MARKET DRUG :

Cap.Redclov( Square herbal)

### **BLACK CHOHOSH**

Burning sensation of whole body during menopausal Syndrome then black cohosh.Black cohosh known as both actaea recemosa and Cimicifuga recemosa.Black cohosh is a native North American plant that has been used for thousand of year by native North American to treatment menopausal syndrome. It has several important ingredient including tretepene glycoside and isoflavones and others ingredients including atomic acid,tanins,resins,fatty acid,starches,and sugar.Formononeting is the active elements in the herb that binds to estogens receptor sites inducing an estogen like activity in the body.

*INDICATIONS* :Hot flash,Night sweats,Depression ,Headache,Burning sensation of whole body . DOSAGES :

1-2 tabs 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage

<u>MARKET DRUG :</u> Tab.Menocare( Acmes laboratories) Tab.F-Chohosh( IBN Sina) Tab.Ledica(Hamdord) Tab.Mestiza(Incepta) Tab.Menopa(Kemico) Tab.Menofemin(Radiant) Tab.Menolet(SB Lab) Tab.Redclov(Square Herbal)

#### MASTURIN

It is a uterotonic specific for female disorder prepared with valuable natural ingredients like abroma augusta, saraca indica, withania somnifera, etc which acts solely of female reproductive system. It is a general nervine tonic for woman. It tones up the nerves, regulates menstrual cycle cures inflammatory pelvic disorder. It is a significantly prepared herbal syrup which regulates the development of female sexual characteristic and established healthy menstrual function.

INDICATIONS : Irregular Menstruation, Dysmenorrhea , Amenorrhea , Leucorrhoea, Anaemia , Metritis. DOSAGES :

3-4 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect. PRESENTATION :450 ml syrup in amber glass bottle. <u>MARKET DRUG :</u> Syp.Masturin( Hamdord laboratories) Syp.Uterin( Roots unani) Syp.Lecosa( Sanj BD) Syp.Nisa(Parents unani) Syp.Femiton( AP unani) Syp.Licomex( IK unani laboratories) Syp.Masturin ( Bengal unani laboratories)

#### ASHOWKARIST

female sexual characteristic and established healthy menstrual function. It is a uterotonic specific for female disorder prepared with valuable natural ingredients like abroma augusta, saraca indica, withania somnifera, etc which acts solely of female reproductive system. It is a general nervine tonic for woman. It tones up the nerves, regulates menstrual cycle cures inflammatory pelvic disorder. It is a significantly prepared herbal syrup which regulates the development ofmenstrual cycle. INDICATIONS :Premenstrual syndrome, Menstrual irregularities ,Dysmenorrhea ,Dysfunctional uterine bleeding ,Uterine tonic . DOSAGES :

4tsf 3 times daily or as directed by ayurvedic physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Syp.Menotox( Acme laboratories) Syp.Dubarel( Square herbal) Syp.Femilex(SB Lab) Syp.Leucoplex(Chemist) Same band name in different company marketed.

## **CHAPTER 40**

## ANTI HAIR FALL

1.Floriz 2.Amla hair oil 3.Nidra kusum oil 4.Spirulina

### AMLA OIL

Amla hair oil is an excellent tonic of hair. It strengthen hair roots and prevent falling of hair, maintain the natural colour and makes them shiny. It also imparts a cooling effect of head, promotes hair growth and makes hair silky, luxuriant, soft dark and lustrous.

INDICATIONS :Tyroma, Growing of hair , Dandruff and Insomnia , Makes them black and shiny. DOSAGES :

Gently massage sufficient quantity of oil on dry scalp and hair.

SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Amla hair oil (IBN Sina)

Hamdord amla hair oil (Hamdord laboratories)

Same band name in different company marketed.

### NIDRA KUSUM OIL

This oil is an excellent tonic of hair. It strengthen hair roots and prevent falling of hair, maintain the natural colour and makes them shiny. It also imparts a cooling effect of head, promotes hair growth and makes hair silky, luxuriant, soft dark and lustrous.

INDICATIONS :Tyroma, Growing of hair , Dandruff and Insomnia , Makes them black and shiny. DOSAGES :

Gently massage sufficient quantity of oil on dry scalp and hair. SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Same band name in different company marketed.

### **SPIRULINA**

### Natural vitamin and protein

A complete family nutrition to live healthy Spirulina is a blue – green algae.It is a world-wide popular food supplement. It is marketed as a Nutritional supplement in the USA,Europe, and Arabian countries. INDICATIONS :Malnutrition ,Iron deficiency ,Protein deficiency ,Hyperlipidemia,Skin problems , Unwanted hair loss ,Diabetes mellitus. DOSAGES: 2-3 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect. PREGNANCY AND LACTATING MOTHER :

Being a complete natural source of nutrition. It plays an important role in pregnancy and lactating mother.

#### MARKET DRUG :

Cap.Lina( Hamdord laboratories) Cap.Acmes spirulina ( Acme laboratories) Cap.Detox(SB laboratories) Cap.Sipu C ( Fame Pharma) Cap.Spiruwin ( winko Ayurvedic) Cap.Spiro( Parents unani) Cap.Spiru plus ( AB Pharma) Cap.Navit ( Square pharmaceuticals) Tab.Fulvita ( Sheed Pharma) Cap.Spirucap ( Drug international) Cap.Dirulina ( IBN Sina) Cap.Superlina(Chemist Lab) Cap.Purulin(Radiant Herbal) Cap.Nutrilina(Renata Herbal) Cap.Protinavit(Incepta Herbal)

## CHAPTER :41

## MEMORY ENHANCEMENT DRUG

1.Brammi rasayon 2.Asawgandharist 3.Gingobiloba 4.K.Gawjaban

#### **BRAMMI RASAYON**

It is unique preparation of ayurvedic medicine which acts brain tonic. INDICATIONS :Relive of Strength ,Valour,Splender,Memory retentive ,Loss of memory ,Menstrual flax and spermetic. DOSAGE: Adult :2tsf daily Children :1 tsf daily Or as directed by unani physician SIDE EFFECT : There is no significant side effect

#### MARKET DRUG :

Syp.Monera(Square) Syp.Braintel(Acme) Same band name in different company.

#### ASWAGANDHARITA

It is a single herb which have rejuvenative, aphrodisiac, anti oxidant properties. It restores loss of memory and is used in case of nervous exhausted, spermatophore, senile debility. It is used nervous debility, reduce libido, insanity, insomnia, swooning and general decay. It is also used for all ages of both male and female patients.

INDICATIONS :Nervous debility ,Reduce libido ,Insanity ,Insomnia ,Swooning ,General decay . DOSAGES : If powder 1 tsf 2 times daily or as directed by unani physician. If syp.2 tsf 2-3 times daily or as directed by unani physician . SIDE EFFECT : There is no significant side effect. <u>MARKET DRUG :</u> Syp Ashogondarist ( Hamdord laboratories) Syp.Nervolin( Acme laboratory) Syp.Winfit( Winko Pharma ayurvedic) Syp.Mediton(SB Lab) Same band name in different company.

#### GINGOBILOBA

It is a natural remedy for deficit in brain. It is used to combat memory loss due to close arteries in the brain. It may treatment dizziness, ringing in the ears, headache and INDICATIONS :Cerebral insufficiency ,Memory loss ,Depression ,Attention and memory loss due to Alzheimer's disease ,Multi infracted dementia. DOSAGES : 1 cap 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosages.

#### MARKET DRUG :

Cap.Biloba( Drug international) Cap.Altiver( Kemico) Cap.Giloba( Square pharmaceuticals) Cap.Gingo( Acme laboratory) Cap.Ginoba( Radiant herbal) Cap.Premelos( Incepta Pharma) Cap.Zico(Chemist) Cap.Kobi(Hamdord) Cap.Gingoba(IBN Sina) Cap.Geebee(Ranata) Cap.Brabolex(SB Lab)

#### K.GAWJABAN

Weakness of vital organ, cardiac problem medicine.

#### **CHAPTER** :42

#### DENTAL PREPARATION

1.Sunun babla 2.Kuljum 3.Kamomeli 4.Clove

#### SUNUN BABLA

It is a unique combination of Acacia arabica, Acacia catechu, Areca catechu, zingiber officinale etc. It is highly effective in pyorrhea, gingivitis, toothache, foul smel of mouth. INDICATIONS :Pyorrhea, Gingivitis ,Toothache ,Foul smel of mouth ,Dental caries,Bleeding gum, Mouth ulcer. DOSAGES : As per needed. *SIDE EFFECT : There is no significant side effect has been reported in proper dosage.* 

<u>MARKET DRUG :</u> Dontorakha( Hamdord laboratories) AP dorson churno( AP ayurvedic) Same band name in different company marketed.

## KULJUM

It provide rapid relief from congestion and pain. It widespread use rests on its safe and reliable action as an antiseptic, anti phlogistic and carminative, Dental disorder. INDICATIONS :Pyorrhea ,Gingivitis, Toothache ,Foul smel of mouth ,Dental caries,Bleeding gum, Mouth ulcer.

#### MARKET DRUG :

Oil.Kuljum( Hamdord laboratories) Oil.Algin( Mansons pharmaceutical unani) Arq.Azib( Bengal unani laboratories) Oint.Azib( Sanj BD) Oint.G Nex( Galaxy lab) Same band name in different company marketed.

### KAMOMELI

It is a herbal medicine which is very effective in gingivitis, bad breath.A pply herbal combination for complete oral solution. INDICATIONS :Inflammation of buccal and pharyngeal cavity,Periodontitis,Acute gingivitis ,Tonsil pain, Bad breath. DOSAGES : Inflam areas in the mouth and pharynx to be spread 3 times daily. SIDE EFFECT : There is no significant side effect.

MARKET DRUG :

Kamomil oral spray( Square herbal)

## CLOVE

It is a herbal medicine which is very effective in gingivitis, bad breath.A pply herbal combination for complete oral solution. INDICATIONS :Inflammation of buccal and pharyngeal cavity ,Periodontitis,Acute gingivitis ,Tonsil pain,Bad breath. DOSAGES : Inflam areas in the mouth and pharynx to be spread 3 times daily. SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG:</u> Mouth care( Acme)

# CHAPTER :43

## VITILIGO PREPARATION DRUG

1.Borsina 2.Zimad Boros 3.MUSAFFI 4.JIGARINE 5.ANJERIN POWDER

## BORSINA

It is a unique combination medicine prepared by effective herbs of psoralia corylifolia, Terminalia chebula, Zingiber officinale and valuable effective herbs which is highly effective in vitiligo. INDICATIONS :Vitiligo or leucoderma.

DOSAGES :

2caps 3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Cap.Antiligo( Hamdord laboratories) Cap.Pigmo( IBN Sina) Same band name in different company marketed.

## ZIMAD BOROS

It is a unique combination medicine prepared by effective herbs of psoralia corylifolia,Terminalia chebula, Zingiber officinale and valuable effective herbs which is highly effective in vitiligo. INDICATIONS :Vitiligo or leucoderma. DOSAGES : 2caps 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage. <u>MARKET DRUG :</u>Oint.(Mansons Pharma) Same band name in different company marketed.

## MUSAFFI

MUSAFFI is a powerful blood purifier and detoxifier that promote healthy skin and wound healing. MUSAFFI is natures Systemic purifier, supporting the natural cleansing mechanism of our skin and internal organs.There are some ingredients of MUSAFFI is better tonic herb that clear toxins, while supporting the body's natural inflammation response. MUSAFFI has also activity of tonic, Anti viral, Anti infective, Fevrifuge.Support normal skin health. Contains the active, bitter principle Constituents that help to relieves skin diseases. MUSAFFI shows Anti inflammatory, Anti pyretic, and Anti bacterial infection action. It has detoxifying benefit that's help maintain healthy circulatory, respiratory, And urinary system. Provides normal and clean blood flow to the organs.Promotes hair and skin. Supports internal detoxification.

INDICATIONS :Acts as blood purifier, Skin diseases, Tonic, Anti viral, Anti infective, Anti fevrail. DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle. MARKET DRUG :

Syp. Safi (Hamdard Laboratories) Syp. Hemosafe (Drug international) Syp.Hemodise (Deeplaid pharmaceuticals) Syp.Tasfina (Dr. Mubarak sir) Syp.Inamin(Sanj BD) Syp. Safiton( Roots pharmaceutical) Syp. Safex( Jeyson Natural pharmaceuticals) Syp.Skinogen( Neptune Laboratories) Syp.B pure( Popy pharmaceuticals) Syp.Purin( Botanic pharmaceuticals) Syp.Musaffi (Hamjanatural unani) Syp.Sarsin( Mansons pharmaceuticals) Syp.Khunsafa (Fendrugs Laboratories) Syp.Musaffijadid (Bengal unani laboratories) Arq. Musaffi (Bengal unani laboratories) Syp.Darsams(Shams unani laboratories) Syp.Alturin( Neplous unani laboratories) Syp.Porisker( Genial unani laboratories) Syp.G Musaffi( Galaxi Laboratory) Syp.Rosafi (Unifel unani laboratories) Syp.Surokta(GK) Syp.Pural(Etlab) Cap.Pob(Parents) Tab.Antamin(Sanj BD) Tab.Tasfin( Dr.Mubaraksir) Cap.Skinocap (Neptune Laboratory) Cap.Safi( Hamdord Laboratories) Tab.Musaffi(Fendrugs) Tab.Chirol (Ibnsina) Tab.Neem( Neplous Laboratory,) Syp.Sofera(Sabinko Laboratory) Syp.Musffi (Genial Laboratories)

#### JIGARINE

#### Effective in inflammation, Enlarged and Sluggish liver.

The normal function of the liver ensure good health. Jigarine helps to restoring liver in normal function. Jigarine is a specific unani preparations for enlarge and sluggish liver, infectious hepatitis, inflammatory conditions of liver. Jigarine contains Achillea millefolium regarded as lipotropic and sudorific and effective in infectious hepatitis. Artemisia absinthium helps and reduce liver, spleen inflammation.

INDICATIONS :Hepatitis ,Liver abscess ,Liver cirrhosis ,Jaundice ,Fatty liver ,Psoriasis ,All kinds of skin diseases .

**DOSAGES** :

1sachet 1-2 times daily or as directed by unani physician. SIDE EFFECT : Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY : It should not be used during pregnancy and lactation

#### MARKET DRUG :

Pakistani Jigarina Cap.Jigarine (Hamdord laboratories) Tab.Icterine(Hamdord laboratories) Syp.Icturn(Hamdord laboratories) Sof.Livo plus (Neplous unani lab) Sof.Kabedi (Ibn sina)

### **ANJERIN POWDER**

It is a unique combination medicine prepared by effective herbs of psoralia corylifolia,Terminalia chebula, Zingiber officinale and valuable effective herbs which is highly effective in vitiligo. INDICATIONS :Vitiligo or leucoderma. DOSAGES : 2caps 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Anjerin powder( Dr.Mubarak)

## **CHAPTER :44**

## ANTI OXIDANT

1.Spirulina 2.Coenzyme q 10

#### **SPIRULINA**

#### Natural vitamin and protein

A complete family nutrition to live healthy

Spirulina is a blue – green algae. It is a world-wide popular food supplement. It is marketed as a Nutritional supplement in the USA, Europe, and Arabian countries.

INDICATIONS :Malnutrition ,Iron deficiency ,Protein deficiency ,Hyperlipidemia,Skin problems , Unwanted hair loss ,Diabetes mellitus.

DOSAGES:

2-3 CAPSULES 1-2 times daily or as directed by unani physician.

SIDE EFFECT :

There is no side effect.

**PREGNANCY AND LACTATING MOTHER :** 

Being a complete natural source of nutrition. It plays an important role in pregnancy and lactating mother.

MARKET DRUG :

Cap.Lina( Hamdord laboratories) Cap.Acmes spirulina ( Acme laboratories) Cap.Detox(SB laboratories) Cap.Sipu C ( Fame Pharma) Cap.Spiruwin ( winko Ayurvedic) Cap.Spiro( Parents unani) Cap.Spiru plus ( AB Pharma) Cap.Navit ( Square pharmaceuticals) Tab.Fulvita ( Sheed Pharma) Cap.Spirucap ( Drug international) Cap.Dirulina ( IBN Sina) Cap.Superlina(Chemist Lab) Cap.Purulin(Radiant Herbal) Cap.Nutrilina(Renata Herbal) Cap.Protinavit(Incepta Herbal)

#### COENZYME Q 10

Coenzyme is a fat soluble substance and acts as a vital intermediate of the electron transport system in the mitochondrial membrane for Cellular respiration and ATP production. Cells and tissue those are metabolically active (Such as heart, immune system, skeleton muscle and gingiva) have the highest requirement of Ubidecareone and most susceptible to Ubidecareonedeficiency. Ubidecareone level in the body decline with advancing age and thus contribute in manifestations of aging. INDICATIONS :

Neurological disorder -Myopathy,Muscular dystrophy, Ataxia,Parkinsons disease, Genitic Neuromuscular disease -Alzheimer's diseases, migraine

Cardiovascular disease –Congestive heart failure, Cardiomyopathy,Hypertension, Heart protection during surgery, Angina

*Others –Periodontal gum diseases, Exercise performance, Diabetes, Cancer, Asthma, Thyroid disorder. DOSAGES :* 

1-3 Caps daily after meal or as directed by unani physician.

SIDE EFFECT :

None known

**PREGNANCY** :

It is safe and relatively well tolerated in recommended dosages.

<u>MARKET DRUG</u> :Cardi -Q 50 ( Square pharmaceuticals) Cap.Cooxident ( SB laboratories)

### **CHAPTER :45**

## **ANTI VIRAL PREPARATION :**

Slimarin
 Andrographis peniculeta
 Milk thistle
 Probiotic

#### SLIMARIN

A miracle for the treatment of the liver disorder. Silymarin protects the liver from free radical damage, increase the liver tissue regeneration rate, possesses anti hepatitis properties and aid in cirrhosis, protects the liver from xenobiotic liver damage. It has effective chronic hepatitis, cirrhosis and toxic liver damage.In this case it was found that Silymarin has a protective and curetive action on liver.Acute viral hepatitis A and B:In this case Silymarin showed significant normalizations of bilirubin and AST also.Significantly improves the markers of the liver function in fatty liver condition. Protects the liver from drug induced hepatotoxicity. Silymarin use According to Hepatic jaundice, Drug induced hepatitis, Liver Cirrhosis, Alcoholic Liver disorder.

INDICATIONS : Toxic liver damage , Jaundice , Chronic inflammatory liver condition , Alcoholic liver damage , Liver cirrhosis .

**DOSAGES** :

1Capsule should be taken 3 times daily or as directed by unani physician.

SIDE EFFECT :

A mild laxative effect has been observed.

**PREGNANCY AND LACTATING MOTHER :** 

*No information is available about the use of Silymarin in pregnancy and laclating mother. PRESENTATION :* 

140mg or 70 mg Capsule in blister box in 30 pack.

#### MARKET DRUG :

Cap.Silybin ( Square pharmaceuticals) Cap.Starliv ( Genus Pharma) Cap.Hepasil ( SB lab) Cap.Hepanor( Drug international) Cap.Livasil ( Incepta Pharma) Cap.Silarin(Chemist Lab) Cap.Slicap(IBN Sina) Cap.Radisil(Radiant Herbal)

#### KALOMEGH

#### FOR THE PREVENTION AND CONTROL OF HEPATITIS.

Andrographolide is extensively used as stimulating agent for liver enzymes and hepatoprotective agent. Andrographolide increase the bile flow and bile salt production. Andrographolide is potent hepatoprotective agent when Compared with Andrographis peniculeta

INDICATIONS :Anti viral properties ,Flavonoids,Anti inflammatory effect ,Anti oxidant . DOSAGES :

1-2 Tabs twice Daily or as directed by unani physician.

SIDE EFFECT :

*Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY :* 

It should not be used during pregnancy and lactation.

MARKET DRUG :

Tab.Hepafit( Acme laboratory)

Syp.Hepadex (Akram laboratory)

AP.Kalomegasob (AP.Ayurvedic)

Syp.RobinHepaton(Robin Pharma)

Syp.Kalomegasob(Feni dawyakhana)

## MILK THISTLE

## Natural hepatoprotective

It has been used traditionally for over 2000 years in different Nations, most common for the treatment hepatic and gallbladder disorder. It is strong natural Anti oxidant that inhibit the entry of harmful chemical agent to hepatocyte and same time generate new hepatic cells. It is being used as an effective and save herbal medicine for the treatment of jaundice, cirrhosis, gallbladder disorder, liver cancer, type 2 diabetes. To proven and hepatobilliary disorder and drug induce hepatotoxicity INDICATIONS :Acute and chronic hepatitis, Fatty degeneration of liver, Liver cirrhosis, Altered liver function, Drug induced hepatotoxicity, Type 2 diabetes.

DOSAGES :

1-2 CAPSULES 1-2 times daily or as directed by unani physician.

SIDE EFFECT : Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY :

It should not be used during pregnancy and lactation

### MARKET DRUG :

Cap.Livec ( Hamdord laboratories) Cap.Silycap( Ibn sina) Syp.Hepamilk(Acme Laboratory)

## **CHAPTER :46**

## **INTESTINAL DISORDER**

1.Piperment oil 2.Pudina 3.Hozmi 4.Probiotic

## **PIPERMENT OIL**

## **BOTANICAL NAME: Mentha arvensis**

COMPOSITION:Each soft gelatin enteric coted capsule contains peppermint oil. INDICATIONS:Gastrointestinal smooth muscle relaxes,Flatulence,Colic relieves,IBS,Diarrhoea. DOSAGES: 1CAPS 3times daily or as directed by unani physician SIDE EFFECT: There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG:</u> Cap.Mintek(Drug International) Cap.Colmint(Square herbal)

### PUDINA

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three -Remarkable amount of calcium High amount of iron B- complex and minerals Benefit – Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases,Stomach and liver disorder . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

<u>MARKET DRUG :</u> Tab.Pudinatab( Neptune laboratory) Cap.Pudina( IBN Sina) Arq.Pudina( Hamdord laboratories) Syp.Gripep( Galaxi Laboratory)

#### HOZMI

Hazmina is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS :Indigestion, Dyspepsia, Flatulence ,Constipation ,Abdominal pain due to gases,Stomach and liver disorder . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

#### MARKET DRUG :

Syp.Manzyne ( Mansons pharmaceutical) Syp.Digeco ( Sabinko unani laboratories) Syp.R mina ( Rediant unani) Syp.Gastocon( Neptune laboratories) Syp.Gastonil ( Neptune laboratories) Syp.Engined ( Nidhi unani laboratories) Cap.Engined plus ( Nidhi unani laboratories) Syp.Alpep ( Unifel unani laboratories) Syp.Hazmolex( IK Pharma unani) Syp.Sypon( Active unani) Cap.Sepno( Neplous unani laboratories) Syp.Stomazeyl ( Keya laboratories) Syp.Hazmi ( IBN Sina) Tab.Hazmi ( IBN Sina) Arq.Hazim(Bengal unani laboratories) Tab.Carmina ( Hamdord laboratories) Syp.Carmina ( Hamdord laboratories) Syp.Popycid( Popy unani laboratories) Syp.Popycid( Popy unani laboratories) Syp.Stocin( Botanic Pharma) Syp.Hazem( Joy Pharma) Cap.Digmina ( Deeplaid pharmaceutical) Syp.Hazem( Joy Pharma) Cap.Digmina ( Deeplaid pharmaceutical) Syp.Herbocid ( Dr.Mubarok) Syp.Herbocid ( Dr.Mubarok) Syp.Sanpep( Sanj BD) Syp.Digipep (Roots Pharma) Syp.Simecon( Roots Pharma) Syp.Remina ( Rebirth unani laboratories) Syp.Hazmi plus ( Parents unani) Syp.Difens ( Drug international)

#### PROBIOTIC

#### The natural flora of Human gut.

Probiotic- A unique symbiotic Formulation ORS+Probiotic in acute diarrhoea management

WHO recommended that oral rehydration salaine and probiotic can be used acute diarrhoea management and electrolyte losses along with probiotics.

Acute diarrhoea management – probiotic therapy with ORS restoes intestinal non pathogenic bacteria helps to maintain mucosal Integrity and improve electrolyte balance.

*Highly effective Against antibiotics associated diarrhoea, infectious diarrhoea, travelling diarrhoea. Probiotic with ORS reduce duration of diarrhoea in young children by 20%* 

INDICATIONS :Diarrhoea and diarrhoea related illness ,Digestive problem like IBS,Ulcers, Ulcerative colitis,Helicobactor pylory infection ,Lactose intolerance ,Antibiotic associated illness ,Vaginal infection.

DOSAGES :

1-3 caps 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect

MARKET DRUG :

Cap.Good gut( Renata) Cap.Probio( Square herbal) Cap.Prolacto( Drug international) Cap.Probiotic (Total herbal) Cap.Acteria ( Radiant) Cap.Lactomax( Dayee) Sachet protic( Kemico Pharma) Cap.Biogut( Sandoz) Susp.Interogerminia( Sanofi)

## CHAPTER :47

## ANTI HEMORRHOIDAL PREPARATION

1.Abhayarist 2.B.Badi 3.B.Damvi 4.Arshaharbati 5.Musaffi 6.Mukil 7.Triphola churna 8.Sylium husk+ mebeverine HCl

## ABHAYARIST

It is a unique liquid ayurvedic medicine. It is a combination of several midicinal plants that are effective to cure hemorrhoid, bleeding piles, constipation and indigenous. It also acts as antacid and carminative. It is aimed to treatment male and female patients of all age groups for oral administration.

INDICATIONS :Haemorrhoid,Bleeding piles ,Constipation ,Indigestion ,Hyperactivity, Carminative . DOSAGES :

tsf 3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG</u>:Syp.Hemorist( Acme laboratories)

Syp.Piloplus( AB laboratory ayurvedic)

Cap.Pilo 9( AB Pharma ayurvedic)

Syp.Abhyarist (Feni dawyakhana)

Syp.Ava(Chemist)

Same band name in different company marketed.

## B.BADI

It is a unique formulation of terminalia chebula, berberis aristata and others ingredients. It is also effective in different types of hemorrhoids or all kinds of hard or solid muscle increase in the body and constipation.

INDICATIONS :Hemorrhoids ,Flatulence and constipation ,Hard and solid muscle increase in the body , Also effective in tumour .

DOSAGES :

2tabs 3 times daily or as directed by unani physician

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

### MARKET DRUG :

Tab.Hemorin( IBN Sina) Tab.Handroid ( Hamdord laboratories) Tab.Pilex( Neptune Laboratory) Same band name in different company market

### ARSHAHARBATI

It is a unique liquid ayurvedic medicine. It is a combination of several midicinal plants that are effective to cure hemorrhoid, bleeding piles, constipation and indigenous. It also acts as antacid and carminative. It is aimed to treatment male and female patients of all age groups for oral administration.

INDICATIONS :Haemorrhoid,Bleeding piles ,Constipation ,Indigestion ,Hyperactivity ,Carminative . DOSAGES :

tsf 3 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

## MARKET DRUG :

Same band name in different company market

## B.DAMVI

It is a unique formulation of terminalia chebula , berberis aristata and others ingredients. It is also effective in different types of hemorrhoids or all kinds of hard or solid muscle increase in the body and constipation.

INDICATIONS :Hemorrhoids ,Flatulence and constipation, Hard and solid muscle increase in the body , Also effective in tumour .

DOSAGES :

2tabs 3 times daily or as directed by unani physician

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Tab.Handroid B(Hamdord) Tab.Hemopil(IBN Sina) Same band name in different company market

## MUSAFFI

MUSAFFI is a powerful blood purifier and detoxifier that promote healthy skin and wound healing. MUSAFFI is natures Systemic purifier, supporting the natural cleansing mechanism of our skin and internal organs.There are some ingredients of MUSAFFI is better tonic herb that clear toxins, while supporting the body's natural inflammation response. MUSAFFI has also activity of tonic, Anti viral, Anti infective, Fevrifuge.Support normal skin health. Contains the active, bitter principle Constituents that help to relieves skin diseases. MUSAFFI shows Anti inflammatory, Anti pyretic, and Anti bacterial infection action. It has detoxifying benefit that's help maintain healthy circulatory, respiratory, And urinary system. Provides normal and clean blood flow to the organs.Promotes hair and skin. Supports internal detoxification.

INDICATIONS :Acts as blood purifier,Skin diseases,Tonic, Anti viral,Anti infective,Anti fevrail. DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle.

<u>MARKET DRUG</u>:Syp. Safi (Hamdard Laboratories) Syp. Hemosafe (Drug international) Syp.Hemodise (Deeplaid pharmaceuticals) Syp.Tasfina (Dr. Mubarak sir) Syp.Inamin(Sanj BD) Syp. Safiton(Roots pharmaceutical) Syp. Safex(Jeyson Natural pharmaceuticals) Syp.Skinogen(Neptune Laboratories) Syp.B pure(Popy pharmaceuticals) Syp.Purin( Botanic pharmaceuticals) Syp.Musaffi (Hamjanatural unani) Syp.Sarsin(Mansons pharmaceuticals) Syp.Khunsafa (Fendrugs Laboratories) Syp.Musaffijadid (Bengal unani laboratories) Arq. Musaffi (Bengal unani laboratories) Syp.Darsams(Shams unani laboratories) Syp.Alturin( Neplous unani laboratories) Syp.Porisker( Genial unani laboratories) Syp.G Musaffi( Galaxi Laboratory) Syp.Rosafi (Unifel unani laboratories) Syp.Surokta(GK) Syp.Pural(Etlab) Cap.Pob(Parents) Tab.Antamin(Sanj BD) Tab.Tasfin(Dr.Mubaraksir) Cap.Skinocap (Neptune Laboratory) Cap.Safi( Hamdord Laboratories) Tab.Musaffi(Fendrugs) Tab.Chirol (Ibnsina) Tab.Neem( Neplous Laboratory,) Syp.Sofera(Sabinko Laboratory) Syp.Musffi (Genial Laboratories)

#### MUKIL

It is a unique formulation of terminalia chebula , berberis aristata and others ingredients. It is also effective in different types of hemorrhoids or all kinds of hard or solid muscle increase in the body and constipation. INDICATIONS :Hemorrhoids, Flatulence and constipation ,Hard and solid muscle increase in the body , Also effective in tumour . DOSAGES : 2tabs 3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Same band name in different company market

#### Syliumhask

It is a effective herbal remedy. it Relieving constipation by stimulating peristaltic movement. Constipation means slow movement of foeces through the large intestine. It is often associated with large quantities dry or hard foeces in the desendring colon that accumulated because of the long time available absorption of fluid. A sufferer may find it extremely painful of difficult in defaccation.Mulayen stimulant intestinal peristaltic movement, make the stool soft for gentle laxation.

INDICATIONS : Mulayen acts as prebiotic, It stimulates peristaltic movement , It acts as single laxative and relieve constipation , It detoxifies and restores the function of colon, It reduce the excess gas and cramping , It helps to relieves IBS, It helps to relieves colic, It tones up digestive and nervous system , It relieve chronic headache . DOSAGES : 1tabs at bed time or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

#### **MARKET DRUG :**

Tab.Sanalax( Genial unani laboratories) Fiberlax ultra( Incepta Pharma) Redigel( Radiant Pharma) IsobgulPlus(IBN Sina) Ispergul( Square herbal) Laxadil EP( Drug international) Facelax(Acme) Laxacol(SB Lab)

#### TRIPHOLA CHURNA

Trifola churno is a ayurvedic preparation which is acts Anorexia,Dyspepsia, Flatulence, Constipation, Skin diseases.It is natural medicine. The holistic strength of constipation INDICATIONS :Indigestion ,Dyspepsia, Flatulence ,Constipation ,Abdominal pain due to gases,Stomach and liver disorder . DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG:</u> Sachet trifola ( Hamdord laboratories) Sof.Trifola ( Feni dawyakhana) Tab.Trifola plus( Ichiban)

## **CHAPTER**:48

## IMMUNOBOSTER

1.Chyabanprash 2.Echinaceae 3.Black seed oil 4. Amaloki rasayon 5.Sanjibony rasayon 6.Spirulina

#### CHYABANPRASH

It is an ideal tonic of the east containing valuable natural ingredients fortified with honey, prepared with the ancients Wisdom and Modern research and technology. It keeps you physically fit and mentally alert. It is the supplement of vitamin and minerals. It strengthen respiratory system fortified immunity and prevent infectious diseases.

INDICATIONS :Strengthens the vital organ ,Improve the immunity ,Powerful anti oxidant ,Effective in cough, bronchitis, asthma,TB,Effective in malnutrition and regenerative disease, Improve the memory.

DOSAGES : 1-2 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Hamdord chayabonprass( Hamdord laboratories) Chayabonprass( Asoka lab) Chayabonprass( Sheed Pharma) Syp.Chayabonprass ( Jayson natural) Acmes Chayabonprass

#### **ECHINACEAE**

It is a world famous natural immune stimulant and anti microbial. It is also effective in cough, cold, respiratory infection. It is a stimulator of the immune system are based on over 300 Scientific studies in the past 50 years. The immune stimulant effect is brought about by three mechanism - Activation of phagocytosis and stimulates of fibroblast, Increasing respiratory activity, Increasing mobility of leukocytes. It also acts urinary tract infection.

INDICATIONS :Strengthens the vital organ ,Improve the immunity ,Powerful anti oxidant ,

*Effective in cough, bronchitis, asthma,TBEffective in malnutrition and regenerative disease,Improve the memory*.

DOSAGES :

1 cap 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Cap.Ecold( IBN Sina) Cap.Procold( Incepta Pharma) Cap.Nimulant( Hamdord laboratories) Cap.Echina(Acme) Cap.Nacea(Drug International) Cap.Procold(Incepta) Cap.Infuza(SB Lab)

#### **BLACK SEED**

Black seed oil scientific name Nigella sativa. A flowering plant found in western Asia, North Africa, and Eastern Europe. Used in traditional medicines and cooking. The seeds are known black cumin.A key component of black seed thymoquinone has demons tracted anti oxidant properties that may helps anti inflammatory. It is used on hair. It properties are Anti bacterial, Anti fungal, Anti inflammatory, Anti oxidant. It acts as a clear of dandruff and promoting hair growth, All kinds of skin diseases like Psoriasis, Acne. Also effective in Bronchial asthma, High cholesterol, Obesity, High blood pressure, DM, RA, Allergic Rhinitis.

INDICATIONS :Common cold ,Headache ,Sinusitis ,Allergic rhinitis ,Reduce bolgom of head,Fascial paralysis ,Nervous debility.

DOSAGES :

As per needed

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

#### MARKET DRUG :

Oil.Black seed( IBN Sina) Same band name in different company marketed.

## AMALOKI RASAYON

## VITAMIN CAN SAVE MILLIONS OF PEOPLE OF HEART ATTACK.

Vitamin c deficiency, common cause of heart disease, result million of people's of death each year. Amloki rasayan is an excellent natural vitamin c and carminative. Benefit over synthetic vitamin c. Highest source of natural vitamin c

Super anti oxidant and prevent ageing

Heart and storage stable due to chemical nature. Dental Erosion may occur chewing vitamin c supplement which can be omitted by syrup.

Best carminative and digestant.

INDICATIONS : Indigestion , Dyspepsia , Flatulence , Constipation, Abdominal pain due to gases, Stomach and liver disorder , Deficience of vitamin c.

DOSAGES :

Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

MARKET DRUG :

Syp.Ascocid ( Ashoka laboratory) Syp.Phylika( Winko Pharma) Syp.Dipep ( Ichiban Laboratory) Syp.Dilucid ( Sheed Pharma) Syp.Amcivit ( Square pharmaceuticals) Syp.Akrocid ( Akram laboratory) Syp.Amloki rasayan ( Feni) Syp.AB Cid ( AB Pharma) Syp.Amloki rasayan ( IK Pharma) Syp.Amlacid(Acme Lab) Syp.Amlac(Jaysone natural) Syp.Scormin(SB Lab)

## SANJIBANI RASAYON

It is a combination of some effective herbs that have antioxidant, immune inhancing, rejuvenating, anxiolytic, antidepressant, nutritive properties. It is used to combat physical weakness, mental weakness, nervous debility. It is very effective in senile debility and stress. It is used for all ages of both male and female paient.

INDICATIONS :Physical and mental weakness,Senile debility ,Nervous debility ,Stress. DOSAGES : 2-3 TSF 1-2 times daily or as directed by unani physician. SIDE EFFECT: There is no none known Pregnancy : Not recommendations for pregnancy <u>MARKET DRUG :</u> Syp.Santonic ( Acme laboratories) Syp.Robinsupram( Robin Pharma) Syp.Refil( Winko Pharma) Syp.Diconex Plus(SB Lab)

#### **SPIRULINA**

Natural vitamin and protein

A complete family nutrition to live healthy Spirulina is a blue – green algae.It is a world-wide popular food supplement. It is marketed as a Nutritional supplement in the USA,Europe, and Arabian countries. INDICATIONS :Malnutrition, Iron deficiency ,Protein deficiency, Hyperlipidemia,Skin problems, Unwanted hair loss ,Diabetes mellitus. DOSAGES: 2-3 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect. PREGNANCY AND LACTATING MOTHER : Being a complete natural source of nutrition. It plays an important role in pregnancy and lactating mother.

MARKET DRUG :

Cap.Lina( Hamdord laboratories) Cap.Acmes spirulina ( Acme laboratories) Cap.Detox(SB laboratories) Cap.Sipu C ( Fame Pharma) Cap.Spiruwin ( winko Ayurvedic) Cap.Spiro( Parents unani) Cap.Spiru plus ( AB Pharma) Cap.Navit ( Square pharmaceuticals) Tab.Fulvita ( Sheed Pharma) Cap.Spirucap ( Drug international) Cap.Dirulina ( IBN Sina) Cap.Superlina(Chemist Lab) Cap.Purulin(Radiant Herbal) Cap.Nutrilina(Renata Herbal) Cap.Protinavit(Incepta Herbal)

# CHAPTER :49 BENINE PROSTATIC HYPERPLASIA

1.Mundi 2.Sof. Amla 3.Pamking seed 4.Saw palmettro 5.Buzuri 6.Gokhkur 7.Thuza

#### MUNDI

It is a special preparation of valuable natural ingredients which helps to relieves pain in eye, watery discharge of eye, all kinds of eye problem.

INDICATIONS :Diabetic Retinopathy, Haemorrhagic Retinopathy, Catarrac,Pain in eye . DOSAGES :

3tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Arq.Mundi(Bengal unani) Same band name in different company marketed.

#### SOF AMLA

Amla is a unani formulation which is prepared by effective herbs such as Amloki and others ingredients. It is effective for adult and child. It also acts malnutrition, memory loss, general weakness, indigestion.

It is a tonic for daily use. It has vitamin c supplement. It is alternative drug of chabonprass INDICATIONS :Chronic cough,Lack of vitamin c,General weakness ,Nervous debility , Indigestion ,Loss of memory ,Loss of appetite, Dyspnea,All kinds of skin diseases.

DOSAGES :

3 TSF 2-3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no side effect show.

PREGNANCY :

It is safe for pregnancy and lactating mother.

#### MARKET DRUG :

Syp.Amlabery ( Drug international) Syp.Amlavit ( Neptune laboratory) Syp.Myrosin( IBN Sina) Syp.Amloki plus( Unidrug unani laboratories) Syp.Amlokirasayon ( Dhaka Pharma) Syp.Amloki plus (Unidrug) Same band name in different company marketed

#### THUZA

It is a herbal medicine which prepared by effective herbs is very effective in lyphoma,mastalgia,hemangioma,carcinoma, tumour. INDICATIONS :Lymphoma,Mastalgia,Hemangioma,Carcinoma,Tumour. DOSAGES : 4tsf 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported the proper dosage.

<u>MARKET DRUG :</u> Syp.Thuza/ Nayontara( Modern herbal) Same band name in different company.

## SAW PALMETTO

Ideal general tonic and Snti inflammatory safe and effective herbal medicine for prostatitis and enlarge prastate. It is a special preparation of standardize extract of saw palmettro fruit which maintain prostate health and normal urine flow. INDICATIONS : Enlarge prostate, Maintain healthy prostate.

DOSAGES :

1 tsf 3 times daily or as directed by unani physician SIDE EFFECT :

There is no significant side effect.

MARKET DRUG :

Same band name in different company marketed.

## PAMKING SEED

Ideal general tonic and Anti inflammatory safe and effective herbal medicine for prostatitis and enlarge prastate. It is a special preparation of standardize extract of saw palmettro fruit which maintain prostate health and normal urine flow.

INDICATIONS : Enlarge prostate, Maintain healthy prostate .

DOSAGES :

1 tsf 3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG :</u> <u>Cap.Palmeto(Chemist)</u> <u>Cap.Uticare(SB Lab)</u>

## GOKHKUR

Ideal general tonic and Snti inflammatory safe and effective herbal medicine for prostatitis and enlarge prastate. It is a special preparation of standardize extract of saw palmettro fruit which maintain prostate health and normal urine flow.

INDICATIONS :Enlarge prostate,Maintain healthy prostate . DOSAGES : 1 tsf 3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect.

## MARKET DRUG :Tab.Renocare(Acme)

## BUZURI

## Buzuri is a unique formulation of unani medicine.

It is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic, Urethritis, All kinds of febrile conditions, Clear the morbid substance from the kidney and urinary bladder.

DOSAGES :

*3tsf 3times daily or as directed by unani physician SIDE EFFECT :* 

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Alkuli( Hamdord laboratories) Syp.Alkari( IBN Sina) Syp.Cytron( Mansons pharmaceutical unani) Syp.Urolin( Neptune Laboratory) Same band name in different company marketed.

# **CHAPTER:50**

## PITTING OEDEMA PREPARATION DRUG

1.Ja.Juruni 2.Proanthocyanidins 3.Gokhkur 5.Khore mohora 6.Slimarin

## JA.JURUNI

It is a unique medicine which is very effective in Nephritic Syndrome. It also effective in the function and stronger of kidney It reduce waste product and stone remove from the kidney It is highly effective in low back pain and pain in kidney side. It acts as a pitting oedema.

INDICATIONS :Pitting oedema, Weakness of kidney, Kidney Stone, Cholic pain, Low back pain, Polyurea due to weaknesses of kidney.

DOSAGES :

1 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Ja.Juruni( Hamdord laboratories) Same band name in different company marketed.

#### PROANTHOCYANIDINS

French maritime pine bark extract. It is made by extraction of the outer bark of pinus pinaster. Recent research suggest significant anti oxidant activity is primarily based on its proanthocianidincontent. INDICATIONS:Chronic venous insufficiencies (edema),Thrombosis,Diabetes,Retinopathy,Hypertension, Allergy,Asthma,Dysmenorrhea,Osteoarthritis,Skin disorder,Melasma. DOSAGES AND ADMINISTRATION : 1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY :

It Is safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>MARKET DRUG :</u> Cap.Pycnogenol ( RadientPharma)

## PUNARNAVADYARISTA

It is a unique formulation of Ayurvedic medicine. It is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic , Urethritis , All kinds of febrile conditions , Clear the morbid substance from the kidney and urinary bladder . DOSAGES :

*3tsf 3times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage.* 

<u>MARKET DRUG :</u>

Same band name in different company marketed.

# GOKHUR

Ideal general tonic and Snti inflammatory safe and effective herbal medicine for prostatitis and enlarge prastate. It is a special preparation of standardize extract of saw palmettro fruit which maintain prostate health and normal urine flow.

INDICATIONS : Enlarge prostate, Maintain healthy prostate.

DOSAGES :

1 tsf 3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side offect

There is no significant side effect.

<u>MARKET DRUG :</u> Tab.Renocare(Acme)

# SLIMARIN

A miracle for the treatment of the liver disorder. Silymarin protects the liver from free radical damage, increase the liver tissue regeneration rate, possesses anti hepatitis properties and aid in cirrhosis, protects the liver from xenobiotic liver damage. It has effective chronic hepatitis, cirrhosis and toxic liver damage.In this case it was found that Silymarin has a protective and curetive action on liver.Acute viral hepatitis A and B:In this case Silymarin showed significant normalizations of bilirubin and AST also.Significantly improves the markers of the liver function in fatty liver condition. Protects the liver from drug induced hepatotoxicity. Silymarin use According to Hepatic jaundice, Drug induced hepatitis, Liver Cirrhosis, Alcoholic Liver disorder.

INDICATIONS : Toxic liver damage ,Jaundice ,Chronic inflammatory liver condition, Alcoholic liver damage, Liver cirrhosis .

DOSAGES :

1Capsule should be taken 3 times daily or as directed by unani physician.

SIDE EFFECT :

A mild laxative effect has been observed.

PREGNANCY AND LACTATING MOTHER :No information is available about the use of Silymarin in pregnancy and laclating mother.

PRESENTATION :

140mg or 70 mg Capsule in blister box in 30 pack.

<u>MARKET DRUG :</u> Cap.Silybin ( Square pharmaceuticals) Cap.Starliv ( Genus Pharma) Cap.Hepasil ( SB lab) Cap.Hepanor( Drug international) Cap.Livasil ( Incepta Pharma) Cap.Silarin(Chemist Lab) Cap.Slicap(IBN Sina) Cap.Radisil(Radiant Herbal)

## KHOREMOHORA

It is a unique combination of areca catechu,butea monosperma,asphalt,calcined iron oxide.It is very effective in leucorrhoea,Weakness of uterus, Irregular Menstruation INDICATIONS :Irregular Menstruation, Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia, Metritis. DOSAGES : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT :There is no significant side effect <u>MEDICINE DRUG:</u> Tab.B Bone(Botanic)

# CHAPTER :51

## HYPER LIPIDEMIA

1.Flaxseed oil 2.Garlin 3.Slimarin 4.Musaffi 5.Coenzyme Q 6.Saribaddhorist 7.Milk thistle

## FLAX SEED OIL

## Flax seed oil controls cholesterol and keeps the heart healthy.

Flax seed oil reduce total and LDL cholesterol concentration in Hyperlipidemic patients. It minimize the risk of cardiovascular disease. It reduce cholesterol concentration successfully in postmenopausal woman. It is the seed from plant Linum usitatissimum.Oil from the seed is used to make medicine. INDICATIONS :Hyperlipidaemia,Atherosclerosis. DOSAGES :

1 cap.3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect. <u>MARKET DRUG :</u> Cap.Gelaseed ( Square herbal)

## GARLIK

Garlic is one of the most recommended unani medicine for better health and well being. Garlic acts as prebiotic,helps to regulate blood glucose levels, improves blood flow, decrease total cholesterol and triglyceride and also reduce the risk of hypertension and heart disease. Garlic is highly effective in respiratory tract aliments, prevent infectious diseases and inflammation. It has antioxidants property and helps to reduce risk of cancer. INDICATIONS :Diabetes ,Rheumatism, Gout,RTI,Bronchitis, Asthma ,Hypertension , Hyoercholesterolemia. DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

#### MARKET DRUG :

Tab.Alisa( Hamdord laboratories) Tab.Garlik( Neptune laboratory) Tab.Garlistat(IBN Sina) Cap.Garlet( Et lab) Cap.Garlin( Square pharmaceuticals) Cap.Garlicap( Drug international) Syp.Garlicon(Jayson natural) Cap.Lopid( Acme laboratories) Cap.Lipidryl(SB Lab)

#### MUSAFFI

MUSAFFI is a powerful blood purifier and detoxifier that promote healthy skin and wound healing. MUSAFFI is natures Systemic purifier, supporting the natural cleansing mechanism of our skin and internal organs.There are some ingredients of MUSAFFI is better tonic herb that clear toxins, while supporting the body's natural inflammation response. MUSAFFI has also activity of tonic, Anti viral, Anti infective, Fevrifuge.Support normal skin health. Contains the active, bitter principle Constituents that help to relieves skin diseases. MUSAFFI shows Anti inflammatory, Anti pyretic, and Anti bacterial infection action. It has detoxifying benefit that's help maintain healthy circulatory, respiratory, And urinary system. Provides normal and clean blood flow to the organs.Promotes hair and skin. Supports internal detoxification.

**INDICATIONS :** 

Acts as blood purifier, Skin diseases, Tonic, Anti viral, Anti infective, Anti fevrail. DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle.

#### **MARKET DRUG :**

Syp. Safi (Hamdard Laboratories) Syp. Hemosafe ( Drug international) Syp.Hemodise ( Deeplaid pharmaceuticals) Syp.Tasfina ( Dr. Mubarak sir) Syp.Tasfina ( Dr. Mubarak sir) Syp.Inamin( Sanj BD) Syp. Safiton( Roots pharmaceutical) Syp. Safex( Jeyson Natural pharmaceuticals) Syp.Skinogen( Neptune Laboratories) Syp.Skinogen( Neptune Laboratories) Syp.B pure( Popy pharmaceuticals) Syp.Purin( Botanic pharmaceuticals) Syp.Musaffi ( Hamjanatural unani) Syp.Sarsin( Mansons pharmaceuticals) Syp.Khunsafa ( Fendrugs Laboratories) Syp.Musaffijadid ( Bengal unani laboratories) Arg. Musaffi (Bengal unani laboratories) Syp.Darsams(Shams unani laboratories) Syp.Alturin( Neplous unani laboratories) Syp.Porisker( Genial unani laboratories) Syp.G Musaffi( Galaxi Laboratory) Syp.Rosafi (Unifel unani laboratories) Syp.Surokta(GK) Syp.Pural(Etlab) Cap.Pob(Parents) Tab.Antamin(Sanj BD) Tab.Tasfin(Dr.Mubaraksir) Cap.Skinocap (Neptune Laboratory) Cap.Safi( Hamdord Laboratories) Tab.Musaffi(Fendrugs) Tab.Chirol (Ibnsina) Tab.Neem( Neplous Laboratory,) Syp.Sofera( Sabinko Laboratory) Syp.Musffi (Genial Laboratories)

#### SLIMARIN

A miracle for the treatment of the liver disorder. Silymarin protects the liver from free radical damage, increase the liver tissue regeneration rate, possesses anti hepatitis properties and aid in cirrhosis, protects the liver from xenobiotic liver damage. It has effective chronic hepatitis, cirrhosis and toxic liver damage.In this case it was found that Silymarin has a protective and curetive action on liver.Acute viral hepatitis A and B:In this case Silymarin showed significant normalizations of bilirubin and AST also.Significantly improves the markers of the liver function in fatty liver condition. Protects the liver from drug induced hepatotoxicity. Silymarin use According to Hepatic jaundice, Drug induced hepatitis, Liver Cirrhosis, Alcoholic Liver disorder.

INDICATIONS : Toxic liver damage, Jaundice ,Chronic inflammatory liver condition, Alcoholic liver damage ,Liver cirrhosis .

DOSAGES :

1Capsule should be taken 3 times daily or as directed by unani physician. SIDE EFFECT : A mild laxative effect has been observed. PREGNANCY AND LACTATING MOTHER : No information is available about the use of Silymarin in pregnancy and laclating mother. PRESENTATION : 140mg or 70 mg Capsule in blister box in 30 pack.

<u>MARKET DRUG :</u> Cap.Silybin ( Square pharmaceuticals) Cap.Starliv ( Genus Pharma) Cap.Hepasil ( SB lab) Cap.Hepanor( Drug international) Cap.Livasil ( Incepta Pharma) Cap.Silarin(Chemist Lab) Cap.Slicap(IBN Sina) Cap.Radisil(Radiant Herbal)

## COENZYME Q

Coenzyme is a fat soluble substance and acts as a vital intermediate of the electron transport system in the mitochondrial membrane for Cellular respiration and ATP production. Cells and tissue those are metabolically active (Such as heart, immune system, skeleton muscle and gingiva) have the highest requirement of Ubidecareone and most susceptible to Ubidecareonedeficiency. Ubidecareone level in the body decline with advancing age and thus contribute in manifestations of aging. INDICATIONS :

Neurological disorder -Myopathy, Muscular dystrophy, Ataxia, Parkinsons disease, Genitic Neuromuscular disease -Alzheimer's diseases, migraine, Cardiovascular disease –Congestive heart failure, Cardiomyopathy, Hypertension, Heart protection during surgery, Angina, Others –Periodontal gum diseases, Exercise performance, Diabetes, Cancer, Asthma, Thyroid disorder. DOSAGES :

1-3 Caps daily after meal or as directed by unani physician. SIDE EFFECT : None known PREGNANCY : It is safe and relatively well tolerated in recommended dosages.

<u>MARKET DRUG</u> :Cardi -Q 50 ( Square pharmaceuticals) Cap.Cooxident ( SB laboratories)

## SHARIBADHORIST

Sharibaddhoristis Ayurvedic liquid preparation which is highly effective of blood purified agent. Pure blood is essential constituents of the body. It is also remedy for skin diseases, like as Eczema, Allergy, Purities, Scabies, Boils, Pimples, Acne vulgaris, Mesta, Dandruff, fungal infection, Gout, Arthritis,. It improves complexion helps you to stay slim and Smart. It also helps to reduce excess weight. It is Absorbed rapidly and metabolism And excrete through the stool And Urine unchange. INDICATIONS :

Acts as blood purifier, Skin diseases, Tonic, Anti viral, Anti infective, Anti fevrail. DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle

#### **MARKET DRUG :**

1.Syp.Dermatis (Sheed Pharma)
 2.Dipure (Ichiban)
 3.AP Saribaddhorist (AP Ayurvedic)
 4.Syp.Saribaddhorist (Feni dawyakhana)
 5.Syp.Dermacon (Robins)
 6.Syp.Safkin(Acme Iab)
 7.Syrit(Chemest Iab)
 8.Nimplex(SB Lab)

#### **MILK THISTLE**

#### Natural hepatoprotective

It has been used traditionally for over 2000 years in different Nations, most common for the treatment hepatic and gallbladder disorder. It is strong natural Anti oxidant that inhibit the entry of harmful chemical agent to hepatocyte and same time generate new hepatic cells. It is being used as an effective and save herbal medicine for the treatment of jaundice, cirrhosis, gallbladder disorder, liver cancer, type 2 diabetes. To proven and hepatobilliary disorder and drug induce hepatotoxicity INDICATIONS :Acute and chronic hepatitis, Fatty degeneration of liver ,Liver cirrhosis,Altered liver function ,Drug induced hepatotoxicity ,Type 2 diabetes . DOSAGES : 1-2 CAPSULES 1-2 times daily or as directed by unani physician. SIDE EFFECT : Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY : It should not be used during pregnancy and lactation

<u>MARKET DRUG :</u> Cap.Livec ( Hamdord laboratories) Cap.Silycap( Ibn sina) Syp.Hepamilk(Acme Laboratory)

## **CHAPTER :52**

## **HEADACHE**

1.Et.Ustukhuddus 2.Et.Kasniji 3.Andrographis peniculeta 4.Shefa 5.Echinaceae

#### **ET.USTUKHUDDUS**

Et.Ustukhuddus is an ideal medicine of sinusitis, headache, containing valuable natural ingredients. It is strengthen respiratory system. It is a unique medicine to reduce bolgom of head. INDICATIONS :Headache, Sinusitis,Common cold, Allergic Rhinitis ,Reduce bolgom of head, Fasial paralysis ,Nervous debility . DOSAGES : Adult :1-2 tsf 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported in therapeutic dosage. <u>MARKET DRUG :</u>Et.Ustukhuddus (Hamdord laboratory)

<u>Et. Termilex( Mansons pharmaceutical unani)</u> Same band name in different company marketed.

## ET.KASHNIJI

ET.KASHNIJIis an ideal medicine of sinusitis, headache, containing valuable natural ingredients. It is strengthen respiratory system. It is a unique medicine to reduce bolgom of head. INDICATIONS :Headache, Sinusitis,Common cold ,Allergic Rhinitis, Reduce bolgom of head, Fasial paralysis, Nervous debility. DOSAGES : Adult :1-2 tsf 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported in therapeutic dosage.

### MARKET DRUG :

Same band name in different company marketed.

## ANDROGRAPHIS PENICULETA

## FOR THE PREVENTION AND CONTROL OF HEPATITIS.

Andrographolide is extensively used as stimulating agent for liver enzymes and hepatoprotective agent. Andrographolide increase the bile flow and bile salt production. Andrographolide is potent hepatoprotective agent when Compared with Silymarin.

INDICATIONS :Anti viral properties ,Flavonoids,Anti inflammatory effect , Anti oxidant . DOSAGES :

1-2 Tabs twice Daily or as directed by unani physician. SIDE EFFECT : Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite. PREGNANCY : It should not be used during pregnancy and lactation.

MARKET DRUG :

Tab.Hepafit( Acme laboratory) Syp.Hepadex ( Akram laboratory) AP.Kalomegasob ( AP.Ayurvedic) Syp.RobinHepaton( Robin Pharma) Syp.Kalomegasob(Feni dawyakhana) Cap.Livolite(Square herbal)

#### SHEFA

It is a unique combination of valuable natural ingredients which acts as a Febrifuge and analgesic. It is highly effective in treatment of fever. INDICATIONS :Pyrexia,Headache, Body ache. DOSAGES : 1-2 tabs 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Tab.Hanpy( Hamdord laboratories) Tab.Herbotril(IBN Sina)

## **ECHINACEAE**

It is a world famous natural immune stimulant and anti microbial. It is also effective in cough, cold, respiratory infection. It is a stimulator of the immune system are based on over 300 Scientific studies in the past 50 years. The immune stimulant effect is brought about by three mechanism - Activation of phagocytosis and stimulates of fibroblast, Increasing respiratory activity, Increasing mobility of leukocytes. It also acts urinary tract infection.

INDICATIONS : Strengthens the vital organ, Improve the immunity ,Powerful anti oxidant ,Effective in cough, bronchitis, asthma,TB,Effective in malnutrition and regenerative disease,Improve the memory. DOSAGES :

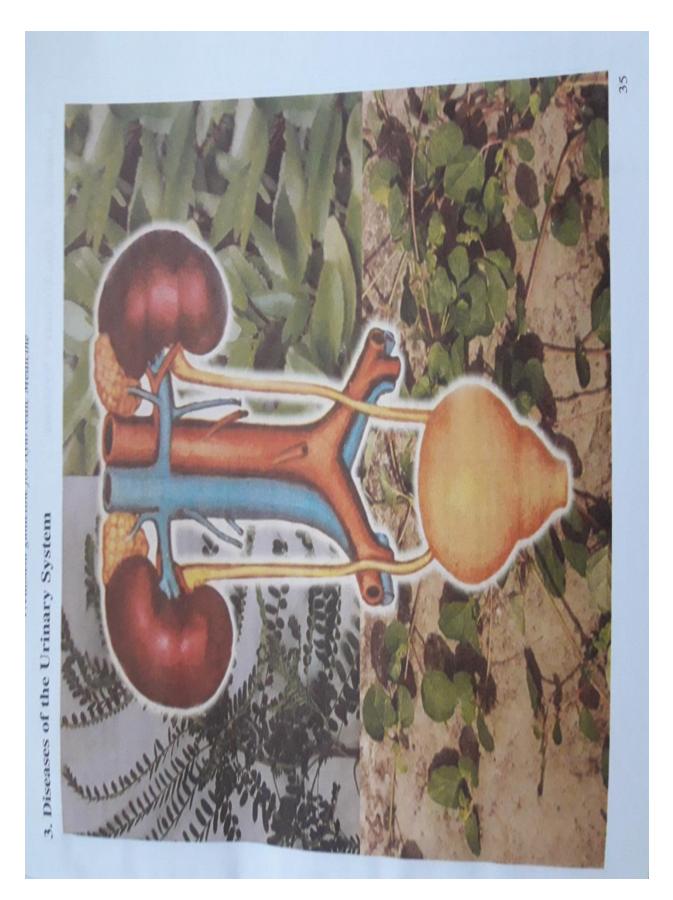
1 cap 3 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.Ecold( IBN Sina) Cap.Procold( Incepta Pharma) Cap.Nimulant( Hamdord laboratories)

# CHAPTER :53 KIDNEY PROBLEM

1.Ja.Juruni 2.Gokhkur 3.Maj.Falasefa 4.Buzuri 5.Chandonasob



## MAJ.FALASEFA

Maj.falasefa is very effective of low back pain and joint pain due to nocturnal emissions, kidney related problem. It is reduce polyurea and normal sex power INDICATIONS :Polyurea, Weakness of urinary tract ,Cholic pain ,Indigestion ,Anorexia , Sexual weakness ,Joint pain. DOSAGES : 1-2 tsf 3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect.

MARKET DRUG :

Maj.Falasefa( Hamdord laboratories) Same band name in different company marketed.

## **JA.JURUNI**

It is a unique medicine which is very effective in Nephritic Syndrome. It also effective in the function and stronger of kidney It reduce waste product and stone remove from the kidney It is highly effective in low back pain and pain in kidney side It acts as a pitting oedema. INDICATIONS :Pitting oedema,Weakness of kidney ,Kidney Stone ,Cholic pain ,Low back pain ,Polyurea due to weaknesses of kidney. DOSAGES : 1 tsf 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

MARKET DRUG :

Ja.Juruni( Hamdord laboratories) Same band name in different company marketed.

## GOKHKUR

Ideal general tonic and Snti inflammatory safe and effective herbal medicine for prostatitis and enlarge prastate. It is a special preparation of standardize extract of saw palmettro fruit which maintain prostate health and normal urine flow.

INDICATIONS : Enlarge prostate, Maintain healthy prostate .

DOSAGES :

1 tsf 3 times daily or as directed by unani physician

SIDE EFFECT :

There is no significant side effect.

MARKET DRUG : Tab.Renocare(Acme)

## BUZURI

## It is a unique formulation of unani medicine.

It is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

*INDICATIONS* : Spermaturia, Painful micturation, Chromaturis, Diuretic, Urethritis, All kinds of febrile conditions, Clear the morbid substance from the kidney and urinary bladder.

DOSAGES : 3tsf 3times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Alkuli( Hamdord laboratories) Syp.Alkari( IBN Sina) Syp.Cytron( Mansons pharmaceutical unani) Syp.Urolin( Neptune Laboratory) Same band name in different company marketed.

## **CHANDANASOB**

IT Is Ayurvedic liquid preparation medicine which helps to normalize the urinary system and is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic , Urethritis , All kinds of febrile conditions, Clear the morbid substance from the kidney and urinary bladder. DOSAGES : 3tsf 3times daily or as directed by unani physician

SIDE EFFECT :

There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Syp.Relin( Winko Pharma ayurvedic) Syp.Chandana(Chemist Lab) Syp.Urinex(SB Lab) Same band name in different company marketed.

## **CHAPTER:54**

### **SYNOSITIS**

1.Et.Ustukhuddus 2.Et.Kasniji 3.Echinaceae 4.Adrographis peniculeta 5.Musaffi

#### **ET.USTUKHUDDUS**

Et.Ustukhuddus is an ideal medicine of sinusitis, headache, containing valuable natural ingredients. It is strengthen respiratory system. It is a unique medicine to reduce bolgom of head. INDICATIONS :Headache, Sinusitis,Common cold,Allergic Rhinitis,Reduce bolgom of head,Fasial paralysis,Nervous debility. DOSAGES : Adult :1-2 tsf 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported in therapeutic dosage. MARKET DRUG :

Et.Ustukhuddus (Hamdord laboratory) Et.Termilex( Mansons pharmaceutical unani) Same band name in different company marketed.

# ET.KASNIJI

Et.Ustukhuddus is an ideal medicine of sinusitis, headache, containing valuable natural ingredients. It is strengthen respiratory system. It is a unique medicine to reduce bolgom of head INDICATIONS :Headache ,Sinusitis,Common cold ,Allergic Rhinitis ,Reduce bolgom of head ,Fasial paralysis ,Nervous debility .

DOSAGES :

Adult :1-2 tsf 2-3 times daily or as directed by unani physician SIDE EFFECT :

There is no significant side effect has been reported in therapeutic dosage.

MARKET DRUG :

Same band name in different company marketed.

# EACHINACEAE

It is a world famous natural immune stimulant and anti microbial. It is also effective in cough, cold, respiratory infection. It is a stimulator of the immune system are based on over 300 Scientific studies in the past 50 years. The immune stimulant effect is brought about by three mechanism - Activation of phagocytosis and stimulates of fibroblast, Increasing respiratory activity, Increasing mobility of leukocytes. It also acts urinary tract infection.

INDICATIONS :Strengthens the vital organ ,Improve the immunity ,Powerful anti oxidant, Effective in cough, bronchitis, asthma,TB,Effective in malnutrition and regenerative disease,Improve the memory. DOSAGES :

1 cap 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Cap.Ecold( IBN Sina) Cap.Procold( Incepta Pharma) Cap.Nimulant( Hamdord laboratories) Cap.Echina(Acme) Cap.Nacea(Drug International) Cap.Procold(Incepta) Cap.Infuza(SB Lab)

# ANDROGRAPHIS PENICULETA

# FOR THE PREVENTION AND CONTROL OF HEPATITIS.

Andrographolide is extensively used as stimulating agent for liver enzymes and hepatoprotective agent. Andrographolide increase the bile flow and bile salt production. Andrographolide is potent hepatoprotective agent when Compared with Silymarin.

INDICATIONS :Anti viral properties, Flavonoids,Anti inflammatory effect,Anti oxidant. DOSAGES :

1-2 Tabs twice Daily or as directed by unani physician.

SIDE EFFECT :

Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite.

PREGNANCY : It should not be used during pregnancy and lactation.

<u>MARKET DRUG :</u> Tab.Hepafit( Acme laboratory) Syp.Hepadex ( Akram laboratory) AP.Kalomegasob ( AP.Ayurvedic) Syp.RobinHepaton( Robin Pharma) Syp.Kalomegasob(Feni dawyakhana)

#### MUSAFFI

MUSAFFI is a powerful blood purifier and detoxifier that promote healthy skin and wound healing. MUSAFFI is natures Systemic purifier, supporting the natural cleansing mechanism of our skin and internal organs.There are some ingredients of MUSAFFI is better tonic herb that clear toxins, while supporting the body's natural inflammation response. MUSAFFI has also activity of tonic, Anti viral, Anti infective, Fevrifuge.Support normal skin health. Contains the active, bitter principle Constituents that help to relieves skin diseases. MUSAFFI shows Anti inflammatory, Anti pyretic, and Anti bacterial infection action. It has detoxifying benefit that's help maintain healthy circulatory, respiratory, And urinary system. Provides normal and clean blood flow to the organs.Promotes hair and skin. Supports internal detoxification.

**INDICATIONS** :

Acts as blood purifier, Skin diseases, Tonic, Anti viral, Anti infective, Anti fevrail. DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle.

#### MARKET DRUG :

Syp. Safi (Hamdard Laboratories) Syp. Hemosafe (Drug international) Syp.Hemodise (Deeplaid pharmaceuticals) Syp.Tasfina (Dr. Mubarak sir) Syp.Inamin(Sanj BD) Syp. Safiton( Roots pharmaceutical) Syp. Safex( Jeyson Natural pharmaceuticals) Syp.Skinogen(Neptune Laboratories) Syp.B pure( Popy pharmaceuticals) Syp.Purin( Botanic pharmaceuticals) Syp.Musaffi ( Hamjanatural unani) Syp.Sarsin(Mansons pharmaceuticals) Syp.Khunsafa (Fendrugs Laboratories) Syp.Musaffijadid (Bengal unani laboratories) Arq. Musaffi (Bengal unani laboratories) Syp.Darsams(Shams unani laboratories) Syp.Alturin( Neplous unani laboratories) Syp.Porisker( Genial unani laboratories) Syp.G Musaffi( Galaxi Laboratory) Syp.Rosafi (Unifel unani laboratories) Syp.Surokta(GK) Syp.Pural(Etlab)

Cap.Pob( Parents) Tab.Antamin( Sanj BD) Tab.Tasfin( Dr.Mubaraksir) Cap.Skinocap ( Neptune Laboratory) Cap.Safi( Hamdord Laboratories) Tab.Musaffi( Fendrugs) Tab.Chirol ( Ibnsina) Tab.Neem( Neplous Laboratory,) Syp.Sofera( Sabinko Laboratory) Syp.Musffi ( Genial Laboratories)

## **CHAPTER:55**

## NASAL POLYP

1.Sharibadhorist 2.B.Badi 3.Et.Ustukhuddus 4.Moov 5.Shefa 6.Musaffi

#### SHARIBADHORIST

Sharibaddhoristis Ayurvedic liquid preparation which is highly effective of blood purified agent. Pure blood is essential constituents of the body. It is also remedyfor skin diseases, like as Eczema, Allergy, Purities, Scabies, Boils, Pimples, Acne vulgaris, Mesta, Dandruff, fungal infection, Gout, Arthritis,. It improves complexion helps you to stay slim and Smart. It also helps to reduce excess weight. It is Absorbed rapidly and metabolism And excrete through the stool And Urine unchange. INDICATIONS :

Acts as blood purifier, Skin diseases, Tonic, Anti viral, Anti infective, Anti fevrail. DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle

<u>MARKET DRUG :</u> 1.Syp.Dermatis ( Sheed Pharma) 2.Dipure ( Ichiban) 3.AP Saribaddhorist( AP Ayurvedic) 4.Syp.Saribaddhorist ( Feni dawyakhana) 5.Syp.Dermacon ( Robins) 6.Syp.Safkin( Acme lab) 7.Syrit(Chemest lab) 8.Nimplex(SB Lab)

#### **B.BADI**

It is a unique formulation of terminalia chebula , berberis aristata and others ingredients. It is also effective in different types of hemorrhoids or all kinds of hard or solid muscle increase in the body and constipation.

INDICATIONS :Hemorrhoids, Flatulence and constipation, Hard and solid muscle increase in the body, Also effective in tumour . DOSAGES : 2tabs 3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage.

#### MARKET DRUG :

Tab.Hemopil( IBN Sina) Tab.Handroid ( Hamdord laboratories) Tab.Pilex( Neptune Laboratory) Same band name in different company market

## ET.USTUKHUDDUS

Et.Ustukhuddus is an ideal medicine of sinusitis, headache, containing valuable natural ingredients. It is strengthen respiratory system. It is a unique medicine to reduce bolgom of head. INDICATIONS :Headache, Sinusitis,Common cold ,Allergic Rhinitis ,Reduce bolgom of head ,Fasial paralysis ,Nervous debility . DOSAGES :Adult :1-2 tsf 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported in therapeutic dosage.

<u>MARKET DRUG :</u> Et.Ustukhuddus (Hamdord laboratory) Et.Termilex( Mansons pharmaceutical unani) Same band name in different company marketed.

### MOOV

#### Eases pain and improves movement

Pain....

Is the commonest cause of mobility, disability, work loss in rural and urban communities of Bangladesh. Women are affected more frequently then men.Frist line treatment of localized rheumatic pain and joint stiffness general consists of topical counterirritants such as Oleoresin capsicum.The analgesic effect result from the methoxyphenol portion of the capsaicin molecule that interfers with the lopoxygenase and cyclooxygenase pathway.

INDICATIONS :Muscle pain,Sprains,Strains, Sports injury, Headache,Low back pain ,Arthralgia and joint pain , Osteoarthritis. DOSAGES : As per needed for external use

SIDE EFFECT :

There is no significant side effect

<u>MARKET DRUG :</u>

Onit.Remove (Neptune Laboratory)

Oint. AP moov( Ap ayurvedic)

Oint.Medix( Jayson unani)

Oint.Pain off( Roots unani)

Oint.Torel( Square pharmaceuticals)

Oint.Relibalm( Square herbal)

Oint.Coolmax( Acme Laboratory)

Oint.Painthol muscle rub (Kemico Pharma ayurvedic)

# ET.KASNIJI

Et.Ustukhuddus is an ideal medicine of sinusitis, headache, containing valuable natural ingredients. It is strengthen respiratory system. It is a unique medicine to reduce bolgom of head. INDICATIONS :Headache, Sinusitis,Common cold ,Allergic Rhinitis ,Reduce bolgom of head ,Fasial paralysis ,Nervous debility . DOSAGES : Adult :1-2 tsf 2-3 times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported in therapeutic dosage.

MARKET DRUG :

Same band name in different company marketed.

## SHEFA

It is a unique combination of valuable natural ingredients which acts as a Febrifuge and analgesic. It is highly effective in treatment of fever. INDICATIONS : Pyrexia,Headache ,Body ache. DOSAGES : 1-2 tabs 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Tab.Hanpy( Hamdord laboratories)

# MUSAFFI

MUSAFFI is a powerful blood purifier and detoxifier that promote healthy skin and wound healing. MUSAFFI is natures Systemic purifier, supporting the natural cleansing mechanism of our skin and internal organs.There are some ingredients of MUSAFFI is better tonic herb that clear toxins, while supporting the body's natural inflammation response. MUSAFFI has also activity of tonic, Anti viral, Anti infective, Fevrifuge.Support normal skin health. Contains the active, bitter principle Constituents that help to relieves skin diseases. MUSAFFI shows Anti inflammatory, Anti pyretic, and Anti bacterial infection action. It has detoxifying benefit that's help maintain healthy circulatory, respiratory, And urinary system. Provides normal and clean blood flow to the organs.Promotes hair and skin. Supports internal detoxification.

**INDICATIONS** :

Acts as blood purifier, Skin diseases, Tonic, Anti viral, Anti infective, Anti fevrail. DOSAGE AND ADMINISTRATION : 2- 4 Teaspoonful 2 Times daily or as prescribed by the physician. SIDE EFFECT : No known side effects with unani preparation musaffi. PRESENTATION : 450 ml syp.in bottle.

MARKET DRUG :

Syp. Safi (Hamdard Laboratories) Syp. Hemosafe ( Drug international) Syp.Hemodise ( Deeplaid pharmaceuticals) Syp.Tasfina ( Dr. Mubarak sir) Syp.Inamin( Sanj BD) Syp. Safiton(Roots pharmaceutical) Syp. Safex( Jeyson Natural pharmaceuticals) Syp.Skinogen( Neptune Laboratories) Syp.B pure( Popy pharmaceuticals) Syp.Purin( Botanic pharmaceuticals) Syp.Musaffi (Hamjanatural unani) Syp.Sarsin( Mansons pharmaceuticals) Syp.Khunsafa (Fendrugs Laboratories) Syp.Musaffijadid (Bengal unani laboratories) Arg. Musaffi (Bengal unani laboratories) Syp.Darsams(Shams unani laboratories) Syp.Alturin( Neplous unani laboratories) Syp.Porisker( Genial unani laboratories) Syp.G Musaffi( Galaxi Laboratory) Syp.Rosafi (Unifel unani laboratories) Syp.Surokta(GK) Syp.Pural(Etlab) Cap.Pob(Parents) Tab.Antamin(Sanj BD) Tab.Tasfin(Dr.Mubaraksir) Cap.Skinocap (Neptune Laboratory) Cap.Safi( Hamdord Laboratories) Tab.Musaffi(Fendrugs) Tab.Chirol (Ibnsina) Tab.Neem( Neplous Laboratory,) Syp.Sofera(Sabinko Laboratory) Syp.Musffi (Genial Laboratories)

# **CHAPTER:56**

## **PEPTIC ULCER DISEASES**

1.Jurhin 2.Karhin 3.Endemali 4.Amlapittantok ras 5.Suci 6.Jirakaddhorist 7.Carmina

#### JURHIN

JURHIN is prestigious research product of unani system prepared with Glycyrrhiza glabra which has been used for over 5000 years. It is highly effective and safe in the prophylaxis and treatment of peptic ulcer, hyperacidity, gastritis. It is also effective in sore throat, cough, cold, catarrah, Allergy conditions, inflammation, adrenocorticoid insufficiency. It prevent liver toxicity. INDICATIONS :Peptic ulcer, Hyperacidity, Gastritis, Dyspepsia ,Cough, cold, sore throat ,Allergy conditions ,Rheumatism . DOSAGES : 1TSF 2-3 times daily or as directed by unani physician Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Sof.Jurhin( Dr.mubarak) Sof.Jurhin( IBN Sina)

## KARHIN

QARHIN is prestigious research product of unani system prepared with Glycyrrhiza glabra which has been used for over 5000 years. It is highly effective and safe in the prophylaxis and treatment of peptic ulcer,hyperacidity, gastritis. It is also effective in sore throat, cough,cold,catarrah,Allergy conditions, inflammation, adrenocorticoid insufficiency. It prevent liver toxicity. INDICATIONS :Peptic ulcer, Hyperacidity,Gastritis,Dyspepsia,Cough,cold,sore throat,Allergy conditions,Rheumatism. DOSAGES : 1TSF 2-3 times daily or as directed by unani physician Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Sof.Qarhin ( Hamdord laboratories) Sof.Herbacid ( IBN Sina)

#### ENDEMALI

It is very effective preparation of pistacia lenticus,platago ovate and others herbal ingredients for peptic ulcer and hyperacidity. INDICATIONS :Peptic ulcer, Hyperacidity ,Constipation , Gastritis and flatulence. DOSAGES : 1 tsf 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Sof.Endemali( Hamdord laboratories) Same band name in different company marketed.

## AMLAPITTANTOK RAS

It is ayurvedic preparation which is helps to normalize the acidity and highly effective Against all types of gastric disorder. It helps to minimise heart burn, pain and inflammation. It is rapidly from the GIT with peak concentration in the plasma occurring about to our after administration by mouth. Throughout the stool And urine unchange.

INDICATIONS :Acidity, Gastritis ,Duodenal ulcer and Gastric ulcer. DOSAGES : 1 Cans 2 times daily or as directed by unani physician

1Caps 3 times daily or as directed by unani physician. Side effect:

Have no side effect if maintain dosage.

PREGNENCY: It is safe for pregnancy and lactating mother <u>MARKET DRUG</u>:Sof.Herbocid (SB laboratories) Tab.GB(Sheed Pharma)

# SUCI

Suci is prestigious research product of unani system prepared with Glycyrrhiza glabra which has been used for over 5000 years. Suci is highly effective and safe in the prophylaxis and treatment of peptic ulcer,hyperacidity, gastritis. It is also effective in sore throat, cough,cold,catarrah,Allergy conditions, inflammation, adrenocorticoid insufficiency. It prevent liver toxicity. INDICATIONS :Peptic ulcer, Hyperacidity ,Gastritis ,Dyspepsia ,Cough,cold,sore throat ,Allergy conditions ,Rheumatism. DOSAGES : 1TSF 2-3 times daily or as directed by unani physician Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother

<u>MARKET DRUG :</u> Sof.Suci( Dr.mubarak) Sof. Suci( Hamdord laboratories)

#### JIRAKADDHORIST

A natural carminative syrup. A very good supplement for lactating mother and pregnant women. Due to content of three Remarkable amount of calcium High amount of iron **B- complex and minerals** Benefit -Relief indigestion as well as hyperacidity Highly effective in colic, anorexia, dyspepsia Improves absorption and assimilation of food Safe for lactating mother and pregnancy Effective in all aged patients including children INDICATIONS :Indigestion ,Dyspepsia ,Flatulence ,Constipation ,Abdominal pain due to gases,Stomach and liver disorder. **DOSAGES** : Child : 1 tsf 2 times daily Adult : 2-3 tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother. MARKET DRUG: Syp.AP Jirokaddhorist( Ap Ayurvedic) Brihot jirokaddhomodok Syp.Jirokaddhorist (Ichiban Laboratory)

Syp.Zainid ( Herbaid limited) Syp.Jirokaddhorist ( Fen drugs) Syp.Pepnor ( Square pharmaceuticals)

#### HAZMINA

Hazmina is a specialised formulation of several herbs and natural ingredients that helps to control Acidity, Flatulence, Indigestion. It even tones up the digestive systems as a whole. It also makes a fine balance liver function and Gastric activities.

INDICATIONS : Indigestion, Dyspepsia, Flatulence , Constipation , Abdominal pain due to gases, Stomach and liver disorder .

DOSAGES : Child : 1 tsf 2 times daily Adult : 2-3tsf 2-3 times daily. Side effect: Have no side effect if maintain dosage. PREGNENCY: It is safe for pregnancy and lactating mother.

#### MARKET DRUG :

Syp.Manzyne (Mansons pharmaceutical) Syp.Digeco (Sabinko unani laboratories) Syp.R mina (Rediant unani) Syp.Gastocon(Neptune laboratories) Syp.Gastonil (Neptune laboratories) Syp.Engined (Nidhi unani laboratories) Cap.Engined plus (Nidhi unani laboratories) Syp.Alpep (Unifel unani laboratories) Syp.Hazmolex(IK Pharma unani) Syp.Sypon( Active unani) Cap.Sepno( Neplous unani laboratories) Syp.Stomazeyl (Keya laboratories) Syp.Hazmi (IBN Sina) Tab.Hazmi (IBN Sina) Arq.Hazim(Bengal unani laboratories) Tab.Carmina (Hamdord laboratories) Syp.Carmina (Hamdord laboratories) Syp.Popycid( Popy unani laboratories) Syp.Stocin( Botanic Pharma) Syp.Hazem(Joy Pharma) Cap.Digmina (Deeplaid pharmaceutical) Syp.Herbocid (Dr.Mubarok) Syp.Sanpep(Sanj BD) Syp.Digipep (Roots Pharma) Syp.Simecon( Roots Pharma) Syp.Remina (Rebirth unani laboratories) Syp.Hazmi plus (Parents unani) Syp.Difens (Drug international)

# **CHAPTER :57** URINARY TRACT INFECTION

1.Cranbiotics 2.Sujak 3.Manikko ras 4.Niswan 5.Patranggasob 6.Buzuri

## SUJAK

Sujak is a special preparation of pinas longifolia, Cicer arietinum and Pinctada margaritifera which is highly effective in gonorrhea, burning sensation during urination and urinary tract infection.
INDICATIONS :Gonorrhea ,Burning sensation during urination ,Urinary tract infection ,Leucorrhoea .
DOSAGES :
2 tabs 3 times daily or as directed by unani physician.
SIDE EFFECT :
There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG;</u>

Tab.Urosina( IBN Sina) Tab.Sujarn( Hamdord laboratories) Tab.Gonorex( Neptune laboratory) Tab.Gono U ( Unidrug unani laboratories) Same band name in different company marketed.

## MANIKKO RAS

Manikko ras is Ayurvedic medicine which prepared by effective herbs. MANIKKO RAS has used in the ayurvedic tradition for thousand of years for maintaining health and overall well being. All the parts of the neem tree have been used traditionally for the treatment of inflammation, infection, fever,skin diseases and dental disorder. Neem is used in Ayurvedic medicine for skin diseases, leprosy. Also used in Antiseptic, Astringent, anthelmintic.

INDICATIONS :Anti allergic action,Hepato protective,Itching,Blood purifier,Acne,Pimles,Skin infection DOSAGES AND ADMINISTRATION :

**1-2** Capsule **2-3** times daily or as directed by the physicians.

SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is not safe for pregnancy .

**PRESENTATIONS** :

Each box contains 30/50 capsule in blister pack

<u>Market drug :</u> 1.Tab.Manikko ras ( AP Ayurvedic) 2.Cap.Skinol( Akram laboratory) 3.Tab.Dermanid ( Bio need)

#### PATRANGASOB

It is a poly herbal combined formulation of Ayurveda medicine with time tested selected medicinal plants having proven efficacy as uterine tonic. It is used to combat leucorrhoea, Uteralgia, anemia, anorexia. It is effective, safe and well tolerate.

INDICATIONS :Leucorrhoea,Uteralgia,Anemia,anorexia. DOSAGES : 2-4 tsf 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect. PRESENTATION : 200/450 ml syrup in amber glass bottle.

#### MARKET DRUG :

Syp.Robin leuron( Robin Pharma) Syp.Lecor( Square pharmaceuticals) Syp.Famisafe ( AB Pharma) Syp.Mili( Genus Pharma) Syp.AP Potrangasob(AP Ayurvedic) Syp.Potrangasob( IK Ayurvedic) Syp.Leucon Syp.Leucofame ( Fame Pharma) Syp.Potrangasob ( Akram laboratory) Syp.Lyrin( Winko Pharma) Syp.Lecodin s( SB laboratories) Tab.Reusef( Ashoka laboratory) Syp.Lecosav( Acme laboratory)

## NISWAN

It is a uterotonic specific for female disorder prepared with valuable natural ingredients like abroma augusta, saraca indica, withania somnifera, etc which acts solely of female reproductive system. It is a general nervine tonic for woman. It tones up the nerves, regulates menstrual cycle cures inflammatory pelvic disorder. It is a significantly prepared herbal syrup which regulates the development of female sexual characteristic and established healthy menstrual function.

INDICATIONS : Irregular Menstruation, Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia ,Metritis. DOSAGES :

3-4 tsf 3 times daily or as directed by unani physician.
SIDE EFFECT :
There is no significant side effect.
PRESENTATION :
450 ml syrup in amber glass bottle.

#### MARKET DRUG :

Syp.Aksir niswan( (Bengal unani) Syp.Femorex (Galaxi Laboratory) Syp.Niswan(Keya laboratories) Syp.Rezum (Active unani laboratories) Syp.Tims (Drug international) Syp.Femola(Mansons laboratory) Syp.Umax (Unidrug unani laboratories) Syp.Fimosa (Sadek unani) Syp.Nowsin (IBN Sina) Syp.Niswana(Sabinko unani laboratories) Syp.Femolin(Jayson natural) Syp.Femolin(Jayson natural) Syp.Sailan (Popy unani laboratories) Syp.Niswan (Hamza unani) Syp.Likona(Botanic Pharma) Syp.Leutex(Joy Pharma) Syp.Leutex(Joy Pharma) Syp.Femolaid (Deeplaid pharmaceutical) Syp.Leucon(Idral unani laboratories) Syp.Oman(Neplous unani laboratories) Syp.Linica (Unifel unani laboratories) Syp.Licosam(Shams unani laboratories)

## BUZURI

## Buzuri is a unique formulation of unani medicine.

It is highly effective against all types of urinary tract infection. It helps to induce urination and minimize itching, pain, and inflammation. It resist the secretion of sperm during urination. It effectively prevent the urination of the urinary canal. It acts as a good diuretic too.

INDICATIONS : Spermaturia, Painful micturation, Chromaturis, Diuretic, Urethritis, All kinds of febrile conditions, Clear the morbid substance from the kidney and urinary bladder.

DOSAGES : 3tsf 3times daily or as directed by unani physician SIDE EFFECT : There is no significant side effect has been reported proper dosage.

MARKET DRUG :

Syp.Alkuli( Hamdord laboratories) Syp.Alkari( IBN Sina) Syp.Cytron( Mansons pharmaceutical unani) Syp.Urolin( Neptune Laboratory) Same band name in different company marketed.

## CRANBIOTIC

It can helps to maintain critical flora balance in the urinary tract and gastrointestinal tract. Research indicate that it helps inhibit harmful pathogens from adhering to the mucosal cell lining the urinary tract. Cranberry extract showed excellent result with chronic urinary tract infection. INDICATIONS :chronic urinary tract infection, gastrointestinal tract DOSAGES : 1 cap 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

<u>MARKET DRUG :</u> Cap.Cranbiotics( Radiant herbal) Cap.Cran B( Incepta Pharma)

# CHAPTER :58

## **RHEUMATIC FEVER**

1.ARQ.BOKHAR 2.AWJAEE 3.SURANJAN 4.AZARAQI 5.GOGGUL 6.HAYATEEN MURAKKAB

## ARQ.BOKHAR

It is a combination of various natural ingredients. It is highly effective in the treatment of vertigo, pyrexia, dyspnea, analgesic.

It is also used as an headache, nousia,vomiting. INDICATIONS :Vertigo,Headache ,Nousia,Vomiting ,Rheumatic fever. DOSAGES : 2 tsf 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG :</u> Syp.Fedek( Sadek unani laboratories) Syp.Flaton( Mansons pharmaceutical unani) Syp.Febarex( Uni drug unani laboratories) Same band name in different company marketed.

# SURANJAN

Suranjan is a unique combination of valuable herbs Colchicum luteum, aloe barbadensis,solanum nigrum,terminalia chebula which is highly effective in all kinds of rheumatism such as chronic rheumatoid arthritis, osteoarthritis, sciatica, lumbago,gout, joint pain etc. INDICATIONS :All kinds of rheumatism such as chronic rheumatoid arthritis,Osteoarthritis,Sciatica, Lumbago,Gout,Joint pain . DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

<u>MARKET DRUG :</u> Tab.kolsina ( IBN Sina) Tab.Suranjan( ( Mubarak sir) Cap.Remalgin( Mansons pharmaceutical) Tab.Surobin( Hamdord laboratories) Tab.Gitafen( Feni dawyakhana) Tab.Painrex( Uni drug unani) Cap.Reumatin ( Neptune Laboratory)

## AZARAQI

Azaraqi is special preparation of valuable effective herbs like strychnos nux vomica, piper longun, piper nigrum. It is prescribed for the treatment of rheumatoid arthritis, osteoarthritis, nervous debility, general debility, neuralgia. Azaraki is also effective in joint pain, paralysis, facial paralysis, numbness. INDICATIONS :rheumatoid arthritis, osteoarthritis, nervous debility, general debility, neuralgia, Azaraki is also effective in, joint pain, paralysis, facial paralysis, numbness. DOSAGES:

1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

## MARKET DRUG :

Tab.Aznar( IBN Sina) Tab.Azalex( Neptune Laboratory) Tab.Palcid ( Mansons pharmaceutical unani) Tab.Riton( Genial unani) Tab.Rosnum( Hamdord laboratories) Tab.Azarin( Sanj BD) Tab.Azaraki ( Bengal unani laboratories)

## **BATARI GUGGUL**

Batari guggul is used to treatment arthritic disorder throughout many countries. It also acts as strong analgesic, anti inflammatory properties and indicated for treatment of arthritis and musculoskeletal pain without any ulcerative side effect.

INDICATIONS:Reduce RA without any ulcerative side effect, Effectively manages musculoskeletal pain, Safe NSAIDS and other corticosteroid ,Provide herperlipidemia,Effects along with others ardiovascular benefits.

DOSAGES :

1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

<u>MARKET DRUG :</u> Cap.Jarvan( Square pharmaceuticals) Tab.Painagone( Ichiban) Cap.Reumin( Akram laboratory)

## AWJAEE

It is a unique combination of valuable herbs Colchicum luteum, aloe barbadensis, solanum nigrum, terminalia chebula which is highly effective in all kinds of rheumatism such as chronic rheumatoid arthritis, osteoarthritis, sciatica, lumbago,gout, joint pain etc. INDICATIONS :All kinds of rheumatism such as chronic rheumatoid arthritis, Osteoarthritis, Sciatica, Lumbago, Gout, Joint pain . DOSAGES : 1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages. <u>MARKET DRUG :</u> Cap.Awja( Feni dawyakhana) Cap.Remex( Deeplaid pharmaceutical unani) Cap.Remalgin( Mansons pharmaceutical unani) Cap.Reumac( Jayson natural) Cap.Awjin( Sabinko unani laboratories) Cap. Awja( Dr.Mubarak) Tab.Awja ( Genial unani laboratories) Tab.Jointcare( IBN Sina)

## HAYTEEN MURAKKAV

## Promote vital energy

It is a unani formulation which prepared by active multivitamin, medicinalsherb, naturalminatels. It also helps to remove General weakness, Anxiety, Mental stress, Anorexia, Malnutrition, Weakness during lactation, weight loss, Brain disorder, Its plays an important role about that factor. INDICATIONS :Nutritional therapy..., Anaemia due to pregnancy ,Growth of children, Loss of appetite, Nervousness ,Mental performance ,Vitamins deficiency ,Loss of weight ,Stress and illness, Vitamin deficiency due to Antibiotics therapy. DOSAGES :1-2Tabs 2-3 times daily or as directed by unani physician. SIDE EFFECT : There is no side effect show. PREGNANCY : It is safe for pregnancy and lactating mother .

<u>MARKET DRUG :</u> Tab.Suvit( Hamdord laboratories) Tab.Vitarex( Neptune Laboratory) Tab.Muravit ( IBN Sina)

# CHAPTER :59

## VERTIGO

1.Duwar 2.Dimagi 3.Sefaton

#### DUWAR

It is a combination of various natural ingredients. It is highly effective in the treatment of vertigo,pyrexia, dyspnea, analgesic.It is also used as an headache, nousia,vomiting. INDICATIONS :Vertigo,Headache,Nousia,Vomiting,Rheumatic fever. DOSAGES : 2 tsf 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG :</u> Tab.Duwar( IBN Sina) Same band name in different company marketed.

#### DIMAGI

It is unique preparation of ayurvedic medicine which acts brain tonic. INDICATIONS :Relive of Strength ,Valour,Splender,Memory retentive ,Loss of memory ,Menstrual flax and spermetic. DOSAGE: Adult :2tsf daily Children :1 tsf daily Or as directed by unani physician SIDE EFFECT : There is no significant side effect

<u>MARKET DRUG :</u> Syp.Dimagi( IBN Sina) Syp.Dimagi( Dr.Mubarak) Same band name in different company.

#### **SHEFATON**

It is a combination of various natural ingredients. It is highly effective in the treatment of vertigo,pyrexia, dyspnea, analgesic. It is also used as an headache, nousia,vomiting. INDICATIONS :Vertigo,Headache, Nousia,Vomiting ,Rheumatic fever. DOSAGES : 2 tsf 2 times daily or as directed by unani physician. SIDE EFFECT :

There is no significant side effect.

<u>MARKET DRUG :</u> Same band name in different company.

# **CHAPTER :60**

## **ORAL PROBLEM SOLUTION**

1.Kamomili 2.Clov

#### KAMOMELI

It is a herbal medicine which is very effective in gingivitis, bad breath.A pply herbal combination for complete oral solution. INDICATIONS :Inflammation of buccal and pharyngeal cavity, Periodontitis,Acute gingivitis ,Tonsil pain,Bad breath. DOSAGES : Inflam areas in the mouth and pharynx to be spread 3 times daily. SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG :</u> Kamomil oral spray( Square herbal)

#### **CLOVE**

It is a herbal medicine which is very effective in gingivitis, bad breath.A pply herbal combination for complete oral solution. INDICATIONS :Inflammation of buccal and pharyngeal cavity, Periodontitis,Acute gingivitis ,Tonsil pain,Bad breath. DOSAGES : Inflam areas in the mouth and pharynx to be spread 3 times daily. SIDE EFFECT : There is no significant side effect.

<u>MARKET DRUG:</u> Mouth care( Acme)

#### CHAPTER:61

## **ACUTE TONSILLITIS**

1.Garlik 2.Echinaceae 3.Andrographis peniculeta 4.Clov/ Mouth wash 5.Manikko ras

#### GARLIK

Garlic is one of the most recommended unani medicine for better health and well being. Garlic acts as prebiotic,helps to regulate blood glucose levels, improves blood flow, decrease total cholesterol and triglyceride and also reduce the risk of hypertension and heart disease. Garlic is highly effective in respiratory tract aliments, prevent infectious diseases and inflammation. It has antioxidants property and helps to reduce risk of cancer. INDICATIONS :Diabetes, Rheumatism ,Gout,RTI,Bronchitis ,Asthma ,Hypertension , Hyoercholesterolemia.

, DOSAGES :

1-2 tabs 2 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosages.

<u>MARKET DRUG :</u> Tab.Alisa( Hamdord laboratories) Tab.Garlik( Neptune laboratory) Tab.Garlistat(IBN Sina) Cap.Garlet( Et lab) Cap.Garlin( Square pharmaceuticals) Cap.Garlicap( Drug international) Syp.Garlicon(Jayson natural) Cap.Lopid( Acme laboratories) Cap.Lipidryl(SB Lab)

## **ECHINACEAE**

It is a world famous natural immune stimulant and anti microbial. It is also effective in cough, cold,respiratory infection. It is a stimulator of the immune system are based on over 300 Scientific studies in the past 50 years. The immune stimulant effect is brought about by three mechanism -Activation of phagocytosis and stimulates of fibroblast, Increasing respiratory activity, Increasing mobility of leukocytes. It also acts urinary tract infection.

INDICATIONS :Strengthens the vital organ, Improve the immunity ,Powerful anti oxidant ,Effective in cough, bronchitis, asthma,TB,Effective in malnutrition and regenerative disease,Improve the memory. DOSAGES :

1 cap 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect has been reported proper dosage.

#### MARKET DRUG :

Cap.Ecold( IBN Sina) Cap.Procold( Incepta Pharma) Cap.Nimulant( Hamdord laboratories) Cap.Echina(Acme) Cap.Nacea(Drug International) Cap.Procold(Incepta) Cap.Infuza(SB Lab)

#### ANDROGRAPHIS PENICULETA

## FOR THE PREVENTION AND CONTROL OF HEPATITIS.

Andrographolide is extensively used as stimulating agent for liver enzymes and hepatoprotective agent. Andrographolide increase the bile flow and bile salt production. Andrographolide is potent hepatoprotective agent when Compared with Silymarin.

INDICATIONS :Anti viral properties, Flavonoids,Anti inflammatory effect ,Anti oxidant. DOSAGES :

1-2 Tabs twice Daily or as directed by unani physician.

SIDE EFFECT :

Large oral dosage may cause gastric discomfort, Vomiting, and loss of appetite.

PREGNANCY :

It should not be used during pregnancy and lactation.

#### MARKET DRUG :

Tab.Hepafit( Acme laboratory) Syp.Hepadex ( Akram laboratory) AP.Kalomegasob ( AP.Ayurvedic) Syp.RobinHepaton( Robin Pharma) Syp.Kalomegasob(Feni dawyakhana) Cap.Livolite(Square herbal)

## CLOV

It is a herbal medicine which is very effective in gingivitis, bad breath. A pply herbal combination for complete oral solution. INDICATIONS :Inflammation of buccal and pharyngeal cavity, Periodontitis, Acute gingivitis, Tonsil pain, Bad breath. DOSAGES : Inflam areas in the mouth and pharynx to be spread 3 times daily. SIDE EFFECT : There is no significant side effect.

MARKET DRUG: Mouth care( Acme)

## MANIKKO RAS

Manikko ras is Ayurvedic medicine which prepared by effective herbs. It has used in the ayurvedic tradition for thousand of years for maintaining health and overall well being. All the parts of the neem tree have been used traditionally for the treatment of inflammation, infection, fever, skin diseases and dental disorder. It is used in Ayurvedic medicine for skin diseases, leprosy. Also used in Antiseptic, Astringent, anthelmintic.

INDICATIONS :Anti allergic action,Hepato protective,Itching,Blood purifier,Acne,Pimles,Skin infection. DOSAGES AND ADMINISTRATION :

1-2 Capsule 2-3 times daily or as directed by the physicians. SIDE EFFECT : Have no side effects or toxicity PREGNANCY : It Is not safe for pregnancy . PRESENTATIONS : Each box contains 30/50 capsule in blister pack

<u>Market drug :</u> 1.Tab.Manikko ras ( AP Ayurvedic) 2.Cap.Skinol( Akram laboratory) 3.Tab.Dermanid ( Bio need)

## **CHAPTER:62**

# BONE AND CARTILAGE FORMATION

1.Curnoid 2.Menaquin 3.Biogen 4.Sodof/K.mohora

## **KHORE MOHORA**

It is a unique combination of areca catechu,butea monosperma,asphalt,calcined iron oxide.It is very effective in leucorrhoea,Weakness of uterus, Irregular Menstruation INDICATIONS :Irregular Menstruation, Dysmenorrhea ,Amenorrhea ,Leucorrhoea,Anaemia ,Metritis. DOSAGES : 1-2 TABS 3 times daily or as directed by unani physician. SIDE EFFECT : There is no significant side effect

<u>MEDICINE DRUG:</u> Tab.B Bone(Botanic)

# CURNOID

It is a proprietary herbal preparation which helps maintain the integrity of joint and muscle. It is nutritional support for healthy ligaments, tendons, muscles, joint structure. Support the musculoskeletal system function

*Effective in reducing swelling,pain,stiffness,others symptoms of inflammatory joint disorder including rheumatoid arthritis and osteoarthritis.* 

INDICATION: Gout, Arthritis, Rheumatoid arthritis.

DOSAGE:

**1-2** Capsules daily or as directed by physician.

SIDE EFFECT:

There is no evidence on side effect but it may happen who are hypersensitive to any herbal medicine.

<u>MARKET DRUG:</u> Cap.Curnoid(Radiant)

# MENAQUINONE

MENAQUINONE is a fat soluble vitamin which is also known as vitamin k2.Menaquinone 7 is an especial key isomer of vitamin k2 that is produced using Bacillus subtils Menaquinone 7 is the active trans isomer of natural vitamin k2 with the highest bioavailability and longer half life in blood. This makes Menaquinone 7 also available for tissue outside the liver, namely bones, arteries and soft tissue. It is a powerful cofactor in transporting excess calcium out of the arteries and depositing it into the bones thus prevent hardening of arteries. Menaquinone 7 is very essential for healthy bone and artery.

**INDICATIONS** :

Menaquinone capsule indicated for the treatment and prevent of Osteoporosis, Coronary artery calcification ,Rheumatoid arthritis.

DOSAGES :

1-2 Caps 3 times daily or as directed by unani physician.

SIDE EFFECT :

There is no significant side effect has been reported in proper dosage.

<u>MARKET DRUG :</u> Cap.Menaquin ( Radiant herbal) Biogen kemico

# **CHAPTER :63**

**BODY BUILDER** 

1.Megastar powder kemico